

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
A54	Bagel,plain	BAGEL	PLAIN	
A55	Bagels,wheat	BAGEL	WHEAT	
A148	Biscuit,`Afghan',commercial	BISCUIT	`AFGHAN'	Commercial
A146	Biscuit,`Arrowroot'	BISCUIT	`ARROWROOT'	
A82	Biscuit,`Cabin',hard,Pacific Island	BISCUIT	`CABIN',HARD	Pacific Island
A70	Biscuit,fruit,`Digestive'	BISCUIT	`DIGESTIVE'	Fruit
A4	Biscuit,plain,`Digestive'	BISCUIT	`DIGESTIVE'	Plain
A3	Biscuit,chocolate base,`Digestive/Wheat'	BISCUIT	`DIGESTIVE/WHEATEN'	Chocolate base
A69	Biscuit,`Fruit Finger'	BISCUIT	`FRUIT FINGER'	
A5	Biscuit,`Gingernut'	BISCUIT	`GINGERNUT'	
A147	Biscuit,iced,`Hundred&Thousands'	BISCUIT	`ICED,HUNDRED AND THOUSANDS'	
A62	Biscuit,`Krispie'	BISCUIT	`KRISPIE'	
A71	Biscuit,chocolate coated,`Mallowpuff'	BISCUIT	`MALLOWPUFF'	Chocolate coated
A64	Biscuit,`Malt'	BISCUIT	`MALT'	
A6	Biscuit,`Matzo'	BISCUIT	`MATZO'	
A65	Biscuit,`Shrewsbury'	BISCUIT	`SHREWSBURY'	
A76	Biscuit,chocolate coated,`Squiggles'	BISCUIT	`SQUIGGLES'	Chocolate coat
A215	Biscuit,chocolate base,`Thins'	BISCUIT	`THINS'	Chocolate base
A72	Biscuit,chocolate coated,`Toffee Pop'	BISCUIT	`TOFFEE POP'	Chocolate coated
A81	Biscuit,Anzac,home-made	BISCUIT	ANZAC	Home-made
A93	Biscuit,basic,British recipe	BISCUIT	BASIC	British recipe
A91	Biscuit,basic,NZ recipe	BISCUIT	BASIC	NZ recipe
A92	Biscuit,bran,NZ recipe	BISCUIT	BRAN	NZ recipe
A1	Biscuit,chocolate coated	BISCUIT	CHOCOLATE	Chocolate coated
A74	Biscuit,chocolate coated,`mint	BISCUIT	CHOCOLATE	Chocolate coated, mint
A67	Biscuit,chocolate cream	BISCUIT	CHOCOLATE	Cream filled
A73	Biscuit,coconut type,chocolate coated	BISCUIT	COCONUT TYPE	Chocolate coated, `Macaroons'
A61	Biscuit,cookie,chocolate chip	BISCUIT	COOKIE	Chocolate chip
A2	Biscuit,cream cracker	BISCUIT	CREAM CRACKER	
A68	Biscuit,flat fruit	BISCUIT	FLAT FRUIT	
A75	Biscuit,layered,cream,chocolate coated	BISCUIT	MULTI LAYER	Cream filled, chocolate coated, assorted flavours
A216	Biscuit,multi-layer crm filled choc coat	BISCUIT	MULTI LAYERS	Cream filled, choc coated, original
A7	Biscuit,oatcake	BISCUIT	OATCAKE	
A103	Biscuit,oaty fruit,low fat	BISCUIT	OATY FRUIT	Low fat
A66	Biscuit,peanut brownie,commercial	BISCUIT	PEANUT BROWNIE	Commercial
A9	Biscuit,plain,cream	BISCUIT	PLAIN	Cream filled
A8	Biscuit,plain,water	BISCUIT	PLAIN WATER	
A10	Biscuit,semi-sweet	BISCUIT	SEMI-SWEET	
A11	Biscuit,short-sweet	BISCUIT	SHORT-SWEET	
A63	Biscuit,shortbread,retail	BISCUIT	SHORTBREAD	Retail
A12	Biscuit,wafer,raspberry,cream filled	BISCUIT	WAFERS	Cream filled, raspberry

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A219	Biscuit,wafers,chocolate & vanilla	BISCUIT	WAFERS	Creamed filled, chocolate & vanilla
A123	Bread,`Swiss Grain',Norths Extra	BREAD	`SWISS GRAIN'	Fortified, Norths Extra
A126	Bread,`Vita Rich',Quality Bakers	BREAD	`VITA RICH'	Fortified, Quality Bakers
A56	Bread,Chinese,steamed	BREAD	CHINESE	
A87	Bread,Cook Island	BREAD	COOK ISLAND	
A214	Bread,currant,sliced,prepacked	BREAD	CURRENT	
A15	Bread,currant,toasted	BREAD	CURRENT	
A170	Bread,currant,sliced,ppkd,L.N.Island	BREAD	CURRENT	Lower North Island
A171	Bread,currant,sliced,ppkd,South Island	BREAD	CURRENT	South Island
A206	Bread,currant,supermarket fresh,	BREAD	CURRENT	Supermarket fresh
A182	Bread,currant,spmkt fresh,L.N.I	BREAD	CURRENT	Supermarket fresh,lower North Island
A183	Bread,currant,spmkt fresh,South Island	BREAD	CURRENT	Supermarket fresh,South Island
A181	Bread,currant,spmkt fresh,U.N.I	BREAD	CURRENT	Supermarket fresh,upper North Island
A16	Bread,currant,sliced,ppkd,U.N.I	BREAD	CURRENT	Upper North Island
A95	Bread,focaccia,assorted flavours	BREAD	FOCACCIA	Assorted flavours
A236	Bread,garlic,butter,retail	BREAD	GARLIC, BUTTER	Retail
A237	Bread,garlic,margarine,retail	BREAD	GARLIC, MARGARINE	Retail
A41	Bread,ltalian-style,sliced	BREAD	ITALIAN-STYLE	
A84	Bread,Manihikian	BREAD	MANIHIKIAN	
A125	Bread,`Mighty White',Tip Top	BREAD	MIGHTY WHITE FAMILY FRESH	Fortified, Tip Top
A158	Bread,multi-grain,heavy,sl,ppkd,L.N.I.	BREAD	MULTI-GRAIN,HEAVY	Lower North Island
A159	Bread,multi-grain,heavy,sl,ppkd,S.I	BREAD	MULTI-GRAIN,HEAVY	South Island
A42	Bread,multi-grain,heavy,sl,ppkd,U.N.I.	BREAD	MULTI-GRAIN,HEAVY	Upper North Island
A208	Bread,multi-grain,light,sliced,prepacked	BREAD	MULTI-GRAIN,LIGHT	
A156	Bread,multi-grain,light,sl,ppkd,L.N.I.	BREAD	MULTI-GRAIN,LIGHT	Lower North Island
A157	Bread,multi-grain,light,sl,ppkd,S.I	BREAD	MULTI-GRAIN,LIGHT	South Island
A43	Bread,multi-grain,light,sl,ppkd,U.N.I	BREAD	MULTI-GRAIN,LIGHT	Upper North Island
A207	Bread,multi-grain,heavy,prepacked	BREAD	MULTIGRAIN,HEAVY	
A238	Bread,naan,Indian restaurant	BREAD	NAAN	Indian restaurant
A234	Bread,panini,plain,pre-packaged	BREAD	PANINI, PLAIN	
A235	Bread,pita,garlic butter,pre-packaged	BREAD	PITA, GARLIC BUTTER	
A57	Bread,pita,white,pre-packaged	BREAD	PITA, WHITE	
A45	Bread,pita,wholemeal,pre-packaged	BREAD	PITA, WHOLEMEAL	
A120	Bread,pumpernickel	BREAD	PUMPERNICKEL	
A211	Bread,soy&linseed,sl,prepacked	BREAD	SOY & LINSEED	
A162	Bread,soy&linseed,sliced,ppkd,L.N.I	BREAD	SOY & LINSEED	Lower North Island
A163	Bread,soy&linseed,sl,ppkd,S.I	BREAD	SOY & LINSEED	South Island
A154	Bread,soy&linseed,sl,ppkd,U.N.I	BREAD	SOY & LINSEED	Upper North Island
A212	Bread,sunflower&barley,sl,prepacked	BREAD	SUNFLOWER & BARLEY	
A160	Bread,sunflower&barley,sl,ppkd,L.N.I.	BREAD	SUNFLOWER & BARLEY	Lower North Island

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A161	Bread,sunflower&barley,sl,ppkd,S.I	BREAD	SUNFLOWER & BARLEY	South Island
A153	Bread,sunflower & barley,sl,ppkd,U.N.I.	BREAD	SUNFLOWER & BARLEY	Upper North Island
A46	Bread,wheat/oat,sliced	BREAD	WHEAT AND OAT	
A47	Bread,wheat/rye,sliced & unsliced	BREAD	WHEAT AND RYE	
A209	Bread,wheatmeal,sliced,prepacked	BREAD	WHEATMEAL	
A165	Bread,whtml,sliced,ppkd,South Island	BREAD	WHEATMEAL	South Island
A155	Bread,wheatmeal,sliced,ppkd,U.N.I	BREAD	WHEATMEAL	Upper North Island
A164	Bread,wheatmeal,sliced,ppkd,L.N.I	BREAD	WHEATMEAL,	Lower North Island
A20	Bread,white,sliced,fried	BREAD	WHITE	
A210	Bread,white,sliced,prepacked	BREAD	WHITE	
A21	Bread,white,toasted	BREAD	WHITE	
A19	Bread,white,crumbs,dried	BREAD	WHITE	
A166	Bread,white,sliced,ppkd,L.N.I	BREAD	WHITE	Lower North Island
A167	Bread,white,sliced,ppkd,South Island	BREAD	WHITE	South Island
A18	Bread,white,sl,ppkd,U.N.I	BREAD	WHITE	Upper North Island
A151	Maori bread,white,fried	BREAD	WHITE,FRIED	Maori
A168	Bread,white,high fibre,sl,ppkd,L.N.I.	BREAD	WHITE,HIGH FIBRE	Lower North Island
A169	Bread,white,high fibre,sl,ppkd,S.I	BREAD	WHITE,HIGH FIBRE	South Island
A118	Bread,white,high fibre,sl,ppkd,U.N.I.	BREAD	WHITE,HIGH FIBRE	Upper North Island
A23	Bread,wholemeal,sliced & unsliced	BREAD	WHOLEMEAL	
A22	Bread,wholemeal,toasted	BREAD	WHOLEMEAL	
A124	Bread,wholemeal,sl & unsl,Norths Extra	BREAD	WHOLEMEAL	Fortified, Norths Extra
A232	Bread roll,mxd grain,supermarket fresh	BREAD ROLL	MIXED GRAIN	Supermarket fresh
A53	Bread roll,mixed grain,spmkt fresh	BREAD ROLL	MIXED GRAIN	Supermarket fresh
A179	Bread roll,mxd grain,spmkt fresh,L.N.I.	BREAD ROLL	MIXED GRAIN	Supermarket fresh,lower North Island
A180	Bread roll,mxd grain,spmkt fresh,S.I.	BREAD ROLL	MIXED GRAIN	Supermarket fresh,South Island
A178	Bread roll,mxd grain,spmkt fresh,U.N.I.	BREAD ROLL	MIXED GRAIN	Supermarket fresh,upper North Island
A230	Bread roll,white,pre-packed	BREAD ROLL	WHITE	
A188	Bread roll,white,pre-packed,L.N.I	BREAD ROLL	WHITE	Lower North Island
A189	Bread roll,white,pre-packed,S.I	BREAD ROLL	WHITE	South Island
A40	Bread roll,white,supermarket fresh	BREAD ROLL	WHITE	Supermarket fresh
A173	Bread roll,white,spmkt fresh,L.N.I	BREAD ROLL	WHITE	Supermarket fresh,lower North Island
A174	Bread roll,white,spmkt fresh,S.I	BREAD ROLL	WHITE	Supermarket fresh,South Island
A172	Bread roll,white,spmkt fresh,U.N.I	BREAD ROLL	WHITE	Supermarket fresh,upper North Island
A187	Bread roll,white,pre-packed,U.N.I	BREAD ROLL	WHITE	Upper North Island
A231	Bread roll,whgrn,pre-packed	BREAD ROLL	WHOLEGRAIN	
A185	Bread roll,whgrn,pre-packed,L.N.I	BREAD ROLL	WHOLEGRAIN	Lower North Island
A186	Breadroll,whgrn,pre-packed,S.I	BREAD ROLL	WHOLEGRAIN	South Island

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A184	Bread roll,whgrn,pre-packed,U.N.I	BREAD ROLL	WHOLEGRAIN	Upper North Island
A229	Bread roll,whml,pre-packed	BREAD ROLL	WHOLEMEAL	
A191	Bread roll,whml,pre-packed,L.N.I	BREAD ROLL	WHOLEMEAL	Lower North Island
A192	Bread roll,whml,pre-packed,S.I	BREAD ROLL	WHOLEMEAL	South Island
A52	Bread roll,wholemeal,supermarket fresh	BREAD ROLL	WHOLEMEAL	Supermarket fresh
A176	Bread roll,whml,spmkt fresh,L.N.I	BREAD ROLL	WHOLEMEAL	Supermarket fresh,lower North Island
A177	Bread roll,whml,spmkt fresh,South Island	BREAD ROLL	WHOLEMEAL	Supermarket fresh,South Island
A175	Bread roll,whml,spmkt fresh,U.N.I	BREAD ROLL	WHOLEMEAL	Supermarket fresh,upper North Island
A190	Bread roll,whml,pre-packed,U.N.I	BREAD ROLL	WHOLEMEAL	Upper North Island
A25	Bun,currant	BUN	CURRENT	
A131	Bun,spiced	BUN	SPICED	
A130	Bun,iced	BUNS	ICED	
A108	Cake,chocolate,standard	CAKE	CHOCOLATE,STANDARD	
A29	Cake,fancy,iced	CAKE	FANCY, ICED	
A26	Cake,fruitcake,plain,retail	CAKE	FRUITCAKE	Plain, retail
A27	Cake,Madeira	CAKE	MADEIRA	
A28	Cake,sponge,jam filled	CAKE	SPONGE	Jam filled
A77	Cake,sponge,plain	CAKE	SPONGE	Plain
A24	Cake,tea-cake,toasted	CAKE	TEA-CAKE	
A58	Chapati,homemade	CHAPATI		Homemade
A30	Chapati,high fat	CHAPATI	HIGH FAT	
A31	Chapati,low fat	CHAPATI	LOW FAT	
A145	Cookies,`Cookie Time`,apricot,ygt coated	COOKIE	`COOKIE TIME`	Apricot,yoghurt coated
A142	Cookies,`Cookie Time`,original	COOKIE	`COOKIE TIME`	Original
A217	Cookie,oat & fruit	COOKIE	OAT AND FRUIT	
A119	Cracker,`Meal Mates`,Griffins	CRACKER	`MEAL MATES`	Griffins
A115	Cracker,assorted flavours	CRACKER	ASSORTED FLAVOURS	
A134	Cracker,cheese	CRACKER	CHEESE	
A136	Cracker,cream	CRACKER	CREAM	
A133	Cracker,crispbread,asstd flvr,Arnotts	CRACKER	CRISPBREAD,ASSORTED FLAVOURS	Arnotts
A121	Cracker,crispbread,puffed & toasted	CRACKER	CRISPBREAD,PUFFED	
A32	Cracker,crispbread,rye	CRACKER	CRISPBREAD,RYE	
A33	Cracker,crispbread,wheat,starch reduced	CRACKER	CRISPBREAD,WHEAT	Starch reduced
A114	Cracker,crispbread,wholemeal	CRACKER	CRISPBREAD,WHOLEMEAL	
A109	Cracker,high fat	CRACKER	HIGH FAT	
A233	Cracker,rice,BBQ flavours,baked	CRACKER	RICE, BBQ FLAVOURS	
A116	Cracker,rice/prawn	CRACKER	RICE/PRAWN	
A141	Cracker,`Ryvita`,assorted flavours	CRACKER	RYVITA,ASSORTED FLAVOURS	
A138	Cracker,`Salada`,Arnotts	CRACKER	SALADA	Arnotts

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A132	Cracker with filling,assorted,Griffins	CRACKER	SAMMIES,ASSORTED FLAVOURS	Griffins
A135	Cracker,sesame	CRACKER	SESAME	
A137	Cracker,`Snax`,Griffins	CRACKER	SNAX	Griffins
A139	Cracker,`Supreme`	CRACKER	SUPREME	
A140	Cracker,water,Arnotts	CRACKER	WATER	Arnotts
A110	Cracker,wholemeal and sesame	CRACKER	WHOLEMEAL AND SESAME	
A112	Cracker,wholemeal,medium fat	CRACKER	WHOLEMEAL,MEDIUM FAT	
A117	Cracker,wholemeal,reduced fat	CRACKER	WHOLEMEAL,REDUCED FAT	
A101	Croissant	CROISSANT		
A34	Doughnut,ring	DOUGHNUT	RING	
A83	Island dumpling,cooked	ISLAND DUMPLING		
A90	Lamington,chocolate	LAMINGTON	CHOCOLATE	
A89	Lamington,raspberry	LAMINGTON	RASPBERRY	
A96	Muffin,`Homestyle`assorted flvrs,toasted	MUFFIN	ASSORTED FLAVOURS	Homestyle
A127	Muffin,blueberry	MUFFIN	BLUEBERRY	
A129	Muffin,bran	MUFFIN	BRAN	
A128	Muffin,chocolate	MUFFIN	CHOCOLATE	
A111	Muffin,English,toasted	MUFFIN	ENGLISH	
A113	Muffin,fruit,toasted	MUFFIN	FRUIT	
A143	Pizza base	PIZZA	BASE	
A48	Pudding, bread and butter,baked	PUDDING	BREAD AND BUTTER	
A213	Bread,white,high fibre,ppkd,S.I	READ	WHITE,HIGH FIBRE	
A88	Shortcake,apple	SHORTCAKE	APPLE	
A150	Takakau	TAKAKAU		
A59	Tortilla,flour	TORTILLA	FLOUR	
A60	Tortilla,maize	TORTILLA	MAIZE	
B5	Beer,extra stout	BEER	EXTRA STOUT	
B35	Beer,low alcohol	BEER	LOW ALCOHOL	
B33	Beer,premium draught and lager	BEER	PREMIUM DRAUGHT AND LAGER	
B30	Beer,reduced alcohol	BEER	REDUCED ALCOHOL	
B2	Beer,standard draught and lager	BEER	STANDARD DRAUGHT AND LAGER	
B9	Beer,stout,bottled	BEER	STOUT	
B10	Beer,strong ale	BEER	STRONG ALE	
B11	Cider,dry	CIDER	DRY	
B12	Cider,sweet	CIDER	SWEET	
B13	Cider,vintage	CIDER	VINTAGE	
B38	Coconut toddy,fermented	COCONUT TODDY		
B14	Liqueur,Advocaat	LIQUEUR	ADVOCAAT	
B15	Liqueur,Cherry brandy	LIQUEUR	CHERRY BRANDY	
B39	Liqueur,coffee flavoured	LIQUEUR	COFFEE FLAVOURED	
B16	Liqueur,Curacao	LIQUEUR	CURACAO	

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B17	Port	PORT		
B40	Sake,dry	SAKE	DRY	
B18	Sherry,dry	SHERRY	DRY	
B19	Sherry,medium	SHERRY	MEDIUM	
B20	Sherry,sweet	SHERRY	SWEET	
B21	Spirits,30% alcohol,60 proof	SPIRITS	30% ALCOHOL,60 PROOF	
B22	Vermouth,dry	VERMOUTH	DRY	
B23	Vermouth,sweet	VERMOUTH	SWEET	
B36	Wine-Cooler	WINE	COOLER	
B24	Wine,red,dry	WINE	RED	Dry
B34	Wine,red,medium	WINE	RED	Medium
B25	Wine,rose,medium	WINE	ROSE	Medium
B26	Wine,white,dry	WINE	WHITE	Dry
B27	Wine,white,medium	WINE	WHITE	Medium
B28	Wine,white,sparkling	WINE	WHITE	Sparkling
B29	Wine,white,sweet	WINE	WHITE	Sweet
C1	`Bournvita',powder	`BOURNVITA'	POWDER	Fortified, Cadbury
C9	Chocolate,drinking,powder	CHOCOLATE	POWDER	Drinking
C3	Cocoa,powder	COCOA		
C69	Cocoa,Samoan,boiled,sweetened	COCOA	SAMOAN	
C67	Cocoa,Samoan,powder	COCOA	SAMOAN	
C66	Coconut toddy,boiled	COCONUT TODDY		
C87	Coffee,espresso,brewed	COFFEE	ESPRESSO	Restaurant-prepared
C4	Coffee,brewed	COFFEE	GROUND ROASTED	
C75	Coffee,instant,decaffeinated,powder	COFFEE	INSTANT	
C5	Coffee,instant,powder	COFFEE	INSTANT	
C88	Coffee,instant,capp-flvr,w/sugar,powder	COFFEE	INSTANT	Cappuccino-flavour
C6	Coffee and chicory essence	COFFEE AND CHICORY ESSENCE		
C7	Coffee beans,ground,roasted	COFFEE BEANS	GROUND, ROASTED	
C77	Coffee substitute,cereal grain beverage	COFFEE SUBSTITUTE	CEREAL GRAIN BEVERAGE	
C139	`Complan',assorted flavours,powder	COMPLAN	ASSORTED FLAVOURS	Fortified
C93	Cordial,blackcurrant syrup,conc,Barkers	CORDIAL	BLACKCURRANT	Fortified, Barkers
C94	Cordial,blackcurrant&honey syrup,conc	CORDIAL	BLACKCURRANT AND HONEY	Fortified, Baker-Halls original
C95	Cordial,lemon&barley syrup,conc	CORDIAL	LEMON AND BARLEY	Fortified, Baker-Halls original
C97	Cordial,lemon&barley syrup,conc,Barkers	CORDIAL	LEMON AND BARLEY	Fortified, Barkers
C98	Cordial,lemon&honey syrup,conc,Barkers	CORDIAL	LEMON AND HONEY	Fortified, Barkers
C53	Drink concentrate,orange,diluted,sugar	CORDIAL	ORANGE	
C65	Drink conc,orange,low energy,diluted	CORDIAL	ORANGE	
C55	Drink concentrate,orange	CORDIAL	ORANGE	
C96	Cordial,orange&barley syrup,conc	CORDIAL	ORANGE AND BARLEY	Fortified, Baker-Halls original
C8	Cordial concentrate,syrup,lime	CORDIAL CONCENTRATE	LIME	

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C62	Drink concentrate,orange,low energy	DRINK CONCENTRATE	ORANGE	
C60	Fruit drink concentrate,o/mango,diluted	DRINK CONCENTRATE	ORANGE AND MANGO	
C54	Fruit drink concentrate,orange & mango	DRINK CONCENTRATE	ORANGE MANGO	
C138	Drink flvr,`Vitafresh`,powder,Hansell's	DRINK FLAVOUR	`VITAFRESH'	Fortified, Hansell's
C99	Drink flavour,assorted,powder,`Raro'	DRINK FLAVOUR	ASSORTED FLAVOURS	Fortified, `Raro'
C100	Drink flavour,asst,powder,`Refresh'	DRINK FLAVOUR	ASSORTED FLAVOURS	Fortified, `Refresh'
C101	Drink flvr,asst,powder,`Refresh Active'	DRINK FLAVOUR	ASSORTED FLAVOURS	Fortified, `Refresh Active'
C58	Drink flavour,lemon barley,diluted	DRINK FLAVOUR	LEMON BARLEY	
C52	Drink flavour,lemon barley,powder	DRINK FLAVOUR	LEMON BARLEY	
C57	Drink flavour,navel orange,diluted	DRINK FLAVOUR	NAVEL ORANGE	
C63	Drink flavour,orange,low energy,powder	DRINK FLAVOUR	ORANGE	
C61	Drink flavour,orange,low energy,diluted	DRINK FLAVOUR	ORANGE	
C64	Drink flavour,o/mango,low energy,diluted	DRINK FLAVOUR	ORANGE AND MANGO	
C49	Drink flavour,o/mango,low energy,powder	DRINK FLAVOUR	ORANGE AND MANGO	
C56	Drink flavour,orange mango,diluted	DRINK FLAVOUR	ORANGE MANGO	
C48	Drink flavour,orange mango,powder	DRINK FLAVOUR	ORANGE MANGO	
C50	Drink flavour,raspberry,diluted	DRINK FLAVOUR	RASPBERRY	
C59	Drink flavour,raspberry,powder	DRINK FLAVOUR	RASPBERRY	
C51	Drink flavour,navel orange,powder	DRINK FLAVOUR	SWEET NAVEL ORANGE	
C143	Fruit drink `E2'	FRUIT DRINK	`E2'	Fortified
C129	Fruit drink,`Golden Pash',Golden Circle	FRUIT DRINK	`GOLDEN PASH'	Fortified, Golden Circle
C127	Fruit drink,`Tropical Punch',G-Circle	FRUIT DRINK	`TROPICAL PUNCH'	Fortified, Golden Circle
C144	Fruit Drink,`V Drink'	FRUIT DRINK	`V DRINK'	Fortified, caffeinated
C155	Drink,blackcurrant,diluted,`Ribena'	FRUIT DRINK	BLACKCURRANT	Fortified `Ribena'
C21	Drink,blackcurrant,concentrate,`Ribena'	FRUIT DRINK	BLACKCURRANT	Fortified,`Ribena'
C126	Fruit drink,pineapple&mango,G-Circle	FRUIT DRINK	PINEAPPLE AND MANGO	Fortified, Golden Circle
C86	`Gatorade',liquid	GATORADE		
C85	`Gatorade',powder	GATORADE		
C116	Juice,`Caribbean',`Just Juice'	JUICE	`CARIBBEAN'	Fortified,`Just Juice'
C104	Juice,`Nature's Blend',Citrus Tree	JUICE	`NATURE'S BLEND'	Fortified, Citrus Tree
C46	Juice,apple,unsweetened,`Fresh Up'	JUICE	APPLE	`Fresh Up'
C137	Juice,apple & blkcur,Golden Circle	JUICE	APPLE AND BLACK CURRANT	Fortified, Golden Circle
C107	Juice,apple&blackcurrant,`Fresh Up'	JUICE	APPLE AND BLACKCURRANT	Fortified,`Fresh Up'
C117	Juice,apple&mango,Golden Circle	JUICE	APPLE AND MANGO	Fortified, Golden Circle
C45	Juice,apple and mango,unsw,`Fresh Up'	JUICE	APPLE AND MANGO	Fortified,`Fresh Up'
C34	Juice,apple and orange,unsw,`Fresh Up'	JUICE	APPLE AND ORANGE	Fortified,`Fresh Up'
C35	Juice,app,apricot&orange,unsw,`Fresh Up'	JUICE	APPLE, APRICOT AND ORANGE	Fortified,`Fresh Up'
C90	Carrot juice,canned	JUICE	CARROT	
C111	Juice,crisp apple,`Fresh Up'	JUICE	CRISP APPLE	Fortified,`Fresh Up'
C118	Juice,dark grape,McCoy	JUICE	DARK GRAPE	Fortified, McCoy
C26	Juice,grape	JUICE	GRAPE	
C12	Juice,grapefruit,unsweetened	JUICE	GRAPEFRUIT	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
C112	Juice,grapefruit,McCoy	JUICE	GRAPEFRUIT	Fortified, McCoy
C11	Juice,grapefruit,sweetened	JUICE	GRAPEFRUIT	Sweetened
C80	Juice,lime,unsweetened,canned	JUICE	LIME	
C120	Juice,mango & calamansi,`Just Juice'	JUICE	MANGO AND CALAMANSI	Fortified,`Just Juice'
C36	Juice,apple,old fashd,unsw,`Fresh Up'	JUICE	OLD FASHIONED APPLE	Fortified,`Fresh Up'
C13	Juice,orange,sweetened,canned	JUICE	ORANGE	
C14	Juice,orange,unsweetened	JUICE	ORANGE	
C103	Juice,orange,unsw,Citrus Tree	JUICE	ORANGE	Fortified, Citrus Tree
C124	Juice,orange,Golden Circle	JUICE	ORANGE	Fortified, Golden Circle
C113	Juice,orange,McCoy	JUICE	ORANGE	Fortified, McCoy
C119	Juice,orange,Pams	JUICE	ORANGE	Fortified, Pams
C106	Juice,orange,unsweetened,`Daily Juice'	JUICE	ORANGE	Fortified,`Daily Juice'
C133	Juice,orange and carrot,Pinto	JUICE	ORANGE AND CARROT	Fortified, Pinto
C37	Juice,orange & mango,`Just Juice'	JUICE	ORANGE AND MANGO	Fortified,`Just Juice'
C131	Juice,orange,concentrate,Pinto	JUICE	ORANGE JUICE	Fortified, Pinto
C38	Juice,orange & apple,unsw,`Just Juice'	JUICE	ORANGE WITH APPLE BASE	Fortified,`Just Juice'
C123	Juice,orange,peach,pashfruit`Just Juice'	JUICE	ORANGE,PEACH AND PASSIONFRUIT	Fortified,`Just Juice'
C15	Juice,pineapple	JUICE	PINEAPPLE	
C114	Juice,pineapple,Golden Circle	JUICE	PINEAPPLE	Fortified, Golden Circle
C135	Juice,pineapple & carrot,Pinto	JUICE	PINEAPPLE AND CARROT	Fortified, Pinto
C16	Juice,tomato,McCoy	JUICE	TOMATO	Fortified, McCoy
C39	Juice,tropical with apple base	JUICE	TROPICAL WITH APPLE BASE	Fortified, Just Juice
C32	Juice concentrate,apple&mango,`Fresh Up'	JUICE CONCENTRATE	APPLE AND MANGO	`Fresh Up'
C31	Juice concentrate,app&orange,`Fresh Up'	JUICE CONCENTRATE	APPLE AND ORANGE	'Fresh Up'
C33	Juice concentrate,apple,unsw,`Fresh Up'	JUICE CONCENTRATE	APPLE,	`Fresh Up'
C125	Juice conc,blackcurrant,unsw,Barkers	JUICE CONCENTRATE	BLACKCURRANT	Fortified, Barkers
C128	Juice drink,orange,Golden Circle	JUICE DRINK	ORANGE	Fortified, Golden Circle
C102	Juice drink,orange,Pinto	JUICE DRINK	ORANGE	Fortified, Pinto
C18	`Lucozade'	LUCOZADE		
C71	`Milo',powder	MILO	POWDER	Fortified
C74	`Nesquik',powder	NESQUIK	POWDER	
C20	`Ovaltine',powder	OVALTINE	POWDER	
C84	`Powerade',liquid	POWERADE	LIQUID	
C83	`Powerade',powder	POWERADE	POWDER	
C22	Rosehip syrup,concentrate	ROSEHIP SYRUP		
C2	Soft drink,`Coca-Cola'	SOFT DRINK	COCA-COLA	
C25	Soft drink,`Cola',diet	SOFT DRINK	COLA, DIET	
C17	Soft drink,lemonade	SOFT DRINK	LEMONADE	
C27	Soft drink,lemonade,diet	SOFT DRINK	LEMONADE,DIET	
C47	Soft drink,orange flavour	SOFT DRINK	ORANGE FLAVOURED	
C81	Soft drink,soda water	SOFT DRINK	SODA WATER	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
C91	Soy drink, `Calci Plus', Vitasoy	SOY DRINK	`CALCI PLUS'	Fortified, Vitasoy
C168	Soy drink, Calci-Plus high fibre, Vitasoy	SOY DRINK	`CALCI-PLUS' HIGH FIBRE	Vitasoy
C29	Soy drink, `So Good'	SOY DRINK	`SO GOOD'	Fortified, Sanitarium
C166	Soy drink, `So Good Essential', Sanitarium	SOY DRINK	`SO GOOD ESSENTIAL'	Fortified, Sanitarium
C130	Soy drink `So Good', Honey Comb, Sanitarium	SOY DRINK	`SO GOOD' HONEY COMB	Fortified, Sanitarium
C30	Soy drink, `So Good Lite', Sanitarium	SOY DRINK	`SO GOOD LITE'	Fortified, Sanitarium
C92	Soy drink `So Good', Vanilla, Sanitarium	SOY DRINK	`SO GOOD', VANILLA	Fortified, Sanitarium
C167	Soy drink, creamy original, fort, Vitasoy	SOY DRINK	CREAMY ORIGINAL, FORTIFIED	Vitasoy
C169	Soy Drink, Lush Chocolate, fort, Vitasoy	SOY DRINK	LUSH CHOCOLATE, FORTIFIED	Vitasoy
C89	Tea, black, infused, weak	TEA	BLACK	
C78	Tea, fruit, ready to drink	TEA	FRUIT	
C76	Tea, herbal, ready to drink	TEA	HERBAL	
C24	Tea, Indian, infused	TEA	INDIAN	
C23	Tea, Indian, leaves	TEA	INDIAN	
C82	Tea, instant, lemon flvr, sweetened, powder	TEA, INSTANT	LEMON FLAVOURED, SWEETENED	
C42	Water, imported, bottled	WATER		Imported
C40	Water, municipal	WATER		Municipal
C41	Water, New Zealand, bottled	WATER		New Zealand
C79	Water, tonic, carbonated	WATER	TONIC, CARBONATED	
D36	`Crunchy Nut Corn Flakes', Kellogg's	`CRUNCHY NUT CORN FLAKES'		Fortified, Kellogg's
D37	`Frosties', Kellogg's	`FROSTIES'		Fortified, Kellogg's
D23	`Fruitful Breakfast', Hubbards	`FRUITFUL BREAKFAST'		Hubbards
D38	`Just Right', Kellogg's	`JUST RIGHT'		Fortified, Kellogg's
D58	`Light & Tasty', Sanitarium	`LIGHT AND TASTY'		Fortified, Sanitarium
D17	`Nutties', Sanitarium	`NUTTIES'		Sanitarium
D10	`Ricies', Sanitarium	`RICIES'		Fortified, Sanitarium
D19	`Vitabrits', Sanitarium	`VITABRITS'		Sanitarium
D21	`Weeta-Flakes', Sanitarium	`WEETA-FLAKES'		Sanitarium
D34	`All Bran', Kellogg's	ALL BRAN		Fortified, Kellogg's
D1	Bran cereal	BRAN CEREAL		
D35	`Coco Pops', Kellogg's	COCO POPS		Fortified, Kellogg's
D62	Corn flakes, fortified	CORN FLAKES		Fortified
D32	Corn flakes, Kellogg's	CORN FLAKES		Fortified, Kellogg's
D2	Corn flakes, `Skippy', Sanitarium	CORN FLAKES	`SKIPPY'	Fortified, Sanitarium
D65	`Cocoa Crispix', Kellogg's	CORN SHAPES	`COCOA CRISPIX'	Kellogg's
D64	`Honey Crispix', Kellogg's	CORN SHAPES	`HONEY CRISPIX'	Kellogg's
D29	`Very Fruitful Flakes', Hubbards	FLAKES WITH DRIED FRUITS AND NUTS	`VERY FRUITFUL FLAKES'	Hubbards
D60	Muesli, natural, Sanitarium	MUESLI	NATURAL	Sanitarium
D4	Muesli, toasted, sweetened	MUESLI	TOASTED, SWEETENED	Sanitarium
D3	Muesli w/ fruits&nuts, untoasted, sweet	MUESLI	WITH FRUITS AND NUTS	
D5	Muesli bran, toasted	MUESLI BRAN		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
D6	Muesli flakes,toasted	MUESLI FLAKES		Sanitarium
D7	Muesli porridge,Sanitarium	MUESLI PORRIDGE		Sanitarium
D52	`Kick Start Wildberry',Tasti	MUESLI WITH BERRY FRUIT	`KICK START WILDBERRY'	Fortified, Tasti
D24	`Berry Berry Nice',Hubbards	MUESLI WITH CITRUS FRUIT	`BERRY BERRY NICE'	Hubbards
D25	`Orange of St Clements',Hubbards	MUESLI WITH CITRUS FRUIT	`ORANGE OF ST CLEMENTS'	Hubbards
D27	`Fruitful Lite',Hubbards	OATS WITH DRIED FRUIT, LITE	`FRUITFUL LITE'	Hubbards
D9	Porridge,prep w/ milk&water,salt added	PORRIDGE		
D8	Porridge,prepared with milk	PORRIDGE		
D22	Porridge,prepared with water	PORRIDGE		
D26	`Fruitful Porridge',cooked,Hubbards	PORRIDGE WITH DRIED FRUIT	FRUITFUL PORRIDGE	Hubbards
D63	`Banana Ricies',Sanitarium	RICE	PUFFED,`BANANA RICIES'	Fortified, Sanitarium
D31	`Special K',Kellogg's	RICE AND WHEAT FLAKES	`SPECIAL K'	Fortified, Kellogg's
D11	Wheat,puffed,Sanitarium	WHEAT	PUFFED	Sanitarium
D33	`Nutri-Grain',Kellogg's	WHEAT AND OATMEAL EXTRUDED SHAPES	`NUTRI-GRAIN'	Fortified, Kellogg's
D18	Wheat bran,`San Bran',Sanitarium	WHEAT BRAN	`SAN BRAN'	Sanitarium
D43	`Sultana Bran',Kellogg's	WHEAT BRAN AND SULTANAS	`SULTANA BRAN'	Fortified, Kellogg's
D12	Wheat bran biscuits	WHEAT BRAN BISCUITS	BRAN BIX	Sanitarium
D15	Wheat puffs,honey coated,Sanitarium	WHEAT PUFFS	HONEY COATED	Sanitarium
D44	`Sustain',Kellogg's	WHEAT, CORN, BROWN RICE, ROLLED OATS	`SUSTAIN'	Fortified, Kellogg's
D42	`Rice Bubbles',Kellogg's	WHOLE RICE	`RICE BUBBLES'	Fortified, Kellogg's
D46	`Fruity Bix',apricot,Sanitarium	WHOLE WHEAT AND FRUIT BITS	`FRUITY BIX',APRICOT	Fortified, Sanitarium
D48	`Fruity Bix',wildberry,Sanitarium	WHOLE WHEAT AND FRUIT BITS	`FRUITY BIX',WILDBERRY	Fortified, Sanitarium
D40	`Mini Wheat-Blackcurrant',Kellogg's	WHOLE WHEAT AND FRUIT PASTE	`MINI WHEAT-BLACKCURRANT'	Fortified, Kellogg's
D20	Whole wheat biscuits,`Weet-Bix'	WHOLE WHEAT BISCUITS	WEET-BIX	Fortified,Sanitarium
D16	Whole wheat flakes,`Kornies',Sanitarium	WHOLE WHEAT FLAKES	`KORNIES'	Sanitarium
E1	Barley,whole grain,raw	BARLEY		
E3	Barley,pearl,boiled	BARLEY	PEARL	
E4	Barley,pearl,raw	BARLEY	PEARL	
E2	Barley,whole grain flakes,raw	BARLEY	WHOLE GRAIN FLAKES	
E100	Beans,black,seeds,raw	BEANS	BLACK	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
E68	Bulgur,boiled	BULGUR		
E51	Bulgur,dry	BULGUR		
E62	Cereal,sugar coated,US fortified	CORN FLAKES	SUGAR COATED, US FORTIFIED PRODUCT	Ralston Purina
E99	Cornmeal,whole,yellow	CORNMEAL, WHOLE-GRAIN, YELLOW		
E131	Couscous,cooked	COUSCOUS		
E114	Couscous,dry	COUSCOUS		
E6	Custard powder	CUSTARD	POWDER	
E56	Fettuccine,fresh,herb & garlic,cooked	FETTUCINE	FRESH,HERB AND GARLIC	
E7	Flour,arrowroot	FLOUR	ARROWROOT	
E52	Flour,cassava	FLOUR	CASSAVA	
E9	Flour,cornflour	FLOUR	CORNFLOUR	
E79	Flour,millet	FLOUR	MILLET	
E67	Flour,pastry	FLOUR	PASTRY	
E66	Flour,plain	FLOUR	PLAIN	Fortified
E70	Flour,rice,raw	FLOUR	RICE	
E10	Flour,rye,100% extraction rate	FLOUR	RYE	
E53	Flour,sago	FLOUR	SAGO	
E11	Flour,semolina	FLOUR	SEMOLINA	
E12	Flour,soy,full fat	FLOUR	SOY	
E14	Flour,soy,reduced fat	FLOUR	SOY	
E110	Flour,wheat,white,high grade	FLOUR	WHEAT,WHITE,HIGH GRADE	
E93	Flour,wheat,white,high grade,C.N.I	FLOUR	WHEAT,WHITE,HIGH GRADE	Central North Island
E94	Flour,wheat,white,high grade,L.N.I	FLOUR	WHEAT,WHITE,HIGH GRADE	Lower North Island
E95	Flour,wheat,white,high grade,S.I	FLOUR	WHEAT,WHITE,HIGH GRADE	South Island
E45	Flour,wheat,white,high grade,U.N.I	FLOUR	WHEAT,WHITE,HIGH GRADE	Upper North Island
E108	Flour,wheat,white,standard	FLOUR	WHEAT,WHITE,STANDARD	
E91	Flour,wheat,white,standard,L.N.I	FLOUR	WHEAT,WHITE,STANDARD	Lower North Island
E92	Flour,wheat,white,standard,S.I	FLOUR	WHEAT,WHITE,STANDARD	South Island
E17	Flour,wheat,white,standard,U.N.I	FLOUR	WHEAT,WHITE,STANDARD	Upper North Island
E96	Flour,wheat,white,strong,brdmkg,C.N.I.	FLOUR	WHEAT,WHITE,STRONG,BREAD MAKING	Central North Island
E109	Flour,wheat,white,strong,brdmkg	FLOUR	WHEAT,WHITE,STRONG,BREADMAKING	
E97	Flour,wheat,white,strong,brdmkg,L.N.I.	FLOUR	WHEAT,WHITE,STRONG,BREAD MAKING	Lower North Island
E98	Flour,wheat,white,strong,brdmkg,S.I.	FLOUR	WHEAT,WHITE,STRONG,BREAD MAKING	South Island
E47	Flour,wheat,white,strong,brdmkg,U.N.I.	FLOUR	WHEAT,WHITE,STRONG,BREAD MAKING	Upper North Island
E46	Flour,wheat,wholemeal	FLOUR	WHEAT,WHOLEMEAL	
E88	Flour,wheat,wholemeal,L.N.I	FLOUR	WHEAT,WHOLEMEAL	Lower North Island
E89	Flour,wheat,wholemeal,S.I	FLOUR	WHEAT,WHOLEMEAL	South Island

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
E16	Flour,wholemeal	FLOUR	WHOLEMEAL	
E126	Lasagne, `Topper',frozen meal,baked,rte	LASAGNE	`TOPPER', FROZEN MEAL	Top Hat
E127	Lasagne,beef,frozen meal,microwaved,rte	LASAGNE	BEEF, FROZEN MEAL	Retail
E19	Macaroni,boiled	MACARONI		
E20	Macaroni,uncooked	MACARONI		
E129	Macaroni,cheese,frzn meal,microwaved,rte	MACARONI	CHEESE, FROZEN MEAL	Retail
E21	Maize,whole grain,raw	MAIZE	WHOLE GRAIN	
E39	Noodles,egg,boiled	NOODLES	EGG	
E40	Noodles,egg,fried	NOODLES	EGG	
E81	Noodles,instant,boiled,water drained	NOODLES	INSTANT	
E82	Noodles,instant,uncooked	NOODLES	INSTANT	
E48	Noodles,instant,beef flavour,prep water	NOODLES	INSTANT, BEEF FLAVOURED	
E50	Noodles,instant,chicken flvr,prep water	NOODLES	INSTANT, CHICKEN FLAVOURED	
E49	Noodles,inst,oriental flvr,prep w/ water	NOODLES	INSTANT, ORIENTAL FLAVOURED	
E74	Noodles,mung bean,dehydrated	NOODLES	MUNG BEAN	
E65	Noodles,rice,boiled	NOODLES	RICE	
E22	Oatmeal	OATMEAL		
E23	Oat bran	OATS	BRAN	
E25	Oats,rolled,raw	OATS	ROLLED,RAW	
E24	Oats,whole grain,raw	OATS	WHOLE GRAIN	
E118	Pasta,egg,boiled	PASTA	EGG	
E115	Pasta,egg,dry,uncooked	PASTA	EGG	
E55	Pasta,fresh,cooked,assorted type	PASTA	FRESH,ASSORTED TYPE	
E120	Pasta,plain,boiled	PASTA	PLAIN	
E32	Pasta,plain,dry,uncooked	PASTA	PLAIN	
E63	Pasta,spinach,boiled	PASTA	SPINACH	
E119	Pasta,vegetable flvr,boiled	PASTA	VEGETABLE FLAVOURED	
E116	Pasta,vegetable flavoured,dry,uncooked	PASTA	VEGETABLE FLAVOURED	
E121	Pasta,wholemeal,boiled	PASTA	WHOLEMEAL	
E117	Pasta,wholemeal,dry,uncooked	PASTA	WHOLEMEAL	
E83	Powder,flavours,instant noodles,dry	POWDER	FLAVOURS,INSTANT NOODLES	
E57	Ravioli,fresh,beef and pork,cooked	RAVIOLI	FRESH,BEEF AND PORK	
E60	Ravioli,beef,bpepper,olive,tmt&gar,ckd	RAVIOLI	FRESH,BEEF,BELL PEPPER,OLIVE,TOMATOES & GARLIC	
E59	Ravioli,chicken,roast garlic&pesto,ckd	RAVIOLI	FRESH,CHICKEN,ROASTED GARLIC AND PESTO	
E135	Rice,basmati,cooked,Indian restaurant	RICE	BASMATI	Indian restaurant
E41	Rice,brown	RICE	BROWN	
E42	Rice,brown,boiled	RICE	BROWN	
E28	Rice,white,polished	RICE	WHITE	
E27	Rice,white,polished,boiled	RICE	WHITE	
E133	Rice,white,Chinese,takeaway restaurant	RICE	WHITE	Chinese takeaway, restaurant
E134	Rice,white,steamed,Thai restaurant	RICE	WHITE	Thai restaurant
E61	Rice,white,parboiled	RICE	WHITE	Uncle Ben's

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
E72	Rice cake,brown rice,plain	RICE CAKE	BROWN RICE,PLAIN	
E78	Rice cake,crispy bacon	RICE CAKE	CRISPY BACON	
E76	Rice cake,original	RICE CAKE	ORIGINAL	
E77	Rice cake,tangy tmt,sour cream & chives	RICE CAKE	TANGY TOMATOES,SOUR CREAM AND CHIVES	
E29	Rye,whole grain,flakes	RYE	WHOLE GRAIN,FLAKES	
E30	Sago,raw	SAGO		
E73	Semolina,cooked	SEMOLINA		
E69	Semolina,raw	SEMOLINA		
E43	Soy,yoghurt	SOY	YOGHURT	
E31	Spaghetti,boiled	SPAGHETTI		
E128	Spaghetti,bolognaise,frznmeal,retail,rte	SPAGHETTI	BOLOGNAISE, FROZEN MEAL	Retail
E33	Spaghetti in tomato sauce,canned	SPAGHETTI	IN TOMATO SAUCE	
E64	Spaghetti,tomato sauce w/ cheese,canned	SPAGHETTI	IN TOMATO SAUCE WITH CHEESE	
E34	Tapioca,raw	TAPIOCA		
E44	Tofu	TOFU		
E58	Tortellini,fresh,spinach,cooked	TORTELLINI	FRESH,SPINACH	
E80	Wheat,kibbled,South Island	WHEAT	KIBBLED	South Island
E35	Wheat,whole grain,raw,North Island	WHEAT	WHOLE GRAIN	North Island
E111	Wheat bran	WHEAT BRAN		
E36	Wheat bran,North Island	WHEAT BRAN		North Island
E85	Wheat bran,South Island	WHEAT BRAN		South Island
E112	Wheat germ	WHEAT GERM		
E37	Wheat germ,North Island	WHEAT GERM		North Island
E86	Wheat germ,South Island	WHEAT GERM		South Island
F1	Butter,cultured	BUTTER	CULTURED	
F2	Butter,salted	BUTTER	SALTED	
F62	Butter,semi-soft	BUTTER	SEMI-SOFT	
F3	Butter,unsalted	BUTTER	UNSALTED	
F4	Cheese,blue vein	CHEESE	BLUE VEIN	
F5	Cheese,camembert	CHEESE	CAMEMBERT	
F7	Cheese,cheddar,epicure	CHEESE	CHEDDAR	Epicure
F8	Cheese,cheddar,mild	CHEESE	CHEDDAR	Mild
F82	Cheese,cheddar,reduced fat	CHEESE	CHEDDAR	Reduced fat
F10	Cheese,colby	CHEESE	COLBY	
F11	Cheese,cottage	CHEESE	COTTAGE	
F90	Cheese,cottage,low fat	CHEESE	COTTAGE	Low fat
F12	Cheese,cream	CHEESE	CREAM	
F69	Cheese,cream,reduced fat (16%)	CHEESE	CREAM	Reduced fat (16%)
F13	Cheese,danish blue type	CHEESE	DANISH BLUE TYPE	
F14	Cheese,edam	CHEESE	EDAM	
F15	Cheese,egmont	CHEESE	EGMONT	
F58	Cheese,feta	CHEESE	FETA	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
F16	Cheese,gouda	CHEESE	GOUDA	
F85	Cheese,gruyere	CHEESE	GRUYERE	
F17	Cheese,mozzarella	CHEESE	MOZZARELLA	
F18	Cheese,parmesan,powder	CHEESE	PARMESAN	
F86	Cheese,parmesan,ungrated	CHEESE	PARMESAN	
F19	Cheese,processed	CHEESE	PROCESSED	
F79	Cheese,processed,sliced,reduced fat	CHEESE	PROCESSED,SLICED,REDUCED FAT	
F59	Cheese,ricotta	CHEESE	RICOTTA	
F20	Cheese,spread	CHEESE	SPREAD	
F97	Cheese spread,full,Philadelphia	CHEESE	SPREAD	Philadelphia, Kraft
F98	Cheese spread,lite,Philadelphia	CHEESE	SPREAD,LITE	Philadelphia, Kraft
F21	Cheese,stilton	CHEESE	STILTON	
F91	Cheese,swiss	CHEESE	SWISS	
F99	Cream,double,brie	CREAM	DOUBLE,BRIE	Ferndale brand
F22	Cream,reduced fat	CREAM	REDUCED FAT	
F80	Cream,sour,reduced fat	CREAM	SOUR	Reduced fat
F23	Cream,sour,standard fat	CREAM	SOUR, STANDARD FAT	
F100	Cream,sour,light	CREAM	SOUR,LIGHT	
F24	Cream,standard	CREAM	STANDARD	
F25	Cream,whipping,UHT	CREAM	WHIPPING	
F101	Cream,whipping,light,UHT	CREAM	WHIPPING,UHT,LIGHT	Anchor brand
F74	Dessert,`Fromage Frais',with fruit	DESSERT	`FROMAGE FRAIS'	With fruit
F115	Dessert,dairy food,assorted flavours	DESSERT	DAIRY FOOD	Assorted flavours
F70	Dessert,dairy food,chocolate flavour	DESSERT	DAIRY FOOD	Chocolate flavour
F76	Dessert,vanilla,99% fat free,frozen	DESSERT	VANILLA	99% fat free
F105	`Fruit corner',Fromage Fria&berry frt	FROMAGE FRAIS AND BERRY FRUIT	`FRUIT CORNER'	Fresh and Fruity, Berry
F109	`Fruit corner',Fromage Frais&stone frt	FROMAGE FRAIS AND STONE FRUIT	FRUIT CORNER	Fresh and Fruity, Apricot
F119	Ice Cream,fruit ripple	ICE CREAM		Fruit ripple
F111	Ice cream,`Hokey Pokey'	ICE CREAM	`HOKEY POKEY'	
F110	Ice cream,`Jelly Tip'	ICE CREAM	`JELLY TIP'	
F75	Ice cream,`Maple Walnut',premium	ICE CREAM	`MAPLE WALNUT'	Movenpick
F114	Ice cream,`Paddle Pop',assorted flavours	ICE CREAM	`PADDLE POP'	Assorted flavours
F113	Ice cream,`Paddle Pop',chocolate flavour	ICE CREAM	`PADDLE POP'	Chocolate flavour
F118	Ice Cream,creamy,fruit ripple	ICE CREAM	CREAMY	Fruit ripple
F112	Ice cream,creamy,`Hokey Pokey'	ICE CREAM	CREAMY'	'Hokey Pokey'
F89	Ice cream,flvr,in bisc crh,`Moritz'	ICE CREAM	MINT FLAVOURED,COVERED IN BISCUIT CRUNCH	`Moritz', Tip Top
F27	Ice cream,vanilla,economy	ICE CREAM	PLAIN VANILLA	Economy
F122	Ice cream,vanilla,low fat	ICE CREAM	PLAIN VANILLA	Low fat
F29	Ice cream,vanilla,premium	ICE CREAM	PLAIN VANILLA	Premium

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
F28	Ice cream,vanilla,standard	ICE CREAM	PLAIN VANILLA	Standard
F88	Premium ice cream cone,choc,Movenpick	ICE CREAM	PREMIUM ICE CREAM CONE,CHOCOLATE	Movenpick, chocolate
F60	Ice cream,reduced energy	ICE CREAM	REDUCED ENERGY	
F78	Ice cream,soft serve	ICE CREAM	SOFT SERVE	
F87	Ice cream w/frt sorbet shell,`Paradiso`	ICE CREAM	WITH A FRUIT SORBET SHELL	`Paradiso`, Tip Top
F120	Milk,`Calci Kid`,enriched,Tararua	MILK	`CALCI KID`	Calcium enriched, Tararua
F73	Milk,`Calci Trim`,Tararua	MILK	`CALCI TRIM`	Fortified, Tararua
F92	Milk,`Calci-Plus`,NZ Fresh	MILK	`CALCI-PLUS`	Fortified, NZ Fresh
F94	Milk,`Calci-Xtra`,Anchor	MILK	`CALCI-XTRA`	Fortified, Anchor
F30	Milk,sweetened,condensed,skim	MILK	CONDENSED	Skimmed, sweetened
F31	Milk,sweetened,condensed,whole	MILK	CONDENSED	Whole, sweetened
F32	Milk,evaporated,whole	MILK	EVAPORATED	Whole
F45	Milk,UHT,whole,evaporated	MILK	EVAPORATED	Whole
F42	Milk,UHT,chocolate flavour	MILK	FLUID	Chocolate flavour
F102	Milk,UHT,light	MILK	FLUID	Light
F107	Milk composite	MILK	FLUID	LINZ composite
F72	Milk,fluid,reduced fat (1.5%)	MILK	FLUID	Reduced fat (1.5%)
F39	Milk,fluid,skim	MILK	FLUID	Skim
F40	Milk,fluid,standard	MILK	FLUID	Standard
F44	Milk,UHT,strawberry flavour	MILK	FLUID	Strawberry flavour
F41	Milk,fluid,trim	MILK	FLUID	Trim
F103	Milk,UHT,trim	MILK	FLUID	Trim
F33	Milk,fluid,whole	MILK	FLUID	Whole
F43	Milk,UHT,standard	MILK	FLUID, STANDARD	
F35	Milk,powder,instant,non-fat	MILK	POWDER	Instant, non-fat
F36	Milk,powder,skim	MILK	POWDER	Skim
F37	Milk,powder,whole	MILK	POWDER	Whole
F46	Milk shake,banana flavour,McDonald's	MILK SHAKE	BANANA FLAVOURED	McDonald's
F47	Milk shake,chocolate flavour,McDonald's	MILK SHAKE	CHOCOLATE FLAVOURED	McDonald's
F50	Milk shake,assorted flavour,McDonald's	MILK SHAKE	FLAVOURED	McDonald's
F48	Milk shake,strawberry flavour,McDonald's	MILK SHAKE	STRAWBERRY FLAVOURED	McDonald's
F49	Milk shake,vanilla flavour,McDonald's	MILK SHAKE	VANILLA FLAVOURED	McDonald's
F52	Milk,goat,whole	MILK, GOAT	FLUID	Whole
F51	Milk,goat,whole,powder	MILK, GOAT	POWDER	Whole
F53	Milk,human,mature	MILK, HUMAN	FLUID	Mature
F54	Milk,human,transitional	MILK, HUMAN	FLUID	Transitional
F61	Quark	QUARK		
F96	Whey drink,`Alfa Lite`,powder	WHEY DRINK	`ALFA LITE`	
F104	`Fruit corner`,yoghurt & stone fruit	YOGHURT	`FRUIT CORNER` STONE FRUIT	
F108	`Fruit corner`,yoghurt & berry fruit	YOGHURT	`FRUIT CORNER`BERRY FRUIT	And berry fruit
F77	Yoghurt,apricot,frozen	YOGHURT	APRICOT	Apricot, Tip Top

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
F56	Yoghurt,asst fruits,low fat,sweetened	YOGHURT	ASSORTED FRUITS	Low fat
F55	Yoghurt,asst fruits & flvr,red fat,swt	YOGHURT	ASSORTED FRUITS AND FLAVOURS	Reduced fat
F116	Yoghurt,Yoplait`Lite'asst frt,low f,swt	YOGHURT	ASSORTED FRUITS AND FLAVOURS	Yoplait `Lite',low fat
F83	Yoghurt,asst fruits & flavours,sweetened	YOGHURT	ASSORTED FRUITS AND FLAVOURS	Yoplait `Original'
F71	Yoghurt,berry,low fat,art sweetened	YOGHURT	FRUIT FLAVOURED	Berry fruit, low fat
F57	Yoghurt,plain,unsweetened	YOGHURT	PLAIN	
F84	Yoghurt,plain,low fat,unsweetened	YOGHURT	PLAIN	Low fat
F117	Yoghurt,plain,reduced fat,sweetened	YOGHURT	PLAIN	Reduced fat
F81	Yoghurt,strawberry,low fat	YOGHURT	STRAWBERRY	Low fat (0.2%)
G1	Egg,white,dried	EGG	CHICKEN	
G12	Egg,white,hard boiled	EGG	CHICKEN	
G7	Egg,white,raw	EGG	CHICKEN	
G3	Egg,chicken,boiled	EGG	CHICKEN	
G4	Egg,chicken,white & yolk,dried	EGG	CHICKEN	
G11	Egg,fried in butter	EGG	CHICKEN	
G5	Egg,fried in vegetable oil	EGG	CHICKEN	
G6	Egg,poached	EGG	CHICKEN	
G9	Egg,whole,raw	EGG	CHICKEN	
G10	Egg,scrambled,milk added,ckd in butter	EGG	CHICKEN	
G2	Egg,chicken,yolk,dried	EGG	CHICKEN	
G8	Egg,yolk,raw	EGG	CHICKEN	
H138	Abalone,with veg,in oyster sauce,str-frd	ABALONE	WITH VEGETABLES, IN OYSTER SAUCE	
H144	Bacon,McDonald's	BACON		McDonald's
H1	Bean salad,KFC	BEAN SALAD		KFC
H143	Beef,bfast patty,ready to eat,McDonald's	BEEF	BREAKFAST PATTY	McDonald's
H79	Beef in oyster sauce	BEEF	IN OYSTER SAUCE	
H146	Beef,patty,McDonald's	BEEF	PATTY	McDonald's
H80	Beef satay	BEEF	SATAY	
H137	Beef,with cashews	BEEF	WITH CASHEWS	
H133	Beef,with pineapple & ginger	BEEF	WITH PINEAPPLE & GINGER	
H158	Beetroot,preserved,McDonald's	BEETROOT		McDonald's
H140	Bun,burger,McDonald's	BUN	BURGER	McDonald's
H141	Bun,burger,`Big Mac',McDonald's	BUN	BURGER,BIG MAC	McDonald's
H8	Burger,`Big Mac',McDonald's	BURGER	`BIG MAC'	McDonald's
H24	Burger,`Filet-o-Fish',McDonald's	BURGER	`FILET-O-FISH'	McDonald's
H9	Burger,`McFeast',McDonald's	BURGER	`MCFEAST'	McDonald's
H11	Burger,`Quarter Pounder',McDonald's	BURGER	`QUARTER POUNDER'	McDonald's
H10	Burger,`Quarter Pounder w/ Cheese',McD	BURGER	`QUARTER POUNDER WITH CHEESE'	McDonald's

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
H2	Burger,bacon	BURGER	BACON	Independent shops
H3	Burger,cheese	BURGER	CHEESE	Independent shops
H4	Burger,cheese,McDonald's	BURGER	CHEESE	McDonald's
H5	Burger,egg	BURGER	EGG	Independent shops
H6	Burger,hamburger	BURGER	HAMBURGER	Independent shops
H7	Burger,hamburger,McDonald's	BURGER	HAMBURGER	McDonald's
H17	Chicken,crumbed fried,breast,KFC	CHICKEN		KFC
H18	Chicken,crumbed fried,drumstick,KFC	CHICKEN		KFC
H15	Chicken,crumbed fried,rib,KFC	CHICKEN		KFC
H19	Chicken,crumbed fried,thigh,KFC	CHICKEN		KFC
H16	Chicken,crumbed fried,wing,KFC	CHICKEN		KFC
H12	Chicken,barbecue,front portion,KFC	CHICKEN	BARBECUED	KFC
H13	Chicken,barbeque,rear portion,KFC	CHICKEN	BARBECUED	KFC
H78	Chicken,crisp skin	CHICKEN	CRISP SKIN	
H14	Chicken,crumbed,KFC	CHICKEN	CRUMBED FRIED	KFC
H77	Chicken,lemon	CHICKEN	LEMON	
H147	Chicken,patty,McDonald's	CHICKEN	PATTY	McDonald's
H73	Chicken & almonds	CHICKEN	WITH ALMONDS	
H126	Chicken,with garlic & chilli sauce	CHICKEN	WITH GARLIC AND CHILLI SAUCE	
H75	Chop suey,chicken	CHOP SUEY	CHICKEN	
H173	Chop suey,chicken,lean & fat,stir-fried	CHOP SUEY	CHICKEN	
H71	Chop suey,pork	CHOP SUEY	PORK	
H72	Chow mein,beef	CHOW MEIN	BEEF	
H172	Chow mein,beef,stir-fried,home made	CHOW MEIN	BEEF, HOMEMADE	
H74	Chow mein,chicken	CHOW MEIN	CHICKEN	
H199	Chow Mein,chicken,frznmeal,microwave,rte	CHOW MEIN	CHICKEN, FROZEN MEAL, READY TO EAT	Retail
H89	Chow mein,prawn,takeaway,rte	CHOW MEIN	PRAWN, TAKEAWAY RESTAURANT	
H20	Coleslaw,KFC	COLESLAW		KFC
H160	Cone,wafer,McDonald's	CONE	WAFERS	McDonald's
H69	Crab,in black bean sauce	CRAB	IN BLACK BEAN SAUCE	
H21	Croquette,KFC	CROQUETTE		KFC
H222	Curry,Indian,Butter Chicken,takeaway	CURRY	INDIAN, BUTTER CHICKEN	Takeaway Restaurant
H227	Curry,Indian,Dhal Makani,takeaway	CURRY	INDIAN, DHAL, MAKANI	Takeaway Restaurant
H225	Curry,Indian,Beef Korma,takeaway	CURRY	INDIAN, KORMA, BEEF	Takeaway Restaurant
H223	Curry,Indian,Chicken Masala,takeaway	CURRY	INDIAN, MASALA, CHICKEN	Takeaway Restaurant
H224	Curry,Indian,Rogan Josh,Lamb,takeaway	CURRY	INDIAN, ROGAN JOSH, LAMB	Takeaway Restaurant
H226	Curry,Indian,Beef Madras,takeaway	CURRY	INIDAN, MADRAS, BEEF	Takeaway Restaurant
H219	Curry,Thai,Green chicken,takeaway	CURRY	THAI, GREEN CHICKEN	Takeaway Restaurant
H87	Sweet & sour duck	DUCK	SWEET AND SOUR	
H86	Duck and mushrooms,steamed	DUCK	WITH MUSHROOMS	
H153	Egg,fried,McDonald's	EGG	CHICKEN	McDonald's

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
H22	Fish,battered,deep fried	FISH		Independent shops
H148	Fish,fillet,McDonald's	FISH		McDonald's
H57	Fish,cake,baked	FISH	CAKE	
H23	Fish,cake,deep fried in peanut oil	FISH	CAKE	
H58	Fish,cake,grilled	FISH	CAKE	
H59	Fish,cake,microwaved	FISH	CAKE	
H60	Fish,cake,raw	FISH	CAKE	
H193	Fish,fillet,crumbed,frozen,raw	FISH	FILLET,CRUMBED	
H194	Fish,fillet,crumbed,frozen,baked	FISH	FILLET,CRUMBED,FROZEN	
H195	Fish,fillet,crumbed,frozen,fried,veg oil	FISH	FILLET,CRUMBED,FROZEN	
H61	Fish,fingers,baked	FISH	FINGERS	
H65	Fish,fingers,deep fried in peanut oil	FISH	FINGERS	
H62	Fish,fingers,grilled	FISH	FINGERS	
H63	Fish,fingers,microwaved	FISH	FINGERS	
H64	Fish,fingers,raw	FISH	FINGERS	
H68	Sweet & sour fish	FISH	SWEET AND SOUR	
H25	Gravy,KFC	GRAVY		KFC
H164	Juice,orange,McDonald's	JUICE	ORANGE	McDonald's
H70	Lobster with ginger & shallots	LOBSTER	WITH GINGER AND SHALLOTS	
H156	Milk shake,no flavouring,McDonald's	MILKSHAKE	NO FLAVOURING	McDonald's
H142	Muffin,McDonald's	MUFFIN		McDonald's
H170	Muffin,`McMuffin',egg,McDonald's	MUFFIN	`MCMUFFIN', EGG	McDonald's
H135	Mushrooms,stuffed,battered	MUSHROOMS	STUFFED WITH PORK MINCE,BATTERED	
H67	Noodles,Chinese,Chow Mein,combination	NOODLES	CHINESE, CHOW MEIN, COMBINATION MEATS	Takeaway Restaurant
H220	Noodles,Pad Thai,w/ egg chicken,takeaway	NOODLES	THAI, PAD THAI, WITH EGG & CHICKEN	Takeaway Restaurant
H159	Nugget,chicken,McDonald's	NUGGET	CHICKEN	McDonald's
H76	Omelette,chicken	OMELETTE	CHICKEN	
H221	Omelette,Egg Foo Young,w/ chic,takeaway	OMELETTE	CHINESE, EGG FOO YOUNG, WITH CHICKEN	Takeaway Restaurant
H92	Omelette,prawn	OMELETTE	PRAWN	
H151	Pancakes,McDonald's	PANCAKE		McDonald's
H26	Pasty,supermarket	PASTY		Supermarket, individual size
H154	Pickle,McDonald's	PICKLE		McDonald's
H27	Pie,apple,McDonald's	PIE	APPLE	McDonald's
H28	Pie,apricot,McDonald's	PIE	APRICOT	McDonald's
H202	Pie,fish,potato top,frzn meal,microwaved	PIE	FISH, POTATO TOP, FROZEN MEAL	Irvines
H30	Pie,meat,individual size	PIE	MEAT	Supermarket, individual size
H29	Pie,mince,family size,supermarket,rte	PIE	MINCE	Supermarket, family size
H31	Pie,mince,individual size,spmkt,rte	PIE	MINCE	Supermarket, individual size

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
H184	Pie,mince & cheese,indiv size,smpkt,rte	PIE	MINCE & CHEESE	Supermarket, individual size
H188	Pie,potato top,family size,spmkt,rte	PIE	POTATO TOP	Supermarket, family size
H187	Pie,potato top,indiv size,spmkt,rte	PIE	POTATO TOP	Supermarket, individual size
H201	Pie,shepherd's,low fat,microwaved,retail	PIE	SHEPHERD'S, LOW FAT	Retail
H200	Pie,Shepherd,trad.,frzn meal,microwaved	PIE	SHEPHERD'S, TRADITIONAL, FROZEN MEAL	Irvines
H183	Pie,steak,family size,spmkt,rte	PIE	STEAK	Supermarket, family size
H182	Pie,steak,individual size,spmkt,rte	PIE	STEAK	Supermarket, individual size
H186	Pie,steak & cheese,family size,spmkt,rte	PIE	STEAK & CHEESE	Supermarket, family size
H185	Pie,steak & cheese,indiv size,rte	PIE	STEAK & CHEESE	Supermarket, individual size
H95	Pie,steak & kidney,individual size	PIE	STEAK AND KIDNEY	Individual size
H190	Pizza,BBQchic,large,bkd,comm,thick crust	PIZZA	BBQ CHICKEN, THICK CRUST	Commercial, takeaway/delivery, large size
H32	Pizza,deluxe cheese,P'Hut,thin crust	PIZZA	DELUXE CHEESE, THIN CRUST	Pizza Hut restaurants, regular size
H33	Pizza,four toppings,P'Hut,thin crust	PIZZA	FOUR TOPPINGS,THIN CRUST	Pizza Hut Restaurants, regular size
H34	Pizza,ham & pineapple,P'Hut,thin crust	PIZZA	HAM AND PINEAPPLE, THIN CRUST	Pizza Hut Restaurants, regular size
H179	Pizza,frzn,individual size,hawaiian bkd	PIZZA	HAWAIIAN & COMBINATION,INDIVIDUAL SIZE	
H180	Pizza,fr,reg,hawaiian/combination,bkd	PIZZA	HAWAIIAN & COMBINATION,REGULAR SIZE	
H177	Pizza,frzn,prem,hawaiian/house spcl bkd	PIZZA	HAWAIIAN AND HOUSE SPECIAL,PREMIUM	
H178	Pizza,frzn,reg,hawaiian & supreme,bkd	PIZZA	HAWAIIAN AND SUPREME,REGULAR SIZE	
H191	Pizza,hawaiian,lge,bkd,comm,thick crust	PIZZA	HAWAIIAN, THICK CRUST	Commercial takeaway/delivery, large size
H176	Pizza,frozen,premium,meat lovers,baked	PIZZA	MEAT LOVERS,PREMIUM	
H189	Pizza,meat,large,baked,comm,thick crust	PIZZA	MEAT, THICK CRUST	Commercial takeaway/delivery, large size
H35	Pizza,single topping,P'Hut	PIZZA	SINGLE TOPPING,THIN CRUST	Pizza Hut Restaurants, regular size
H37	Pizza,supreme,family,thin,P'Hut	PIZZA	SUPREME, THIN CRUST	Pizza Hut Restaurants, family size
H36	Pizza,supreme,large,bkd,comm,thick crust	PIZZA	SUPREME,THICK CRUST	Commercial takeaway/delivery, large size
H38	Pizza,supreme,medium,thick,P'Hut	PIZZA	SUPREME,THICK CRUST	Pizza Hut Restaurants, medium size
H40	Pizza,supreme,regular,P'Hut,thick crust	PIZZA	SUPREME,THICK CRUST	Pizza Hut Restaurants, regular size
H39	Pizza,supreme,medium,thin,P'Hut	PIZZA	SUPREME,THIN CRUST	Pizza Hut Restaurants, medium size
H41	Pizza,supreme,regular,P'Hut,thin crust	PIZZA	SUPREME,THIN CRUST	Pizza Hut Restaurants, regular size
H42	Pizza,three toppings,thin,P'Hut	PIZZA	THREE TOPPINGS,THIN CRUST	Pizza Hut Restaurants, regular size
H192	Pizza,vegetarian,lge,bkd,comm,thickcrust	PIZZA	VEGETARIAN,THICK CRUST	Commercial takeaway/delivery, large size
H83	Pork,spare ribs,in black bean sauce	PORK		
H85	Pork,barbecued	PORK	BARBECUED	
H82	Pork,Chinese,Sweet & Sour,takeaway	PORK	CHINESE, SWEET AND SOUR	Takeaway Restaurant
H84	Pork,in plum sauce	PORK	IN PLUM SAUCE	
H125	Pork,spare ribs,barbecue sauce	PORK	RIBS WITH BARBECUE SAUCE	
H124	Pork,with garlic & chilli sauce	PORK	WITH GARLIC AND CHILLI SAUCE	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
H181	Potato,wedges,KFC,skin off,spiced	POTATO		KFC
H175	Potato,fries,Burger King	POTATO	FRIES	Burger King
H43	Potato,fries,indepnt shops,crinkle cut	POTATO	FRIES	Independent shops, crinkle cut
H44	Potato,fries,independent shops,plain cut	POTATO	FRIES	Independent shops, plain cut
H45	Potato,fries,KFC	POTATO	FRIES	KFC
H46	Potato,fries,McDonald's	POTATO	FRIES	McDonald's
H174	Potato,fries,Pizza Hut	POTATO	FRIES	Pizza Hut
H152	Potato,hashbrown,McDonald's	POTATO	HASHBROWN	McDonald's
H47	Potato,mashed,ready to eat,KFC	POTATO	MASHED	KFC
H48	Potato salad,KFC	POTATO	SALAD	KFC
H94	Prawn,cutlets	PRAWN	CUTLETS	
H91	Prawns,curried & rice	PRAWNS	CURRIED WITH RICE	
H88	Prawns,garlic	PRAWNS	GARLIC	
H90	Prawns,satay	PRAWNS	SATAY	
H93	Sweet & sour prawns	PRAWNS	SWEET AND SOUR	
H66	Fried Rice,Chinese,Combination,Takeaway	RICE	CHINESE, COMBINATION	Takeaway Restaurant
H218	Salad,Thai,Beef,takeaway	SALAD	MEATS THAI, BEEF	Takeaway Restaurant
H236	Samosa,vegetable,cocktail,baked,retail	SAMOSA	VEGETABLE, COCKTAIL, FROM FROZEN	Retail
H235	Samosa,veg,cocktail,deep fried,retail	SAMOSA	VEGETABLE, COCKTAIL, FROM FROZEN	Retail
H234	Samosa,veg,cocktail,uncooked,retail	SAMOSA	VEGETABLE, COCKTAIL, FROZEN	Retail
H161	Sauce,curry,McDonald's	SAUCE	CURRY	McDonald's
H145	Breakfast sausage,McDonald's	SAUSAGE	LINK	McDonald's
H50	Sausage roll,individual size	SAUSAGE	ROLL	Supermarket, individual size
H51	Sausage roll,mini size	SAUSAGE	ROLL	Supermarket, mini size
H52	Saveloy,battered,deep fried	SAVELOY		Independent shops
H134	Scallop & vegetables,stir-fried	SCALLOP	WITH VEGETABLE COMBINATION	
H132	Seafood with vegetables comb.,stir fried	SEAFOOD	WITH VEGETABLE COMBINATION	
H216	Soup,Chinese,Chicken Sweetcorn,takeaway	SOUP	CHINESE, CHICKEN WITH SWEETCORN	Takeaway Restaurant
H217	Soup,Thai,Tom Yam Gai,chicken,takeaway	SOUP	THAI, TOM YAM GAI, CHICKEN	Takeaway Restaurant
H130	Spring roll,deep fried	SPRING ROLL		
H209	Spring roll,curry rice,w/meat,retail,bkd	SPRING ROLL	CURRY RICE, WITH MEAT, FROM FROZEN	Highmark
H213	Spring roll,curry rice,w/ meat,deepfried	SPRING ROLL	CURRY RICE, WITH MEAT, FROM FROZEN	Highmark
H205	Spring roll,curry rice,w/ meat,uncooked	SPRING ROLL	CURRY RICE, WITH MEAT, FROZEN	Highmark
H210	Spring roll,noodle,w/chic,retail,bkd,rte	SPRING ROLL	NOODLES, WITH CHICKEN MEAT, FROM FROZEN	Highmark

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
H214	Spring roll,noodle,w/chic,deep fried,rte	SPRING ROLL	NOODLES, WITH CHICKEN, FROM FROZEN	Highmark
H206	Spring roll,noodles,w/chic,comm,uncooked	SPRING ROLL	NOODLES, WITH CHICKEN, FROZEN	Highmark
H208	Spring roll,traditional,w/ meat,comm,bkd	SPRING ROLL	TRADITIONAL, WITH MEAT, FROM FROZEN	Highmark
H212	Spring roll,trad,w/ meat,comm,deep fried	SPRING ROLL	TRADITIONAL, WITH MEAT, FROM FROZEN	Highmark
H204	Spring roll,trad,w/ meat,comm,uncooked	SPRING ROLL	TRADITIONAL, WITH MEAT, FROZEN	Highmark
H211	Spring roll,vegetarian,retail,baked,rte	SPRING ROLL	VEGETARIAN, FROM FROZEN	Highmark
H215	Spring roll,vegetarian,comm,deep fried	SPRING ROLL	VEGETARIAN, FROM FROZEN	Highmark
H207	Spring roll,vegetarian,comm.,uncooked	SPRING ROLL	VEGETARIAN, FROZEN	Highmark
H139	Squid,with broccoli,stir-fried	SQUID	WITH BROCCOLI	
H81	Steak in black bean sauce	STEAK	IN BLACK BEAN SAUCE	
H131	Stirfry,Chinese,Beef Black Bean,Takeaway	STIRFRY	CHINESE, BEEF AND BLACK BEAN SAUCE, READY TO EAT	Takeaway Restaurant
H136	Stirfry,Chinese,chic cashew nut,takeaway	STIRFRY	CHINESE,CHICKEN AND CASHEW NUTS	Takeaway Restaurant
H53	Stuffing,KFC	STUFFING		KFC
H54	Sundae,caramel,McDonald's	SUNDAE	CARAMEL	McDonald's
H55	Sundae,chocolate,McDonald's	SUNDAE	CHOCOLATE	McDonald's
H56	Sundae,strawberry,McDonald's	SUNDAE	STRAWBERRY	McDonald's
H165	Syrup,banana,McDonald's	SYRUP	BANANA	McDonald's
H166	Syrup,chocolate,McDonald's	SYRUP	CHOCOLATE	McDonald's
H157	Syrup,hot chocolate,McDonald's	SYRUP	HOT CHOCOLATE	McDonald's
H167	Syrup,strawberry,McDonald's	SYRUP	STRAWBERRY	McDonald's
H168	Syrup,vanilla,McDonald's	SYRUP	VANILLA	McDonald's
H162	Topping,caramel,McDonald's	TOPPING	CARAMEL	McDonald's
H163	Topping,chocolate,McDonald's	TOPPING	CHOCOLATE	McDonald's
H169	Topping,strawberry,McDonald's	TOPPING	STRAWBERRY	McDonald's
H232	Wonton,pork fill,deep fried,retail,rte	WONTON	PORK FILLED, FROM FROZEN	Retail
H233	Wonton,pork fill,steam/boil,retail,rte	WONTON	PORK FILLED, FROM FROZEN	Retail
H231	Wonton,pork,frozen,uncooked,retail	WONTON	PORK FILLED, FROZEN	Retail
J1	Beef,drippings,as purchased	BEEF		
J39	Chefade	CHEFADE		
J6	Fat,compound cooking	FAT	COMPOUND COOKING	
J7	Lard	LARD		
J44	Margarine,fortified,`Miracle'	MARGARINE		Miracle
J45	Margarine,low salt,fortified,`Miracle'	MARGARINE	LOW SALT	Miracle
J8	Margarine,polyunsaturated	MARGARINE	POLYUNSATURATED	
J23	Margarine,polyunsaturated,low salt	MARGARINE	POLYUNSATURATED	Low salt
J60	Oil,avocado	OIL	AVOCADO	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN	
J13	Oil,canola	OIL	CANOLA		
J2	Oil,coconut	OIL	COCONUT		
J3	Oil,cod liver	OIL	COD LIVER		
J50	Oil,composite	OIL	COMPOSITE		
J4	Corn/maize oil	OIL	CORN/MAIZE		
J5	Oil,cottonseed	OIL	COTTONSEED		
J61	Oil,flaxseed	OIL	FLAXSEED		
J10	Olive oil	OIL	OLIVE		
J11	Oil,palm	OIL	PALM		
J9	Oil,peanut,groundnut & arachis	OIL	PEANUT, GROUNDNUT AND ARACHIS		
J12	Oil,rapeseed	OIL	RAPESEED	High erucic acid	
J14	Oil,safflower	OIL	SAFFLOWER		
J24	Oil,sesame	OIL	SESAME		
J15	Oil,soybean	OIL	SOYBEAN		
J19	Oil,sunflower	OIL	SUNFLOWER		
J31	Oil,vegetable,blend	OIL	VEGETABLE,BLEND		
J32	Oil,vegetable,blend,frying	OIL	VEGETABLE,BLEND	Frying	
J29	Oil,vegetable,blend,salad	OIL	VEGETABLE,BLEND	Salad	
J30	Oil,vegetable,blend,salad & cooking	OIL	VEGETABLE,BLEND	Salad/cooking	
J21	Oil,wheat germ	OIL	WHEAT GERM		
J28	Palm olein	PALM OLEIN			
J40	Shortening,hardened canola oil	SHORTENING	VEGETABLE		
J37	Shortening,hardened coconut oil	SHORTENING	VEGETABLE		
J38	Shortening,hardened palm oil	SHORTENING	VEGETABLE		
J27	Spread,butter/margarine blend	SPREAD	BUTTER/MARGARINE BLEND		50:50:00
J16	Margarine,reduced fat	SPREAD	POLYUNSATURATED	Reduced fat	
J26	Margarine,reduced fat,low salt	SPREAD	POLYUNSATURATED	Reduced fat, low salt	
J17	Suet,block	SUET	BLOCK		
J18	Suet,shredded	SUET	SHREDDED		
J35	Table spread,canola	TABLE SPREAD		Canola	
J54	Table spread,butter & margarine blend	TABLE SPREAD	BUTTER AND MARGARINE BLEND		
J56	Table spread,`Olivani`	TABLE SPREAD	MONOUNSATURATED	'Olivani'	
J59	Table spread,`Olivio`	TABLE SPREAD	MONOUNSATURATED	'Olivio'	
J43	Table Spread,`Olivio`,lite	TABLE SPREAD	MONOUNSATURATED	'Olivio', lite	
J55	Table spread,lite,`Olivani`	TABLE SPREAD	MONOUNSATURATED,LITE	'Olivani'	
J52	Table spread,polyunsaturated,65% fat	TABLE SPREAD	POLYUNSATURATED	65% fat	
J53	Table spread,polyunsaturated,70% fat	TABLE SPREAD	POLYUNSATURATED	70% fat	
J51	Table spread,polyunsaturated,75% fat	TABLE SPREAD	POLYUNSATURATED,75% FAT		
K105	Alfonsino,flesh,raw	ALFONSINO			
K181	Anchovy,canned in oil,drained	ANCHOVY			
K1	Barracouta,flesh,raw	BARRACOUTA			
K140	Baxters Dogfish,flesh,raw	BAXTERS DOGFISH			

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
K145	Black Slickhead,flesh,raw	BLACK SLICKHEAD		
K107	Blue Moki,flesh,raw	BLUE MOKI		
K2	Bluenose,flesh,raw	BLUENOSE		
K134	Brown Slickhead,large scaled	BROWN SLICKHEAD	LARGE SCALED	
K138	Brown Slickhead,small scaled,flesh,raw	BROWN SLICKHEAD	SMALL SCALED	
K3	Butterfish,flesh,raw	BUTTERFISH		
K143	Cardinal fish,flesh,raw	CARDINAL FISH		
K136	Carp,Grass,flesh,raw	CARP	GRASS	
K128	Carp,Kio,flesh,raw	CARP	KIO	
K148	Carp,Silver,flesh,raw	CARP	SILVER	
K4	Cod,flesh,baked	COD		
K5	Cod,flesh,fried in batter	COD		
K9	Cod,flesh,frozen,uncooked	COD		
K6	Cod,flesh,grilled	COD		
K7	Cod,flesh,poached	COD		
K8	Cod,flesh,raw	COD		
K10	Cod,flesh,steamed	COD		
K11	Cod,Blue,flesh,raw	COD	BLUE	
K12	Cod,Red,flesh,raw	COD	RED	
K13	Cod,smoked,poached	COD	SMOKED	
K14	Cod,smoked,uncooked	COD	SMOKED	
K15	Dogfish,Spiny,flesh,raw	DOGFISH	SPINY	
K16	Dory,John,flesh,raw	DORY	JOHN	
K163	Dory,Lookdown,flesh,raw	DORY	LOOKDOWN	
K179	Eel,smoked	EEL		
K17	Eel,flesh,raw	EEL		
K18	Eel,flesh,stewed	EEL		
K19	Eel,Long-finned,raw,feeding	EEL	LONG-FINNED	
K21	Eel,Short-finned,raw,feeding	EEL	SHORT-FINNED	
K20	Eel,Short-finned,raw,migratory	EEL	SHORT-FINNED	
K131	Eel,Swollenhead Conger,flesh	EEL	SWOLLENHEAD CONGER	
K154	Elephant fish,flesh,raw	ELEPHANT FISH		
K178	Fish,dried and salted	FISH		
K180	Pate,fish	FISH	PATE	
K56	Flounder,flesh,baked	FLOUNDER		
K57	Flounder,flesh,deep fried	FLOUNDER		
K58	Flounder,flesh,grilled	FLOUNDER		
K59	Flounder,flesh,microwaved	FLOUNDER		
K22	Flounder,Sand,flesh,raw	FLOUNDER	SAND	
K23	Flounder,Yellowbelly,flesh,raw	FLOUNDER	YELLOWBELLY	
K121	Frostfish,flesh,raw	FROSTFISH		
K141	Garfish,flesh,raw	GARFISH		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
K24	Gemfish,flesh,raw	GEMFISH		
K109	Grey Mullet,flesh,raw	GREY MULLET		
K25	Groper,flesh,raw	GROPER		
K68	Gurnard,flesh,deep fried	GURNARD		
K69	Gurnard,flesh,grilled	GURNARD		
K70	Gurnard,flesh,microwaved	GURNARD		
K26	Gurnard,Red,flesh,raw	GURNARD	RED	
K27	Hake,flesh,raw	HAKE		
K60	Hoki,flesh,baked	HOKI		
K61	Hoki,flesh,deep fried in peanut oil	HOKI		
K62	Hoki,flesh,grilled	HOKI		
K63	Hoki,flesh,microwaved	HOKI		
K28	Hoki,flesh,raw	HOKI		
K129	Hoki,smoked,flesh,poached	HOKI	SMOKED	
K122	Hoki,smoked,flesh,raw	HOKI	SMOKED	
K132	Javelin fish,flesh,raw	JAVELIN FISH		
K165	Kahawai,flesh,baked	KAHAWAI		
K157	Kahawai,flesh,deep fried in peanut oil	KAHAWAI		
K151	Kahawai,flesh,grilled	KAHAWAI		
K159	Kahawai,flesh,microwaved	KAHAWAI		
K29	Kahawai,flesh,raw	KAHAWAI		
K125	Kahawai,flesh with bones,canned	KAHAWAI		
K113	Kingfish,flesh,raw	KINGFISH		
K112	Leatherjacket,flesh,raw	LEATHERJACKET		
K30	Ling,flesh,raw	LING		
K184	Mackerel,canned,drained	MACKEREL		
K31	Mackerel,fried	MACKEREL		
K104	Mackerel,Blue,flesh,raw	MACKEREL	BLUE	
K32	Mackerel,Jack,T.declivis,flesh,raw	MACKEREL	JACK	
K103	Mackerel,Jack,T.novaezelandiae,flesh,raw	MACKEREL	JACK	
K110	Mackerel,Peruvian Jack,T.murphyi,fl,raw	MACKEREL	PERUVIAN JACK	
K33	Monkfish,flesh,raw	MONKFISH		
K114	Moonfish,flesh,raw	MOONFISH		
K155	Mullet,Yellow Eyed,flesh,raw	MULLET	YELLOW EYED	
K78	Orange Roughy,flesh,baked	ORANGE ROUGHY		
K79	Orange Roughy,flesh,deepfried,peanutoil	ORANGE ROUGHY		
K80	Orange Roughy,flesh,grilled	ORANGE ROUGHY		
K81	Orange Roughy,flesh,microwaved	ORANGE ROUGHY		
K34	Orange Roughy,flesh,raw	ORANGE ROUGHY		
K35	Oreo Dory,Black,flesh,raw	OREO DORY	BLACK	
K36	Oreo Dory,Smooth,flesh,raw	OREO DORY	SMOOTH	
K111	Parore,flesh,raw	PARORE		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
K37	Pilchards,canned in tomato sauce	PILCHARDS		
K164	Pink Scorpion fish,flesh,raw	PINK SCORPION FISH		
K130	Porae,flesh,raw	PORAE		
K120	Rattail,Kaiyomaru,flesh,raw	RATTAIL	KAIYOMARU	
K147	Rattail,Ridge,scaled,flesh,raw	RATTAIL	RIDGE,SCALED	
K126	Rattail,Smooth,flesh,raw	RATTAIL	SMOOTH	
K142	Rattail,Unicorn,flesh,raw	RATTAIL	UNICORN	
K160	Rays Bream,flesh,raw	RAYS BREAM		
K106	Ribaldo,flesh,raw	RIBALDO		
K38	Rig,flesh,raw	RIG		
K156	Rudderfish,flesh,raw	RUDDERFISH		
K167	Salmon,flesh,smoked,export quality	SALMON		
K186	Salmon,Chum,canned,drained	SALMON	CHUM	
K188	Salmon,King,fillet,raw	SALMON	KING	
K39	Salmon,Quinnat,flesh,raw	SALMON	QUINNAT	
K40	Salmon,Red,canned	SALMON	RED	
K185	Salmon,Sockeye,canned,drained	SALMON	SOCKEYE	
K42	Sardines,drained solids,canned	SARDINES		
K41	Sardines,fish & oil,canned	SARDINES		
K182	Sardines in tomato sauce,canned	SARDINES	IN TOMATO SAUCE	
K150	Sea Perch,flesh,raw	SEA PERCH		
K149	Shark,Pale Ghost,flesh,raw	SHARK	PALE GHOST	
K119	Shark,Porbeagle,flesh,raw	SHARK	PORBEAGLE	
K43	Shark,School,flesh,raw	SHARK	SCHOOL	
K115	Shark,Short-finned,Mako,flesh,raw	SHARK	SHORT-FINNED,MAKO	
K108	Silver Dory,flesh,raw	SILVER DORY		
K89	Snapper,flesh,baked	SNAPPER		
K90	Snapper,flesh,deep fried in peanut oil	SNAPPER		
K91	Snapper,flesh,grilled	SNAPPER		
K92	Snapper,flesh,microwaved	SNAPPER		
K44	Snapper,flesh,raw	SNAPPER		
K46	Sole,New Zealand,flesh,raw	SOLE		
K45	Sole,lemon,flesh,raw	SOLE	LEMON	
K118	Southern Blue Whiting,flesh,raw	SOUTHERN BLUE WHITING		
K117	Swordfish,flesh,raw	SWORDFISH		
K64	Tarakihi,flesh,baked	TARAKIHI		
K65	Tarakihi,flesh,deep fried in peanut oil	TARAKIHI		
K66	Tarakihi,flesh,grilled	TARAKIHI		
K71	Tarakihi,flesh,microwaved	TARAKIHI		
K47	Tarakihi,flesh,raw	TARAKIHI		
K146	Toadfish,Pale,flesh,raw	TOADFISH	PALE	
K133	Trevally,flesh,baked	TREVALLY		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
K144	Trevally,flesh,deep fried	TREVALLY		
K127	Trevally,flesh,grilled	TREVALLY		
K139	Trevally,flesh,microwaved	TREVALLY		
K48	Trevally,flesh,raw	TREVALLY		
K99	Trout,Brown,flesh,baked	TROUT	BROWN	
K49	Trout,Brown,flesh,raw	TROUT	BROWN	
K100	Trout,Rainbow,flesh,baked	TROUT	RAINBOW	
K50	Trout,Rainbow,flesh,raw	TROUT	RAINBOW	
K183	Tuna,canned in brine,drained	TUNA		
K101	Tuna,in brine,canned,drained	TUNA	ALBACORE	
K51	Tuna,Albacore,flesh,raw	TUNA	ALBACORE	
K116	Tuna,Butterfly,flesh,raw	TUNA	BUTTERFLY	
K187	Tuna,in oil,canned,drained	TUNA	IN OIL	
K189	Tuna,in spring water,canned,drained	TUNA	IN SPRING WATER	
K52	Tuna,Skipjack,canned in oil	TUNA	SKIPJACK	
K153	Tuna,Skipjack,canned in brine	TUNA	SKIPJACK	
K177	Tuna,Skipjack,flesh,raw	TUNA	SKIPJACK	
K158	Tuna,Slender,flesh,raw	TUNA	SLENDER	
K102	Tuna,Southern Bluefin,flesh,raw	TUNA	SOUTHERN BLUEFIN	
K53	Warehou,Blue,flesh,raw	WAREHOU	BLUE	
K54	Warehou,Silver,flesh,raw	WAREHOU	SILVER	
K137	Warehou,White,flesh,raw	WAREHOU	WHITE	
L212	Apple,flesh,fresh	APPLE		
L18	Apple,combined cultivars,fl&s,fresh	APPLE		Combined cultivars
L12	Apple,cooking,with sugar,baked	APPLE	COOKING	
L14	Apple,cooking,flesh,fresh	APPLE	COOKING	
L13	Apple,cooking,flesh,w/o sugar,baked	APPLE	COOKING	
L15	Apples,cooking,fl&jui,w/sugar,stewed	APPLE	COOKING	
L16	Apples,cooking,fl&jui,stewed w/o sugar	APPLE	COOKING	
L1	Apple,Cox's orange,flesh & skin,fresh	APPLE	COX'S ORANGE	
L2	Apple,Delicious,flesh & skin,fresh	APPLE	DELICIOUS	
L17	Apple,dessert,flesh,fresh	APPLE	DESSERT	
L3	Apple,Dunn's Favourite,flesh&skin,fresh	APPLE	DUNN'S FAVOURITE	
L4	Apple,Gala,flesh & skin,fresh	APPLE	GALA	
L5	Apple,Golden Delicious,flesh&skin,fresh	APPLE	GOLDEN DELICIOUS	
L6	Apple,Granny Smith,flesh & skin,fresh	APPLE	GRANNY SMITH	
L7	Apple,Gravenstein,flesh & skin,fresh	APPLE	GRAVENSTEIN	
L8	Apple,Jonathan,flesh & skin,fresh	APPLE	JONATHAN	
L9	Apple,Kidd's Orange,flesh & skin,fresh	APPLE	KIDD'S ORANGE	
L10	Apple,Red Delicious,flesh & skin,fresh	APPLE	RED DELICIOUS	
L11	Apple,Sturmer,flesh & skin,fresh	APPLE	STURMER	
L214	Apricots,canned in syrup,drained	APRICOT		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
L26	Apricots,dried	APRICOT		
L23	Apricot,flesh & skin,fresh	APRICOT		
L28	Apricots,dried,frt&jui,stewed w/o sugar	APRICOT		
L213	Apricots,canned in juice	APRICOT		
L24	Apricots,fruit & juce,stewed with sugar	APRICOT		
L25	Apricots,fruit & juice,stewed w/o sugar	APRICOT		
L211	Apricots,canned in light syrup	APRICOT		
L22	Apricots,fruit and syrup,canned	APRICOT		
L195	Apricots,cnd in light syp,sk&fl,not drnd	APRICOT		
L27	Apricots,dried,stewed w/ sugar	APRICOT	DRIED	
L19	Apricot,Moorpark,flesh and skin,fresh	APRICOT	MOORPARK	
L20	Apricot,Steven's Favourite,fl&s,fresh	APRICOT	STEVEN'S FAVOURITE	
L21	Apricot,Sundrop,flesh & skin,fresh	APRICOT	SUNDROP	
L221	Avocado,California	AVOCADO	CALIFORNIA	
L29	Avocado,Fuerte,flesh,fresh	AVOCADO	FUERTE	
L30	Avocado,Haas,flesh,fresh	AVOCADO	HAAS	
L31	Babaco,flesh,fresh	BABACO		
L187	Banana,fried in oil	BANANA		
L32	Banana,flesh,fresh	BANANA		
L222	Banana,chips,deep fried	BANANA	CHIPS	
L190	Banana,cooking,fresh	BANANA	COOKING	
L185	Banana,cooking,in unsalted water,boiled	BANANA	COOKING	
L186	Banana,opine,cooking,baked	BANANA	COOKING	opine
L33	Bilberries,fresh	BILBERRIES		
L34	Blackberries,fresh	BLACKBERRIES		
L35	Blackberries,fruit&juice,stewed w/sugar	BLACKBERRIES		
L36	Blackberries,frt&jui,stewed w/o sugar	BLACKBERRIES		
L37	Blackberries,frozen,unsweetened	BLACKBERRIES	THORNLESS	
L39	Blueberries,Jersey,unsweetened,frozen	BLUEBERRIES	JERSEY	
L40	Boysenberry,fresh	BOYSENBERRY		
L41	Boysenberry,Thorny Strain,unsw,frozen	BOYSENBERRY	THORNY STRAIN	
L188	Breadfruit,baked	BREADFRUIT		
L189	Breadfruit,boiled	BREADFRUIT		
L45	Cherries,flesh & skin,fresh	CHERRIES		
L46	Cherries,Bing,flesh & skin,fresh	CHERRIES	BING	
L42	Cherries,cooking,flesh & skin,fresh	CHERRIES	COOKING	
L43	Cherries,cooking,frt&jui,stewed w/sugar	CHERRIES	COOKING	
L44	Cherries,cooking,frt&jui,stw w/o sugar	CHERRIES	COOKING	
L47	Cherries,Dawson,flesh & skin,fresh	CHERRIES	DAWSON	
L48	Cranberries,fresh	CRANBERRIES		
L49	Currants,dried	CURRANTS		
L50	Currants,Black,fresh	CURRANTS	BLACK	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
L51	Currants,Black,frt&jui,stewed w/sugar	CURRENTS	BLACK	
L52	Currants,Black,frt&jui,stewed w/o sugar	CURRENTS	BLACK	
L38	Currants,Black,Magnus,unsweetened,frozen	CURRENTS	BLACK,MAGNUS	
L53	Currants,Red,fresh	CURRENTS	RED	
L54	Currants,Red,frt&jui,stewed w/sugar	CURRENTS	RED	
L55	Currants,Red,stewed w/o sugar	CURRENTS	RED	
L56	Currants,White,fresh	CURRENTS	WHITE	
L57	Currants,White,frt&jui,stewed w/sugar	CURRENTS	WHITE	
L58	Currants,WWhite,frt&jui,stewed w/o sugar	CURRENTS	WHITE	
L192	Custard apple,flesh,fresh	CUSTARD APPLE		
L59	Damsons,flesh & skin,fresh	DAMSONS		
L60	Damsons,fruit & juice,stewed with sugar	DAMSONS		
L61	Damsons,fruit & juice,stewed w/o sugar	DAMSONS		
L62	Dates,dried,flesh and skin	DATES		
L67	Feijoas,comb.cultivars,flesh,fresh	FEIJOAS		Combined cultivars
L63	Feijoas,Coolidge,flesh,fresh	FEIJOAS	COOLIDGE	
L64	Feijoas,Mammoth,flesh,fresh	FEIJOAS	MAMMOTH	
L65	Feijoas,Superb,flesh,fresh	FEIJOAS	SUPERB	
L66	Feijoas,Triumph,flesh,fresh	FEIJOAS	TRIUMPH	
L71	Figs,Green,fresh	FIGS		
L69	Figs,dried,fruit & juice,stewed w/sugar	FIGS		
L68	Figs,dried,whole fruit	FIGS		
L70	Figs,dried,fruit&juice,stewed w/o sugar	FIGS	DRIED	
L73	Fruit salad,fresh	FRUIT SALAD		
L74	Fruit salad,fruit and syrup,canned	FRUIT SALAD		
L75	Gooseberries,green,fl,skin&seeds,fresh	GOOSEBERRIES		
L78	Gooseberries,flesh,skin & seeds,fresh	GOOSEBERRIES		
L76	Gooseberries,fruit&juice,stewed w/sugar	GOOSEBERRIES		
L77	Gooseberries,fruit&juice,stw w/o sugar	GOOSEBERRIES		
L80	Grapefruit,flesh,fresh	GRAPEFRUIT		
L79	Grapefruit,flesh & syrup,canned	GRAPEFRUIT		
L81	Grapefruit,Morrison's seedless,fl,fresh	GRAPEFRUIT	MORRISON'S SEEDLESS	
L82	Grapes,Black,flesh,fresh	GRAPES	BLACK	
L83	Grapes,White,flesh & skin,fresh	GRAPES	WHITE	
L84	Greengages,flesh and skin,flesh	GREENGAGES		
L86	Greengages,frt&jui,stewed w/o sugar	GREENGAGES		
L85	Greengages,fruit&juice,stewed with sugar	GREENGAGES		
L87	Guava,fruit and syrup,canned	GUAVA		
L216	Guava,fresh	GUAVA	FRESH	
L89	Kiwifruit,fl & sds,comb. cultivars,fresh	KIWIFRUIT		Combined cultivars
L88	Kiwifruit,Bruno,flesh & seeds,fresh	KIWIFRUIT	BRUNO	
L90	Kiwifruit,Hayward,flesh and seeds,fresh	KIWIFRUIT	HAYWARD	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
L183	Lemon,flesh,fresh	LEMON		
L92	Lemon,flesh & skin,fresh	LEMON		
L91	Lemon,juice,freshly extracted	LEMON		
L184	Lemon,peel,fresh	LEMON		
L94	Loganberries,fresh	LOGANBERRIES		
L93	Loganberries,fruit & juice,canned	LOGANBERRIES		
L95	Loganberries,fruit&juice,stewed w/sugar	LOGANBERRIES		
L96	Loganberries,frt&jui,stewed w/o sugar	LOGANBERRIES		
L98	Lychees,flesh,fresh	LYCHEES		
L97	Lychees,fruit & syrup,canned	LYCHEES		
L194	Mandarin,flesh,fresh	MANDARIN		
L99	Mandarins,fruit & syrup,canned	MANDARIN		
L101	Mango,flesh,fresh	MANGO		
L100	Mangoes,fruit and syrup,canned	MANGO		
L102	Medlars,flesh,fresh	MEDLARS		
L104	Melon,Cantaloupe,flesh,fresh	MELON	CANTALOUPE	
L105	Melon,Honeydew,flesh,fresh	MELON	HONEYDEW	
L106	Melon,Rock,comb. cultivars,flesh,fresh	MELON	ROCK	Combined cultivars
L103	Melon,Rock,Winstone Hybrid 1,flesh,fresh	MELON	ROCK,WINSTONE HYBRID NO.1	
L196	Mixed fruit,dried	MIXED FRUIT		
L108	Mulberries,fresh	MULBERRIES		
L218	Nectarine,flesh,fresh	NECTARINE		
L111	Nectarine,flesh and skin,fresh	NECTARINE		
L109	Nectarine,Fantasia,flesh & skin,fresh	NECTARINE	FANTASIA	
L110	Nectarine,Red Gold,flesh & skin,fresh	NECTARINE	RED GOLD	
L112	Olives,in brine,bottled	OLIVES		
L114	Orange,flesh,fresh	ORANGE		
L113	Orange,juice,freshly extracted	ORANGE		
L115	Papaya,fruit and juice,canned	PAPAYA		
L116	Passion fruit,flesh and seeds,fresh	PASSION FRUIT		
L191	Pawpaw,Australian,fresh	PAWPAW	AUSTRALIAN	
L124	Peaches,canned,syrup drained	PEACH		
L125	Peaches,canned,syrup not drained	PEACH		
L127	Peaches,dried	PEACH		
L128	Peaches,dried,stewed with sugar	PEACH		
L217	Peach,flesh,fresh	PEACH		
L126	Peaches,flesh and skin,fresh	PEACH		
L206	Peaches,canned in juice	PEACH		
L203	Peaches,canned in pear juice,drained	PEACH		
L129	Peaches,dried,stewed without sugar	PEACH		
L180	Peaches,in pear juice,canned	PEACH		
L209	Peaches,canned in light syrup	PEACH		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
L117	Peach,Flamecrest,flesh and skin,fresh	PEACH	FLAMECREST	
L118	Peach,Golden Dust,flesh & skin,fresh	PEACH	GOLDEN DUST	
L119	Peach,Golden Queen,flesh & skin,fresh	PEACH	GOLDEN QUEEN	
L120	Peach,Mary's Choice,flesh & skin,fresh	PEACH	MARY'S CHOICE	
L121	Peach,Million Dollar,flesh&skin,fresh	PEACH	MILLION DOLLAR	
L122	Peach,Red Haven,flesh & skin,fresh	PEACH	RED HAVEN	
L123	Peach,Springcrest,flesh & skin,fresh	PEACH	SPRINGCREST	
L135	Pears,canned,w/syrup	PEAR		
L139	Pear,flesh,fresh	PEAR		
L220	Pears,canned in pear juice,drained	PEAR		
L204	Pears,canned in pear juice	PEAR		
L210	Pears,canned in light syrup	PEAR		
L141	Pears,comb.cultivars,canned,w/syrup	PEAR		Combined cultivars
L140	Pears,combined cultivars,fl&s,fresh	PEAR		Combined cultivars
L130	Pear,Buerre Bosc,flesh and skin,fresh	PEAR	BUERRE BOSC	
L137	Pears,cooking,with sugar,stewed	PEAR	COOKING	
L136	Pear,cooking,flesh,fresh	PEAR	COOKING	
L138	Pears,cooking,fl&jui,w/o sugar,stewed	PEAR	COOKING	
L131	Pear,Louise Bonne de Jersey,fl&s,fresh	PEAR	LOUISE BONNE DE JERSEY	
L219	Pear,Nashi,flesh,fresh	PEAR	NASHI	
L208	Pear,Nashi,flesh and skin,fresh	PEAR	NASHI	
L132	Pear,Packham's Triumph,flesh&skin,fresh	PEAR	PACKHAM'S TRIUMPH	
L134	Pear,Williams' bon Chretien,cnd,syp.drnd	PEAR	WILLIAMS' BON CHRETIEN	
L133	Pear,Williams' bon Chretien,fl&s,fresh	PEAR	WILLIAMS' BON CHRETIEN	
L178	Persimmon,flesh,fresh	PERSIMMON		
L72	Pie filling,fruit,assorted,canned	PIE FILLING	FRUIT	
L202	Pineapple,canned in heavy syrup	PINEAPPLE		
L197	Pineapple,unripe,flesh	PINEAPPLE		
L201	Pineapple,flesh,cnd in pineapple juice	PINEAPPLE		
L144	Pineapple,flesh,fresh	PINEAPPLE		
L143	Pineapple,canned,w/syrup	PINEAPPLE		
L198	Pineapple,cnd in pineapple juice,drained	PINEAPPLE		
L205	Pineapple,canned in light syrup	PINEAPPLE		
L142	Pineapple,canned,w/o syrup	PINEAPPLE		
L155	Plum,combined cultivars,fl&s,fresh	PLUM		Combined cultivars
L146	Plum,Black Doris,flesh & skin,fresh	PLUM	BLACK DORIS	
L147	Plum,Coe's Golden Drop,flesh&skin,fresh	PLUM	COE'S GOLDEN DROP	
L152	Plum,cooking,flesh & skin,fresh	PLUM	COOKING	
L153	Plums,cooking,stewed with sugar	PLUM	COOKING	
L154	Plums,cooking,stewed w/o sugar	PLUM	COOKING	
L148	Plums,canned,syrup drained	PLUM	GEORGE WILSON	
L149	Plum,Omega,flesh and skin,fresh	PLUM	OMEGA	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
L150	Plum,Paterson Late,flesh and skin,fresh	PLUM	PATERSON LATE	
L151	Plum,Victoria Dessert,flesh&skin,fresh	PLUM	VICTORIA DESSERT	
L156	Pomegranate,juice,fresh extract	POMEGRANATE		
L157	Prunes,dried,flesh and skin	PRUNES		
L158	Prunes,dried,stewed with sugar	PRUNES		
L159	Prunes,dried,stewed w/o sugar	PRUNES		
L215	Quince,stewed with sugar	QUINCE		
L160	Quince,flesh,fresh	QUINCE		
L161	Raisins,seedless	RAISINS	SEEDLESS	
L163	Raspberries,fresh	RASPBERRIES		
L164	Raspberries,with sugar,stewed	RASPBERRIES		
L165	Raspberries,without sugar,stewed	RASPBERRIES		
L162	Raspberries,canned,syrup not drained	RASPBERRIES		
L166	Raspberries,Marcy,frozen,unsweetened	RASPBERRIES	MARCY	
L170	Rhubarb,w/o sugar,stewed,drained	RHUBARB		
L167	Rhubarb,raw	RHUBARB		
L168	Rhubarb,w/sugar,stewed	RHUBARB		
L169	Rhubarb,w/o sugar,stewed	RHUBARB		
L172	Strawberries,fresh	STRAWBERRIES		
L171	Strawberries,canned,syrup not drained	STRAWBERRIES		
L173	Sultanas	SULTANAS		
L174	Tamarillo,Red,flesh and seeds,fresh	TAMARILLO	RED	
L175	Tamarillo,Yellow,flesh and seeds,fresh	TAMARILLO	YELLOW	
L179	Tangelo,flesh,fresh	TANGELO		
L176	Tangerine,flesh,fresh	TANGERINE		
L177	Watermelon,flesh,fresh	WATERMELON		
M135	Sheep,liver,raw	-		liver
M520	Albatross,lean and skin,steamed	ALBATROSS		
M530	Albatross,lean,fat and skin,raw	ALBATROSS		
M463	Albatross,separable lean,raw	ALBATROSS		Composite cuts
M451	Albatross,separable lean,cooked	ALBATROSS		Composite cuts
M1	Beef,blade steak,lean,raw	BEEF		Blade steak
M187	Beef,blade steak,lean,stewed,drained	BEEF		Blade steak
M329	Beef,blade steak,lean & fat,raw	BEEF		Blade steak
M6	Beef,bolar roast,lean,raw	BEEF		Bolar roast
M621	Beef,brisket,corned,boiled (Povi Masima)	BEEF		Brisket
M4	Beef,brisket,lean,raw	BEEF		Brisket
M3	Beef,brisket,lean&fat,raw	BEEF		Brisket
M545	Beef,comp cuts,lean&fat,trimmed,raw	BEEF		composite cuts
M543	Beef,comp cuts,lean&fat,trimmed,cooked	BEEF		composite cuts
M542	Beef,composite cuts,lean,cooked	BEEF		composite cuts
M9	Beef,composite cuts,lean,raw	BEEF		composite cuts

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M10	Beef,corned beef,canned	BEEF		corned beef
M397	Beef,fillet steak,lean & fat,grilled	BEEF		fillet steak
M192	Beef,fillet steak,lean&fat,raw	BEEF		fillet steak
M191	Beef,fillet steak,lean,grilled	BEEF		fillet steak
M224	Beef,fillet steak,lean,raw	BEEF		fillet steak
M14	Beef,heart,raw	BEEF		heart
M195	Beef,heart,stewed	BEEF		heart
M15	Beef,kidney,raw	BEEF		kidney
M16	Beef,kidney,stewed	BEEF		kidney
M18	Beef,liver in flour,stewed	BEEF		liver
M17	Beef,liver,raw	BEEF		liver
M225	Beef,mince,lean&fat(20%),raw	BEEF		mince
M581	Beef,mince,lean&fat(20%),stewed,drained	BEEF		mince
M544	Beef,mince,lean&fat(6%),fried	BEEF		mince
M582	Beef,mince,lean&fat(6%),raw	BEEF		mince
M583	Beef,mince,lean & fat(6%),stewed,drained	BEEF		mince
M19	Beef,mince,lean,raw	BEEF		mince
M20	Beef,mince,lean,stewed	BEEF		mince
M328	Beef,mince,lean&fat(12%),stewed	BEEF		mince
M21	Beef,oxtail,lean,raw	BEEF		oxtail
M22	Beef,oxtail,lean,salt add,stew	BEEF		oxtail
M54	Beef patty,frozen,fried	BEEF		patty
M55	Beef patty,frozen,uncooked	BEEF		patty
M584	Beef,rump steak,lean & fat,trim,raw	BEEF		rump steak
M26	Beef,rump steak,lean&fat,trimmed,grilled	BEEF		rump steak
M27	Beef,rump steak,lean,grilled	BEEF		rump steak
M23	Beef,rump steak,lean,raw	BEEF		rump steak
M398	Beef,rump steak,lean(80%) & fat,raw	BEEF		rump steak
M396	Beef,rump steak,lean(85%) & fat,raw	BEEF		rump steak
M28	Beef,rump steak,lean(92%) & fat,raw	BEEF		rump steak
M628	Beef,schnitzel,lean,raw	BEEF		Schnitzel
M206	Beef,scotch fillet,lean,grilled	BEEF		scotch fillet
M631	Beef,scotch fillet,lean,raw	BEEF		Scotch fillet
M632	Beef,silverside,lean,raw	BEEF		Silverside
M32	Beef,silverside cured,lean,boiled	BEEF		silverside cured
M33	Beef,silverside cured,boiled	BEEF		silverside cured
M35	Beef,sirloin,lean & fat,roasted	BEEF		sirloin
M36	Beef,sirloin roast,lean,roasted	BEEF		sirloin roast
M213	Beef,sirloin steak,lean&fat,trim,grilled	BEEF		sirloin steak
M34	Beef,sirloin steak,lean&fat,trimmed,raw	BEEF		sirloin steak
M576	Beef,sirloin steak,lean,prime,fried	BEEF		sirloin steak
M226	Beef,sirloin steak,lean,grilled	BEEF		sirloin steak

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M577	Beef,sirloin steak,lean,prime,grilled	BEEF		sirloin steak
M37	Beef,sirloin steak,lean,raw	BEEF		sirloin steak
M579	Beef,sirloin steak,lean,prime,raw	BEEF		sirloin steak
M41	Beef,T-bone steak,lean,raw	BEEF		T-bone steak
M42	Beef,tongue,boiled	BEEF		tongue
M43	Beef,tongue pickled	BEEF		tongue pickled
M585	Beef,topside roast,lean&fat,trimmed,raw	BEEF		topside roast
M45	Beef,topside roast,lean&fat,rm,roasted	BEEF		topside roast
M219	Beef,topside roast,lean,microwaved	BEEF		topside roast
M227	Beef,topside roast,lean,raw	BEEF		topside roast
M46	Beef,topside roast,lean,roasted	BEEF		topside roast
M47	Beef,topside steak,lean,raw	BEEF		topside steak
M610	Beef,tri,pe,simmered	BEEF		Tripe
M49	Beef,schnitzel,crumbed,fried	BEEF		wiener schnitzel
M188	Beef,blade steak,l&f,rm,stewed,drained	BEEF	BLADE STEAK	
M580	Beef,bolar roast,lean & fat,raw,trimmed	BEEF	BOLAR ROAST	
M327	Beef,bolar roast,lean & fat,rm,roasted	BEEF	BOLAR ROAST	
M189	Beef,bolar roast,lean,roasted	BEEF	BOLAR ROAST	
M48	Beef,calf,brain,boiled	BEEF	CALF	brain
M586	Beef,comp cuts,intermuscular fat,cooked	BEEF	COMPOSITE CUTS	
M587	Beef,comp cuts,intermuscular fat,raw	BEEF	COMPOSITE CUTS	
M7	Beef,comp cut,subcutaneous fat,cooked	BEEF	COMPOSITE CUTS	
M8	Beef,comp cut,subcutaneous fat,raw	BEEF	COMPOSITE CUTS	
M2	Beef,corned,silverside,lean&fat,boiled	BEEF	SILVERSIDE	Brisket
M50	Beef,veal,fillet,lean,raw	BEEF	VEAL	fillet
M51	Beef,veal,fillet,lean,roasted	BEEF	VEAL	fillet
M53	Beef and sheep tongue,canned	BEEF AND SHEEP		tongue
M56	Calf and lamb brain,raw	CALF AND LAMB		brain
M615	Casserole,pork w/ plum sauce, stir fried	CASSEROLE	PROK WITH PLUM SAUCE	
M57	Chicken,separable fat,raw	CHICKEN		
M338	Chicken,separable fat,roasted	CHICKEN		
M58	Chicken,skin,raw	CHICKEN		
M348	Chicken,skin,roasted in oven bag	CHICKEN		
M232	Chicken,breast,flesh,grilled	CHICKEN		breast
M336	Chicken,breast,flesh,roasted	CHICKEN		breast
M334	Chicken,breast,flesh,lean,raw	CHICKEN		breast
M349	Chicken,breast,l,f&s,rstd in oven bag	CHICKEN		breast
M353	Chicken,breast,lean,fat & skin,raw	CHICKEN		breast
M359	Chicken,breast,lean & fat,raw	CHICKEN		breast
M339	Chicken,breast,lean&fat,roasted	CHICKEN		breast
M59	Chicken,flesh,boiled	CHICKEN		composite cuts
M239	Chicken,flesh,cooked	CHICKEN		composite cuts

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M61	Chicken,flesh,raw	CHICKEN		composite cuts
M63	Chicken,flesh,roasted	CHICKEN		composite cuts
M244	Chicken,skin,cooked	CHICKEN		composite cuts
M60	Chicken,comp cuts,l,f&s,raw (size 6)	CHICKEN		composite cuts
M62	Chicken,comp cuts,lean,fat&skin,roasted	CHICKEN		composite cuts
M393	Chicken,composite cuts,lean & fat,raw	CHICKEN		composite cuts
M358	Chicken,comp cuts,lean & fat,roasted	CHICKEN		composite cuts
M347	Chicken,comp cuts,l,f&s,raw (size 10)	CHICKEN		composite cuts
M360	Chicken,comp cuts,l,f&s,raw (size 11)	CHICKEN		composite cuts
M392	Chicken,comp cuts,l,f&s,raw (size 7)	CHICKEN		composite cuts
M394	Chicken,comp cuts,l,f&s,raw (size 8)	CHICKEN		composite cuts
M246	Chicken,skin,roasted	CHICKEN		composite cuts
M64	Chicken,dark meat,flesh,boiled	CHICKEN		dark meat
M65	Chicken,dark meat,flesh,raw	CHICKEN		dark meat
M66	Chicken,dark meat,flesh,roasted	CHICKEN		dark meat
M247	Chicken,drumstick,flesh,grilled	CHICKEN		drumstick
M345	Chicken,drumstick,flesh,raw	CHICKEN		drumstick
M343	Chicken,drumstick,flesh,roasted	CHICKEN		drumstick
M352	Chicken,drumstick,l,f&s,rstd,w/oven bag	CHICKEN		drumstick
M362	Chicken,drumstick,lean,fat & skin,raw	CHICKEN		drumstick
M357	Chicken,drumstick,lean&fat,raw	CHICKEN		drumstick
M346	Chicken,drumstick,l&f,rstd in oven bag	CHICKEN		drumstick
M255	Chicken,leg,flesh,grilled	CHICKEN		leg
M67	Chicken,light meat,flesh,boiled	CHICKEN		light meat
M68	Chicken,light meat,flesh,raw	CHICKEN		light meat
M69	Chicken,light meat,roasted	CHICKEN		light meat
M70	Chicken,liver in flour,fried	CHICKEN		liver
M71	Chicken,liver,raw	CHICKEN		liver
M335	Chicken,thigh,flesh,raw	CHICKEN		thigh
M337	Chicken,thigh,flesh,roasted	CHICKEN		thigh
M354	Chicken,thigh,lean,fat&skin,raw	CHICKEN		thigh
M350	Chicken,thigh,l,f&s,rstd in oven bag	CHICKEN		thigh
M342	Chicken,thigh,lean & fat,raw	CHICKEN		thigh
M340	Chicken,thigh,lean&fat,roasted	CHICKEN		thigh
M264	Chicken,wing,flesh,grilled	CHICKEN		wing
M355	Chicken,wing,flesh,raw	CHICKEN		wing
M341	Chicken,wing,flesh,roasted	CHICKEN		wing
M356	Chicken,wing,lean,fat&skin,raw	CHICKEN		wing
M351	Chicken,wing,l,f&s,roasted in oven bag	CHICKEN		wing
M361	Chicken,wing,lean & fat,raw	CHICKEN		wing
M344	Chicken,wing,lean & fat,roasted	CHICKEN		wing
M73	Duck,lean,raw	DUCK		composite cuts

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M75	Duck,lean,w/o skin,roasted	DUCK		composite cuts
M72	Duck,lean,fat & skin,raw	DUCK		composite cuts
M74	Duck,lean,fat & skin,roasted	DUCK		composite cuts
M76	Goat,rib loin chops,lean,raw	GOAT		rib loin chops
M521	Godwit,lean and fat,steamed	GODWIT		
M459	Godwit,separable lean,steamed	GODWIT		composite cuts
M77	Goose,flesh,roasted	GOOSE		
M78	Grouse,flesh,roasted	GROUSE		
M79	Hare,flesh,stewed	HARE		
M466	Kiwi,separable lean,raw	KIWI		composite cuts
M461	Kiwi,separable lean,steamed	KIWI		composite cuts
M483	Kiwi,separable lean & fat,raw	KIWI		composite cuts
M528	Muttonbird,lean,fat & skin,raw	MUTTONBIRD		
M529	Muttonbird,lean and fat,raw	MUTTONBIRD		
M531	Muttonbird,lean and fat,cooked	MUTTONBIRD		
M486	Muttonbird,separable fat,raw	MUTTONBIRD		composite cuts
M477	Muttonbird,separable fat,cooked	MUTTONBIRD		composite cuts
M472	Muttonbird,lean,raw	MUTTONBIRD		composite cuts
M467	Muttonbird,lean,cooked	MUTTONBIRD		composite cuts
M589	Ostrich,composite cuts,muscles,raw	OSTRICH		
M80	Partridge,flesh,roasted	PARTRIDGE		
M81	Pheasant,flesh,roasted	PHEASANT		
M82	Pigeon,flesh,roasted	PIGEON		
M612	Pork midlion w/mushroom & bcn sce	PORK		
M84	Pork,belly rashers,lean&fat,raw	PORK		belly rashers
M83	Pork,belly rashers,lean & fat,grilled	PORK		belly rashers
M275	Pork,belly slices,lean,grilled	PORK		belly slices
M278	Pork,shoulder,lean,roasted	PORK		boned shoulder
M87	Pork,separable hard fat,cooked	PORK		composite cuts
M88	Pork,separable hard fat,raw	PORK		composite cuts
M449	Pork,comp cuts,intramuscular fat,cooked	PORK		composite cuts
M439	Pork,comp cuts,intramuscular fat,raw	PORK		composite cuts
M89	Pork,separable lean,raw	PORK		composite cuts
M85	Pork,composite cuts,lean & fat,raw	PORK		composite cuts
M446	Pork,separable soft fat,cooked	PORK		composite cuts
M427	Pork,separable soft fat,raw	PORK		composite cuts
M442	Pork,skin,cooked	PORK		composite cuts
M452	Pork,skin,raw	PORK		composite cuts
M507	Pork,loin steak,lean & fat,raw	PORK		fillet steak
M429	Pork,scotch fillet,lean,grilled	PORK		forequarter,scotch fillet steak
M465	Pork,shoulder roast,l,s&f,roasted	PORK		forequarter,shoulder roast
M282	Pork,ham steak,lean&fat,grilled	PORK		ham steak

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M90	Pork,heart,raw	PORK		heart
M91	Pork,kidney,raw	PORK		kidney
M92	Pork,kidney,stewed,salt added	PORK		kidney
M535	Pork,leg roast,lean,raw	PORK		Leg roast
M533	Pork,leg roast,lean,roasted	PORK		leg roast
M415	Pork,leg roast,lean,fat & skin,raw	PORK		Leg roast
M458	Pork,leg roast,lean,fat & skin,roasted	PORK		Leg roast
M93	Pork,leg roast,lean & fat,raw	PORK		leg roast
M498	Pork,leg roast,lean&fat,roasted	PORK		leg roast
M95	Pork,leg shank,lean,roasted	PORK		leg shank
M94	Pork,leg shank,lean & fat,rstd	PORK		leg shank
M285	Pork,leg steak,lean,grilled	PORK		leg steak
M421	Pork,leg steak,lean,raw	PORK		leg steak
M411	Pork,leg steak,lean,stewed	PORK		leg steak
M503	Pork,leg steak,lean&fat,stewed	PORK		Leg steak
M286	Pork,leg steak,lean&fat,grilled	PORK		leg steak
M468	Pork,leg steak,lean & fat,raw	PORK		Leg steak
M96	Pork,liver,raw	PORK		liver
M97	Pork,liver in flour,stewed	PORK		liver
M99	Pork,loin chops,lean,grilled	PORK		loin chops
M417	Pork,loin medallion,lean,raw	PORK		Loin medallion
M476	Pork,loin medallion,lean&fat,grilled	PORK		loin medallion
M413	Pork,loin medallion,lean & fat,raw	PORK		Loin medallion
M441	Pork,loin steak,lean,raw	PORK		Loin steak
M514	Pork,loin steak,lean&fat,grilled	PORK		Loin steak
M434	Pork,loin,medallion,lean,grilled	PORK		loin,medallion
M98	Pork,midloin chop,lean & fat,grilled	PORK		loin,midloin chop
M419	Pork,midloin chop,lean,microwaved	PORK		mid loin chop
M448	Pork,midloin chop,lean,fried	PORK		midloin chop
M540	Pork,midloin chop,lean,raw	PORK		midloin chop
M490	Pork,midloin chop,lean,roasted	PORK		midloin chop
M485	Pork,midloin chop,lean,skin & fat,raw	PORK		midloin chop
M469	Pork,midloin chop,lean,fat&skin,grilled	PORK		midloin chop
M100	Pork,midloin chop,lean & fat,raw	PORK		midloin chop
M517	Pork,midloin chop,lean&fat,microwaved	PORK		midloin chop
M513	Pork,midloin chop,lean & fat,fried	PORK		midloin chop
M438	Pork,midloin chop,lean & fat,roasted	PORK		midloin chop
M539	Pork,mince,grilled	PORK		mince
M537	Pork,mince,raw	PORK		mince
M409	Pork,schnitzel,lean,fried	PORK		schnitzel
M433	Pork,schnitzel,lean,raw	PORK		schnitzel
M443	Pork,schnitzel,lean,fat & skin,raw	PORK		schnitzel

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M404	Pork,schnitzel,lean & fat,fried	PORK		schnitzel
M420	Pork,scotch fillet steak,lean,raw	PORK		scotch fillet steak
M509	Pork,scotch fillet steak,lean&fat,raw	PORK		scotch fillet steak
M505	Pork,scotch fillet steak,l&f,grilled	PORK		scotch fillet steak
M538	Pork,shoulder roast,lean,raw	PORK		shoulder roast
M532	Pork,shoulder roast,lean,roasted	PORK		shoulder roast
M410	Pork,shoulder roast,lean,skin & fat,raw	PORK		shoulder roast
M527	Pork,shoulder roast,l,s&f,trimmed,raw	PORK		shoulder roast
M524	Pork,shoulder roast,lean & fat,roasted	PORK		shoulder roast
M620	Pork,spare ribs,stewed (boil-up)	PORK		Spare ribs
M618	Pork,bacon,rashers,lean and fat,fried	PORK	BACON	
M619	Pork,bacon,rashers,lean & fat,grilled	PORK	BACON	
M109	Pork,bacon,separable fat,cooked	PORK	BACON	composite cuts
M110	Pork,bacon,separable fat,raw	PORK	BACON	composite cuts
M107	Pork,bacon,lean,uncooked	PORK	BACON	composite cuts
M108	Pork,bacon,lean&fat,uncooked	PORK	BACON	composite cuts
M119	Pork,bacon,rashers,lean,fried	PORK	BACON	rashers,composite of back,middle and streaky
M120	Pork,bacon,rashers,lean,grilled	PORK	BACON	rashers,composite of back,middle and streaky
M611	Pork,bacon with cider & raisin,boiled	PORK	BACON WITH CIDER AND RAISIN	
M125	Pork,ham,canned	PORK	HAM	
M124	Pork,ham	PORK	HAM	
M597	Pork,ham,steak,uncooked	PORK	HAM	steak
M416	Pork,loin,fillet steak,lean,grilled	PORK	LOIN	fillet steak
M613	Pork,mince,loaf,baked	PORK	MINCE	loaf
M614	Pork w/ sage&onion stufg,roast	PORK	WITH SAGE AND ONION STUFFING	
M526	Pukeko,lean,fat and skin,raw	PUKEKO		
M457	Pukeko,separable lean,raw	PUKEKO		composite cuts
M470	Pukeko,separable lean,steamed	PUKEKO		composite cuts
M126	Rabbit,flesh,stewed	RABBIT		
M127	Rabbit,loin and leg,flesh,raw	RABBIT		loin and leg
M128	Sheep,brain,raw	SHEEP		brain
M130	Sheep,lean,raw	SHEEP		composite cuts
M129	Sheep,composite cuts,lean & fat,raw	SHEEP		composite cuts
M132	Sheep,heart,roasted	SHEEP		heart
M136	Sheep,tongue,stewed	SHEEP		tongue
M609	Sheep,lamb,liver,raw	SHEEP	LAMB	
M165	Lamb,shoulder chop,lean&fat,trimmed,raw	SHEEP	LAMB	
M320	Lamb,shoulder chop,lean&fat,stew,trimmed	SHEEP	LAMB	
M332	Lamb,shoulder chop,lean,raw	SHEEP	LAMB	
M319	Lamb,shoulder chop,lean,stewed	SHEEP	LAMB	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M167	Lamb,shoulder,lean&fat,roasted,trimmed	SHEEP	LAMB	
M173	Lamb,shoulder,lean,raw	SHEEP	LAMB	
M166	Lamb,shoulder,lean,roasted	SHEEP	LAMB	
M137	Lamb,brain,boiled	SHEEP	LAMB	brain
M551	Lamb,comp cuts,intermuscular fat,cooked	SHEEP	LAMB	composite cuts
M552	Lamb,comp cuts,intermuscular fat,raw	SHEEP	LAMB	composite cuts
M141	Lamb,comp cuts,lean & fat,trimmed,raw	SHEEP	LAMB	composite cuts
M553	Lamb,comp.cuts,lean&fat,trimmed,cooked	SHEEP	LAMB	composite cuts
M301	Lamb,comp.cuts,lean,cooked	SHEEP	LAMB	composite cuts
M146	Lamb,composite cuts,lean,raw	SHEEP	LAMB	composite cuts
M300	Lamb,comp cuts,subcutaneous fat,cooked	SHEEP	LAMB	composite cuts
M145	Lamb,comp cuts,subcutaneous fat,raw	SHEEP	LAMB	composite cuts
M299	Lamb,forequarter,lean&fat,cooked,trimmed	SHEEP	LAMB	forequarter cuts
M555	Lamb,forequarter,lean&fat,raw,trimmed	SHEEP	LAMB	forequarter cuts
M298	Lamb,forequarter,lean,cooked	SHEEP	LAMB	forequarter cuts
M554	Lamb,forequarter,lean,raw	SHEEP	LAMB	forequarter cuts
M150	Lamb,heart,raw	SHEEP	LAMB	heart
M566	Lamb,hindquarter,lean&fat,cooked,trimmed	SHEEP	LAMB	hindquarter cuts
M556	Lamb,hindquarter,lean&fat,raw,trimmed	SHEEP	LAMB	hindquarter cuts
M557	Lamb,hindquarter,lean,cooked	SHEEP	LAMB	hindquarter cuts
M558	Lamb,hindquarter,lean,raw	SHEEP	LAMB	hindquarter cuts
M151	Lamb,kidney,fried	SHEEP	LAMB	kidney
M304	Lamb,kidney,stewed	SHEEP	LAMB	kidney
M313	Lamb,leg steak,lean,grilled	SHEEP	LAMB	leg steak
M633	sheep,lamb,leg steak,lean,raw	SHEEP	LAMB	leg steak
M155	Lamb,liver in flour,fried	SHEEP	LAMB	liver
M573	Lamb,loin,lean,multiple cooking method	SHEEP	LAMB	loin
M564	Lamb,midloin chop,lean&fat,fried,trimmed	SHEEP	LAMB	midloin chop
M156	Lamb,midloin chop,lean&fat,grilled,rm	SHEEP	LAMB	midloin chop
M159	Lamb,midloin chop,lean&fat,trimmed,raw	SHEEP	LAMB	midloin chop
M563	Lamb,midloin chop,l&f,rstd,.5mm fat trm	SHEEP	LAMB	midloin chop
M570	Lamb,midloin chop,l&f,rstd,5mm fat trm	SHEEP	LAMB	midloin chop
M565	Lamb,midloin chop,lean&fat,stew,trimmed	SHEEP	LAMB	midloin chop
M559	Lamb,midloin chop,lean,fried	SHEEP	LAMB	midloin chop
M157	Lamb,midloin chop,lean,grilled	SHEEP	LAMB	midloin chop
M160	Lamb,midloin chop,lean,raw	SHEEP	LAMB	midloin chop
M561	Lamb,midloin chop,lean,roasted	SHEEP	LAMB	midloin chop
M562	Lamb,midloin chop,lean,stewed	SHEEP	LAMB	midloin chop
M625	Sheep,lamb,mince,lean & fat,raw	SHEEP	LAMB	mince
M629	Sheep,lamb,neck chops,lean,raw	SHEEP	LAMB	neck chops
M624	Sheep,lamb,rack,lean,raw	SHEEP	LAMB	rack
M147	Lamb,ribloin chop,lean&fat,grill,trimmed	SHEEP	LAMB	ribloin chop

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M149	Lamb,ribloin chop,lean&fat,trimmed,raw	SHEEP	LAMB	ribloin chop
M148	Lamb,ribloin chop,lean,grilled	SHEEP	LAMB	ribloin chop
M326	Lamb,ribloin chop,lean,raw	SHEEP	LAMB	ribloin chop
M331	Lamb,rump chop,lean&fat,grilled,trimmed	SHEEP	LAMB	rump chop
M399	Lamb,rump chop,lean&fat,raw,trimmed	SHEEP	LAMB	rump chop
M330	Lamb,rump chop,lean,grilled	SHEEP	LAMB	rump chop
M400	Lamb,rump chop,lean,raw	SHEEP	LAMB	rump chop
M152	Lamb,short-cut leg,lean&fat,trimmed,raw	SHEEP	LAMB	short-cut leg
M153	Lamb,short-cut leg,lean&fat,roasted,rm	SHEEP	LAMB	short-cut leg
M134	Lamb,short-cut leg,lean,raw	SHEEP	LAMB	short-cut leg
M154	Lamb,short-cut leg,lean,roasted	SHEEP	LAMB	short-cut leg
M172	Lamb,shoulder,lean & fat,trimmed,raw	SHEEP	LAMB	shoulder
M627	Sheep,lamb,striploin,lean,raw	SHEEP	LAMB	striploin
M168	Lamb,sweetbreads,crumbed,fried	SHEEP	LAMB	sweetbreads
M169	Lamb,sweetbreads,raw	SHEEP	LAMB	sweetbreads
M626	Sheep,lamb,tenderloin,lean,raw	SHEEP	LAMB	tenderloin
M323	Lamb,tongue,boiled	SHEEP	LAMB	tongue
M170	Lamb,tongue,raw	SHEEP	LAMB	tongue
M606	Mutton,Forequarter chop,lean,stewed	SHEEP	MUTTON	
M607	Mutton,forequarter,separable fat,stewed	SHEEP	MUTTON	
M601	Mutton,forequarter,separable fat,roasted	SHEEP	MUTTON	
M600	Mutton,forequarter,lean,roasted	SHEEP	MUTTON	
M599	Mutton,leg,fat,roasted	SHEEP	MUTTON	
M598	Mutton,leg,lean,roasted	SHEEP	MUTTON	
M603	Mutton,loin chop,fat,fried	SHEEP	MUTTON	
M605	Mutton,loin chop,separable fat,grilled	SHEEP	MUTTON	
M604	Mutton,loin chop,lean,grilled	SHEEP	MUTTON	
M602	Mutton,loin chop,lean,fried	SHEEP	MUTTON	
M325	Sheep,mutton,ribloin,lean,roasted	SHEEP	MUTTON	
M622	Sheep,mutton,comp cuts,seperable fat,raw	SHEEP	MUTTON	composite cuts
M623	Sheep,mutton,comp cuts,lean,raw	SHEEP	MUTTON	composite cuts
M502	Sheep,mutton,flaps,dry fried	SHEEP	MUTTON	flaps
M133	Sheep,kidney,raw	SHEEP KIDNEY		
M175	Tripe,stewed in milk	TRIBE		
M174	Tripe,lime treated,raw	TRIBE		
M389	Turkey,breast,flesh,raw	TURKEY		breast
M368	Turkey,breast,flesh,roasted	TURKEY		breast
M374	Turkey,breast,l,f&s,roasted in oven bag	TURKEY		breast
M388	Turkey,breast,lean,fat&skin,raw	TURKEY		breast
M391	Turkey,breast,lean & fat,raw	TURKEY		breast
M370	Turkey,breast,lean&fat,roasted	TURKEY		breast
M177	Turkey,flesh,raw	TURKEY		composite cuts

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M179	Turkey,flesh,roasted	TURKEY		composite cuts
M390	Turkey,separable fat,raw	TURKEY		composite cuts
M376	Turkey,separable fat,roasted	TURKEY		composite cuts
M176	Turkey,composite cuts,lean,fat&skin,raw	TURKEY		composite cuts
M178	Turkey,flesh,fat&skin,roasted	TURKEY		composite cuts
M395	Turkey,composite cuts,lean & fat,raw	TURKEY		composite cuts
M373	Turkey,comp cuts,l&f,roasted in oven bag	TURKEY		composite cuts
M385	Turkey,skin,raw	TURKEY		composite cuts
M378	Turkey,skin,roasted	TURKEY		composite cuts
M180	Turkey,dark meat,flesh,raw	TURKEY		dark meat
M181	Turkey,dark meat,flesh,roasted	TURKEY		dark meat
M382	Turkey,drumstick,flesh,raw	TURKEY		drumstick
M367	Turkey,drumstick,flesh,roasted	TURKEY		drumstick
M375	Turkey,drumstick,l,f&s,rstd in oven bag	TURKEY		drumstick
M377	Turkey,drumstick,lean,fat & skin,raw	TURKEY		drumstick
M381	Turkey,drumstick,lean&fat,raw	TURKEY		drumstick
M372	Turkey,drumstick,lean & fat,roasted	TURKEY		drumstick
M182	Turkey,light meat,flesh,raw	TURKEY		light meat
M183	Turkey,light meat,flesh,roasted	TURKEY		light meat
M383	Turkey,thigh,flesh,raw	TURKEY		thigh
M363	Turkey,thigh,flesh,roasted	TURKEY		thigh
M379	Turkey,thigh,lean,fat&skin,raw	TURKEY		thigh
M369	Turkey,thigh,l,f&s,roasted in oven bag	TURKEY		thigh
M380	Turkey,thigh,lean & fat,raw	TURKEY		thigh
M364	Turkey,thigh,lean & fat,roasted	TURKEY		thigh
M387	Turkey,wing,flesh,raw	TURKEY		wing
M365	Turkey,wing,flesh,roasted	TURKEY		wing
M386	Turkey,wing,lean,fat & skin,raw	TURKEY		wing
M371	Turkey,wing,lean,fat & skin,roasted	TURKEY		wing
M384	Turkey,wing,lean and fat,raw	TURKEY		wing
M366	Turkey,wing,lean & fat,roasted	TURKEY		wing
M186	Venison,loin chop,flesh,raw	VENISON		loin chop
M641	Venison,diced,premium,cooked	VENISON	DICED	Silver Fern brand, Deer Industry NZ
M637	Venison,diced,raw,premium	VENISON	DICED	Silver Fern brand, Deer Industry NZ
M639	Venison,leg medallion,premium,cooked	VENISON	LEG MEDALLION	Silver Fern brand, Deer Industry NZ
M635	Venison,leg medallion,raw,premium	VENISON	LEG MEDALLION	Silver Fern brand, Deer Industry NZ
M642	Venison,mince,premium,cooked	VENISON	MINCE	Silver Fern brand, Deer Industry NZ
M638	Venison,mince,raw,premium	VENISON	MINCE	Silver Fern brand, Deer Industry NZ
M185	Venison,Red Deer,leg,roasted	VENISON	RED DEER	leg
M640	Venison,stir fry,premium,cooked	VENISON	STIR FRY	Silver Fern brand, Deer Industry NZ
M636	Venison,stir fry,raw,premium	VENISON	STIR FRY	Silver Fern brand, Deer Industry NZ
M522	Weka,separable lean and fat,raw	WEKA		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
M510	Weka,lean and fat,steamed	WEKA		
M460	Weka,separable lean,raw	WEKA		composite cuts
M450	Weka,separable lean,steamed	WEKA		composite cuts
M462	Wood Pigeon,separable lean,raw	WOOD PIGEON		composite cuts
M464	Wood Pigeon,lean,steamed	WOOD PIGEON		composite cuts
N36	Bacon,separable fat,dry fried	BACON		
N37	Bacon,separable fat,grilled	BACON		
N34	Bacon,separable lean,dry fried	BACON		
N35	Bacon,separable lean,grilled	BACON		
N40	Beef,corned,silverside,lean	BEEF	CORNED	
N41	Beef,corned,sep fat,silverside,uncooked	BEEF	CORNED	silverside
N1	Beef,veal,jellied loaf,canned	BEEF	VEAL	jellied loaf
N89	Beef,meal,w/ mashed potato veg,microwave	BEEF ROAST	FROZEN MEAL, MASHED POTATO AND VEGETABLES	Heinz Watties
N85	Beef,meal,w/ roast potato veg,microwaved	BEEF ROAST	FROZEN MEAL, ROAST POTATO AND VEGETABLES	Retail
N81	Beef Roast,meal,w/ potato veg,microwaved	BEEF ROAST	FROZEN MEAL, WITH POTATO AND VEGETABLES	Retail
N3	Brawn,uncooked	BRAWN		
N78	Casserole,chicken,frozen meal,microwaved	CASSEROLE	CHICKEN, FROZEN MEAL	Irvines
N88	Chicken Roast,meal,w/potato veg,microw	CHICKEN ROAST	FROZEN MEAL, MASHED POTATO AND VEGETABLES	Heinz Watties
N84	Chicken Roast,meal,w/potato veg,microw	CHICKEN ROAST	FROZEN MEAL, ROAST POTATO AND VEGETABLES	Retail
N80	Chicken Roast,meal,w/potato veg,microw	CHICKEN ROAST	FROZEN MEAL, WITH POTATO AND VEGETABLES	Retail
N4	Cornish pastie	CORNISH PASTIE		
N5	Faggots,uncooked	FAGGOTS		
N6	Frankfurters,precooked	FRANKFURTERS		
N7	Haggis,boiled	HAGGIS		
N33	Ham,off the bone,separable lean,uncooked	HAM	OFF THE BONE	
N66	Ham,sliced,premium	HAM	SLICED	premium
N65	Ham,sliced,sandwich	HAM	SLICED	sandwich
N8	Ham and pork,canned	HAM AND PORK		
N90	Lamb Roast,meal,w/ potato veg,microwaved	LAMB ROAST	FROZEN MEAL, MASHED POTATO AND VEGETABLES	Heinz Watties
N86	Lamb Roast,meal,w/ potato veg,microwaved	LAMB ROAST	FROZEN MEAL, ROAST POTATO AND VEGETABLES	Retail
N82	Lamb Roast,meal,w/ potato veg,microwaved	LAMB ROAST	FROZEN MEAL, WITH POTATO AND VEGETABLES	Retail
N9	Liver sausage,uncooked	LIVER SAUSAGE		
N30	Liverwurst,commercial	LIVERWURST	COMMERCIAL	
N76	Nugget,chicken,battered,baked	NUGGET	CHICKEN	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
N77	Nugget,chicken,battered,fried	NUGGET	CHICKEN	
N58	Nugget,chicken,crumbed,baked	NUGGET	CHICKEN	
N57	Nugget,chicken,crumbed,fried in veg oil	NUGGET	CHICKEN	
N56	Nugget,chicken,crumbed,raw	NUGGET	CHICKEN	
N52	Nugget,chicken,Inghams,battered,baked	NUGGET	CHICKEN	Inghams
N51	Nugget,chicken,Inghams,battered,fried	NUGGET	CHICKEN	Inghams
N50	Nugget,chicken,Inghams,battered,raw	NUGGET	CHICKEN	Inghams
N49	Nugget,chicken,Tegel,battered,baked	NUGGET	CHICKEN	Tegel
N48	Nugget,chicken,Tegel,battered,fried	NUGGET	CHICKEN	Tegel
N47	Nugget,chicken,Tegel,battered,raw	NUGGET	CHICKEN	Tegel
N55	Nugget,chicken,Tegel,cheesy,baked	NUGGET	CHICKEN	Tegel
N54	Nugget,chicken,Tegel,cheesy,fried	NUGGET	CHICKEN	Tegel
N53	Nugget,chicken,Tegel,cheesy,raw	NUGGET	CHICKEN	Tegel
N11	Paste,meat	PASTE	MEAT	
N31	Pastrami,beef	PASTRAMI	BEEF	
N22	Pate,chicken liver	PATE	CHICKEN LIVER	
N23	Pate,pork liver	PATE	PORK LIVER	
N12	Pie,pork,individual size	PIE	PORK	individual size
N32	Ham,off the bone,separable fat,uncooked	PORK	HAM	
N87	Pork,meal,w/ mashed potato veg,microwave	PORK ROAST	FROZEN MEAL, MASHED POTATO AND VEGETABLES	Heinz Watties
N83	Pork Roast,meal,w/ potato veg,microwaved	PORK ROAST	FROZEN MEAL, ROAST POTATO AND VEGETABLES	Retail
N79	Pork Roast,meal,w/ potato veg,microwaved	PORK ROAST	FROZEN MEAL, WITH POTATO AND VEGETABLES	Retail
N44	Sausage,deep fried	SAUSAGE		independent shops
N2	Sausage,black pudding,fried	SAUSAGE	BALCK PUDDING	
N24	Sausage,beef,dry fried	SAUSAGE	BEEF	
N25	Sausage,beef,grilled	SAUSAGE	BEEF	
N26	Sausage,beef,uncooked	SAUSAGE	BEEF	
N29	Sausage,chicken luncheon	SAUSAGE	CHICKEN LUNCHEON	
N63	Sausage,fresh,dry fried,asst meats&flvr	SAUSAGE	FRESH	assorted meats & flavours
N64	Sausage,fresh,grilled,asst meats & flvr	SAUSAGE	FRESH	assorted meats & flavours
N62	Sausage,fresh,raw,asst meats & flvrs	SAUSAGE	FRESH	assorted meats & flavours
N10	Sausage,ham and chicken luncheon	SAUSAGE	HAM AND CHICKEN LUNCHEON	
N38	Sausage,mutton,dry fried	SAUSAGE	MUTTON	
N39	Sausage,mutton,grilled	SAUSAGE	MUTTON	
N14	Sausage,polony,uncooked	SAUSAGE	POLONY	
N16	Sausage,pork,dry fried	SAUSAGE	PORK	
N17	Sausage,pork,grilled	SAUSAGE	PORK	
N18	Sausage,pork,uncooked	SAUSAGE	PORK	
N60	Sausage,preckd,dry fried,asst meats&flvr	SAUSAGE	PRECOOKED	assorted meats & flavours

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
N61	Sausage,preckd,grilled,asst meats & flvr	SAUSAGE	PRECOOKED	assorted meats & flavours
N59	Sausage,precooked,raw,asst meats & flvr	SAUSAGE	PRECOOKED	assorted meats & flavours
N15	Sausage,salami,uncooked	SAUSAGE	SALAMI	
N19	Sausage,saveloy,uncooked	SAUSAGE	SAVELOY	
N21	Sausage,white pudding,uncooked	SAUSAGE	WHITE PUDDING	
N42	Sausage,mutton,raw	SAUSAGE MUTTON RAW		
N43	Saveloy,boiled	SAVELOY		
N20	Stewed steak with gravy,canned	STEWED STEAK WITH GRAVY		
N46	Stock,meat	STOCK	MEAT	
P14	`Bovril'	`BOVRIL'		
P80	`Nutella'	`NUTELLA'		
P16	Oxo cubes	`OXO' CUBES		
P66	Spices,allspice,ground	ALLSPICE		
P21	Allspice,ground	ALLSPICE	POWDER	
P22	Anise seed	ANISE SEED		
P73	Bacon bits,meatless	BACON BITS	MEATLESS	
P1	Baking powder	BAKING POWDER		
P62	Baking soda	BAKING SODA		
P23	Basil,ground	BASIL		
P17	Basil,fresh	BASIL		
P24	Bay leaf,crumbled	BAY LEAF		
P18	Caraway seed	CARAWAY		
P25	Cardamom,ground	CARDAMOM		
P26	Celery seed	CELERY SEED		
P27	Chervil,dried	CHERVIL		
P71	Chewing gum	CHEWING GUM		
P28	Chilli powder	CHILLI	POWDER	
P29	Cinnamon,ground	CINNAMON		
P30	Cloves,ground	CLOVES		
P68	Coffee whitener,powder	COFFEE WHITENER	POWDER	
P31	Coriander leaf,dried	CORIANDER		
P32	Coriander seed	CORIANDER		
P33	Cumin seed	CUMIN		
P2	Curry powder	CURRY POWDER		
P34	Dill seed	DILL SEED		
P35	Dill weed,dried	DILL WEED		
P19	Dill weed,fresh	DILL WEED		
P36	Fennel seed	FENNEL SEED		
P37	Fenugreek seed	FENUGREEK SEED		
P70	Garlic powder	GARLIC POWDER		
P3	Gelatin	GELATIN		
P4	Ginger,dried,ground	GINGER		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
P5	Lemon curd starch base	LEMON CURD STARCH BASE		
P39	Mace,ground	MACE	GROUND	
P40	Marjoram,dried	MARJORAM		
P75	Miso	MISO		
P6	Mustard powder	MUSTARD POWDER		
P41	Mustard seed,yellow	MUSTARD SEED	YELLOW	
P42	Nutmeg,ground	NUTMEG		
P43	Onion,powder	ONION POWDER		
P44	Oregano,ground	OREGANO		
P45	Paprika	PAPRIKA		
P46	Parsley,dried	PARSLEY		
P7	Pepper,black	PEPPER	BLACK	
P47	Pepper,red or cayenne	PEPPER	RED OR CAYENNE	
P48	Pepper,white	PEPPER	WHITE	
P49	Poppy seed	POPPY SEED		
P52	Rosemary,dried	ROSEMARY		
P54	Sage,ground	SAGE		
P9	Salt,block	SALT	BLOCK	
P81	Salt,table,iodised	SALT	TABLE, IODISED	
P10	Salt,table,plain	SALT	TABLE, PLAIN	
P55	Savory,ground	SAVORY		
P72	Seaweed,dried	SEAWEED		
P20	Sesame seeds,dry,decorticated	SESAME SEEDS		
P56	Tarragon,ground	TARRAGON		
P57	Thyme,ground	THYME		
P77	Tofu,fried	TOFU		
P58	Turmeric,ground	TURMERIC		
P11	Vinegar	VINEGAR		
P59	Vinegar,cider	VINEGAR	CIDER	
P12	Yeast,baker's,compressed	YEAST	BAKER'S	
P13	Yeast,baker's,dried	YEAST	BAKER'S	Woolworths
P15	`Marmite'	YEAST EXTRACT	MARMITE	Fortified, Sanitarium
P79	`Promite'	YEAST EXTRACT	PROMITE	Fortified, Master Foods
P61	`Vegemite',Kraft	YEAST EXTRACT	VEGEMITE	Fortified, Kraft
Q45	Almonds,dried,blanched	ALMONDS		
Q1	Almonds,raw	ALMONDS		
Q2	Barcelona nuts,raw	BARCELONA NUTS		
Q3	Beer nuts	BEER NUTS		
Q4	Brazil nuts,raw	BRAZIL NUTS		
Q40	Cashew nuts,raw	CASHEW NUTS		
Q37	Cashew nuts,roasted,unsalted	CASHEW NUTS		
Q5	Cashew nuts,salted,roasted	CASHEW NUTS		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
Q6	Chestnuts,raw	CHESTNUTS		
Q18	Chestnuts,roasted	CHESTNUTS		
Q44	Coconut meat,dried,creamed	COCONUT		
Q8	Coconut,flesh,raw	COCONUT		
Q9	Coconut,desiccated	COCONUT		Pams
Q26	Coconut cream,canned	COCONUT	CREAM	
Q34	Coconut cream,fresh,no water	COCONUT	CREAM	
Q35	Coconut cream,fresh,prepared with water	COCONUT	CREAM	
Q49	Coconut cream,lite,canned	COCONUT	CREAM	Lite
Q10	Coconut milk,raw	COCONUT	MILK	
Q7	Hazelnuts,raw	HAZELNUTS		
Q39	Hazelnuts,dry roasted,unsalted	HAZELNUTS	DRY ROASTED	
Q19	Macadamia nuts,oil roasted	MACADAMIA NUTS		
Q38	Macadamia nuts,unroasted	MACADAMIA NUTS		
Q11	Mixed nuts,raw	MIXED NUTS	RAW	
Q94	Nuts,Pecan,dried,raw	NUTS	PECAN,RAW	
Q48	Peanut butter,smth & crhy,no sug salt add	PEANUT BUTTER	SMOOTH & CRUNCHY	
Q47	Peanut butter,smth & crh,sug add,no salt	PEANUT BUTTER	SMOOTH & CRUNCHY	
Q46	Peanut butter,smth&crhy,sugar&salt added	PEANUT BUTTER	SMOOTH & CRUNCHY	
Q13	Peanut butter,smth&crh,salt add,no sugar	PEANUT BUTTER	SMOOTH AND CRUNCHY	
Q14	Peanuts,raw	PEANUTS		
Q15	Peanuts,salted,dry roasted	PEANUTS		
Q16	Peanuts,salted,oil roasted	PEANUTS		
Q20	Pecan nuts,oil roasted	PECAN NUTS		
Q21	Pine nuts,raw	PINE NUTS		
Q22	Pistachio nuts,raw	PISTACHIO NUTS		
Q23	Pumpkin seeds,roasted	PUMPKIN SEEDS		
Q42	Seeds,pumpkin & squash,kernel,dried,raw	SEEDS	PUMPKIN AND SQUASH, RAW	
Q95	Sesame seeds,whole,dried,raw	SEEDS	SESAME, WHOLE, RAW	
Q41	Sunflower seeds,kernel,dried,raw	SEEDS	SUNFLOWER, RAW	
Q24	Sesame seeds,roasted	SESAME SEEDS		
Q25	Sunflower seeds,oil roasted	SUNFLOWER SEEDS		
Q43	Seeds,sunflower,dry roasted,unsalted	SUNFLOWER SEEDS		
Q27	Tahini	TAHINI		
Q17	Walnuts,raw	WALNUTS		
R606	`Milo',flavoured,commercial drink	`MILO'	FLAVOURED	Commercial drink
R499	Almonds,scorched	ALMONDS	SCORCHED	
R534	Bagel,filled with salmon & cream cheese	BAGEL	FILLED WITH SALMON AND CREAM CHEESE	
R444	Cook Island banana,arrowroot and coconut, poke	BANANA	WITH ARROWROOT AND COCNUT	Cook Island
R407	Baked banana and coconut	BANANA	WITH COCONUT	
R448	Palusami,(beef in taro leaf)	BEEF	CORNED	Palusami

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
R5	Beef,mince,lean,stewed-onion	BEEF	MINCE WITH ONION	
R2	Beef,mince,lean & fat,stewed with onion	BEEF	MINCE WITH ONION	
R6	Beef,mince	BEEF	MINCE WITH VEGETABLES	
R3	Beef,mince,lean&fat,stewed w/ vegetables	BEEF	MINCE WITH VEGETABLES	
R613	Beef,olive,baked	BEEF	OLIVE	
R375	Beef,stir-fried with vegetables	BEEF	WITH VEGETABLES	
R461	Beef with vegetables,stir-fried	BEEF	WITH VEGETABLES	
R584	Biscuit,filled,Ginger Kisses,baked	BISCUIT	FILLED	Ginger Kisses
R578	Bread,garlic,baked	BREAD	GARLIC	
R579	Bread,Rewena,baked	BREAD	REWENA	
R595	Bread,rye,heavy,toasted	BREAD	RYE,HEAVY	
R596	Bread,rye,light,toasted	BREAD	RYE,LIGHT	
R509	Bread,savoury,with cheese&bacon topping	BREAD	SAVOURY,WITH CHEESE AND BACON TOPPING	
R8	Bread,Soda	BREAD	SODA	
R10	Bun,bath/chelsea	BUN	BATH/CHELSEA	
R580	Bun,hot cross,baked	BUN	HOT CROSS	
R466	Bun,roll,white,cheese & bacon topping	BUN	ROLL,WHITE,CHEESE AND BACON TOPPING	
R431	Cook Island coconut buns	BUNS	COCONUT	Cook Island
R556	Burrito,filled w/ beef & beans,no cheese	BURRITO	FILLED WITH BEEF AND BEANS,NO CHEESE	
R11	Cabbage,Red,with apple,cooked	CABBAGE	RED, WITH APPLE	
R159	Cake,banana,uniced (NZR)	CAKE	BANANA	Uniced
R12	Cake,battenburg	CAKE	BATTENBURG	
R570	Cake,carrot with cream cheese icing	CAKE	CARROT,WITH CREAM CHEESE ICING	
R571	Cake,carrot,without icing	CAKE	CARROT,WITHOUT ICING	
R13	Cake,cheesecake	CAKE	CHEESECAKE	
R464	Cake,chocolate	CAKE	CHOCOLATE	
R160	Cake,chocolate,uniced	CAKE	CHOCOLATE	Uniced
R14	Cake,chocolate,butter icing	CAKE	CHOCOLATE	With butter icing
R572	Cake,choc,layered,cream filling&topping	CAKE	CHOCOLATE,LAYERED,CREAM FILLING AND TOPPING	
R573	Cake,choc,layered,mock cream fill&top	CAKE	CHOCOLATE,LAYERED,MOCK CREAM FILLING AND TOPPING	
R15	Cake,eccles	CAKE	ECCLES	
R17	Cake,fruitcake,rich,with icing	CAKE	FRUITCAKE	Rich, with icing
R16	Cake,fruitcake,rich	CAKE	FRUITCAKE, RICH	
R18	Cake,gateaux	CAKE	GATEAUX	
R19	Cake,gingerbread	CAKE	GINGERBREAD	
R20	Cake,rock cake	CAKE	ROCK	
R21	Cake,sponge,high fat	CAKE	SPONGE	High fat
R22	Cake,sponge,low fat	CAKE	SPONGE	Low fat
R23	Cake,sponge,Victoria,butter iced	CAKE	SPONGE, VICTORIA	With butter icing
R574	Cake,sponge,two layers,cream&jam filling	CAKE	SPONGE,TWO LAYERS,CREAM AND JAM FILLING	
R575	Cake,sponge,two layers,mock crm&jam fill	CAKE	SPONGE,TWO LAYERS,MOCK CREAM AND JAM FILLING	
R24	Cake,Welsh cheesecake	CAKE	WELSH CHEESECAKE	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
R404	Canned meat and cabbage,fried	CANNED MEAT	AND CABBAGE	
R504	Capsicum,green,baked	CAPSICUM	GREEN	
R505	Capsicum,red & yellow,baked	CAPSICUM	RED AND YELLOW	
R25	Casserole,cauliflower cheese	CASSEROLE	CAULIFLOWER CHEESE	
R26	Casserole,cheese pudding	CASSEROLE	CHEESE	Pudding
R27	Casserole,chicken with vegetables	CASSEROLE	CHICKEN WITH VEGETABLES	
R28	Casserole,Heart	CASSEROLE	HEART	
R29	Casserole,hot pot	CASSEROLE	HOT POT	
R30	Casserole,liver and onion	CASSEROLE	LIVER AND ONION	
R460	Casserole,mince,lean&fat,w/ veg,stewed	CASSEROLE	MINCE AND VEGETABLES	
R31	Cauliflower in white sauce	CAULIFLOWER	IN WHITE SAUCE	
R566	Cereals,assorted,flakes&puffed,presweet	CEREALS	ASSORTED	
R598	Cheese,log,with fruit	CHEESE	LOG,WITH FRUIT	
R597	Cheese,log,with nuts	CHEESE	LOG,WITH NUTS	
R612	Chicken,Cordon bleu,baked	CHICKEN	CORDON BLEU	
R32	Chicken in white sauce	CHICKEN	IN WHITE SAUCE	
R611	Chicken,Kiev,shallow fried	CHICKEN	KIEV	
R503	Chicken,light meat,flesh,pan fried	CHICKEN	LIGHT MEAT	
R389	Chicken,stir-fried with veges	CHICKEN	WITH VEGETABLES	
R569	Chicken,with veg & satay sauce	CHICKEN	WITH VEGETABLES AND SATAY SAUCE	
R627	Chicken w/veg in soy based sauce,str-frd	CHICKEN	WITH VEGETABLES,IN SOY BASED SAUCE	
R33	Chili Con Carne	CHILI CON CARNE		
R450	Vegetarian chilli con carne	CHILLI CON CARNE	VEGETARIAN	
R501	Chocolate,egg,`Hollow-Kinder'	CHOCOLATE	EGG	Hollow-Kinder
R435	Chop suey,Tongan	CHOP SUEY	TONGAN	
R434	Chow mein,Island	CHOW MEIN	ISLAND	
R608	Chowder,seafood,simmered	CHOWDER	SEAFOOD	
R34	Chutney,apple	CHUTNEY	APPLE	
R35	Chutney,tomato	CHUTNEY	TOMATO	
R484	Coffee,cafe latte,caffeinated	COFFEE	CAFE LATTE	Caffeinated
R485	Coffee,cappucino from brewed coffee,caff	COFFEE	CAPPUCINO,FROM BREWED	Caffienated
			COFFEE	
R36	Coleslaw	COLESLAW		
R519	Courgette,pan fried	COURGETTE		
R590	Crabmeat-stick,battered,fried	CRAB	CRABMEAT-STICK,BATTERED	
R37	Cream horn	CREAM HORN		
R550	Croissant,filled with cheese&ham/bacon	CROISSANT	FILLED WITH CHEESE AND HAM/BACON	
R38	Crumpet	CRUMPET		
R615	Curry,beef,dry,pan fried	CURRY	BEEF,DRY	
R616	Curry,beef with gravy,stewed	CURRY	BEEF,WITH GRAVY	
R399	Curry,chicken,without bones	CURRY	CHICKEN	
R619	Curry,chicken,dry,pan fried	CURRY	CHICKEN,DRY	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
R620	Curry,chicken with gravy,stewed	CURRY	CHICKEN,WITH GRAVY	
R621	Curry,fish with gravy,stewed	CURRY	FISH,WITH GRAVY	
R617	Curry,lamb,dry,pan fried	CURRY	LAMB,DRY	
R618	Curry,lamb,with gravy,stewed	CURRY	LAMB,WITH GRAVY	
R622	Curry,vegetables,dry,fried	CURRY	VEGETABLES,DRY	
R623	Curry,vegetables with gravy,stewed	CURRY	VEGETABLES,WITH GRAVY	
R624	Curry,vegetarian with gravy,stewed	CURRY	VEGETARIAN WITH GRAVY	
R625	Curry,vegetarian w/ yoghurt gravy,stewed	CURRY	VEGETARIAN,WITH YOGHURT GRAVY	
R148	Custard square	CUSTARD SQUARE		
R40	Dahl,chick peas,cooked	DAHL	CHICK PEAS	
R554	Dip made w/ reduced fat cream & soup mix	DIP	MADE WITH REDUCED FAT CREAM AND SOUP MIX	
R549	Dip,salsa/taco	DIP	SALSA/TACO	
R583	Doughnut,filled with fresh cream,sugar	DOUGHNUT	FILLED WITH FRESH CREAM,SUGAR	
R41	Dumplings,boiled	DUMPLINGS		
R42	Eclairs w/ choc. icing & cream filling	ECLAIRS	WITH CHOCOLATE ICING AND CREAM FILLING	
R126	Scotch Eggs	EGG	SCOTCH EGG	
R546	Eggplant,pan fried	EGGPLANT		
R43	Eggs,scrambled,w/milk in butter	EGGS, SCRAMBLED	CHICKEN	
R614	Enchilada,beef and cheese,baked	ENCHILADA	BEEF AND CHEESE	
R360	Enchilada,vegetarian,filled	ENCHILADA	VEGETARIAN	Filled
R376	Falafel,vegetarian,fried	FALAFEL	VEGETARIAN	
R437	Filled ham roll	FILLED HAM ROLL	WHITE BREAD	
R479	Fish,crumbed,baked/grilled	FISH	CRUMBED	
R480	Fish,crumbed,fried	FISH	CRUMBED	
R564	Fish,with coconut cream,raw	FISH	WITH COCONUT CREAM	
R562	Fish,with lemon&lime juice,raw	FISH	WITH LEMON AND LIME JUICE	
R45	French dressing	FRENCH DRESSING		
R586	French toast,pan fried	FRENCH TOAST		
R492	Fritters,mix seafood,pan fried	FRITTERS	MIX SEAFOOD	
R607	Fritters,whitebait,shallow fried	FRITTERS	WHITEBAIT	
R48	Gravy,dried,low fat,prepared with water	GRAVY	LOW FAT	
R465	Gravy,mutton,homemade	GRAVY	MUTTON	Homemade
R374	Green vegetables,stim-fried	GREEN VEGETABLES		
R600	Hamburger, 'Kiwi Burger',McDonald's	HAMBURGER	'KIWI BURGER'	McDonald's
R558	Hotdog,with cheese,onion and sauce	HOTDOG	WITH CHEESE,ONION AND SAUCE	
R552	Hotdog,with sauce,American	HOTDOG	WITH SAUCE,AMERICAN	
R372	Hummus,homemade	HUMMUS		Homemade
R496	Ice block,milk base,asstd flvr,choc coat	ICE BLOCK	MILK BASE,ASSORTED FLAVOURS,CHOCOLATE COATED	
R487	Ice cream,in cone,with confectionery	ICE CREAM	IN CONE, WITH CONFECTIONERY	
R497	Ice cream in cone,chocolate & nut coated	ICE CREAM	IN CONE,CHOCOLATE AND NUT COATED	
R49	Jelly,with milk	JELLY		
R50	Jelly,with water	JELLY		

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R602	Jelly,mint	JELLY	MINT	
R394	Kebab,lamb,Mediterranean	KEBAB	LAMB	
R396	Kebab,lamb,oriental marinade	KEBAB	LAMB	
R395	Kebab,lamb,yoghurt marinade	KEBAB	LAMB	
R397	Kebab,vegetable	KEBAB	VEGETABLE	
R51	Kedgerree	KEDGEREE		
R513	Kumara,chips,deep fried	KUMARA	CHIPS	
R510	Lamb,lean,roasted	LAMB		
R525	Lamb,rump chop,lean,fried	LAMB		
R526	Lamb,rump chop,lean,stewed	LAMB		
R387	Lamb,stir-fried with vegetables	LAMB	WITH VEGETABLES	
R402	Laplap:cabbage,cassava,coconut	LAPLAP	CABBAGE, CASSAVA AND COCONUT	
R403	Laplap two:Taro,chic,cocnut crm	LAPLAP TWO	TARO,CHICKEN AND COCONUT CREAM	
R462	Lasagne,beef,mince	LASAGNE	BEEF,MINCE	
R52	Lasagne,meat	LASAGNE	MEAT	
R626	Lasagne,toppers,fried	LASAGNE	TOPPERS	
R53	Lemon curd	LEMON CURD		
R54	Loaf,All-Bran	LOAF	`ALL-BRAN'	
R58	Meat Loaf	LOAF	MEAT	
R577	Loaf,sweet,with fruit,baked	LOAF	SWEET,WITH FRUIT	
R576	Loaf,sweet,with fruit and nuts	LOAF	SWEET,WITH FRUIT AND NUTS	
R55	Macaroni cheese	MACARONI	CHEESE	
R468	Marshmallow,chocolate,egg	MARSHMALLOW	CHOCOLATE,EGG	
R56	Marzipan	MARZIPAN		
R57	Mayonnaise	MAYONNAISE		
R473	Mayonnaise,prep w/condensed milk,hmade	MAYONNAISE	PREPARED WITH CONDENSED MILK	Homemade
R39	Meat,curried	MEAT	CURRIED	
R59	Meringue	MERINGUE		
R60	Meringue,filled with cream	MERINGUE		
R542	Milo,made with milk	MILO	MADE WITH MILK	
R543	Milo,made with water	MILO	MADE WITH WATER	
R61	Moussaka	MOUSSAKA		
R486	Muffin,savoury,with cheese	MUFFIN	SAVOURY WITH CHEESE	
R471	Muffin,sweet with fruit	MUFFIN	SWEET WITH FRUIT	
R472	Muffin,sweet with fruit&chocolate chips	MUFFIN	SWEET WITH FRUIT AND CHOCOLATE CHIPS	
R557	Nachos,with beans and cheese	NACHOS	WITH BEANS AND CHEESE	
R363	Nachos,with beans,cheese & sour cream	NACHOS	WITH BEANS,CHEESE AND SOUR CREAM	
R491	Nachos,w/chicken&cheese,w/o beans,unckd	NACHOS	WITH CHICKEN AND CHEESE,WITHOUT BEANS	
R429	Nuiean coconut cake, futi holo	NUIEAN	COCONUT CAKE	
R436	Nuiean corned beef soup, thin	NUIEAN	CORNED BEEF SOUP,THIN	
R427	Nuiean fish,poko ika	NUIEAN	FISH	

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R428	Nuiean taro and pawpaw bake,takihi	NUIEAN	TARO AND PAWPAW BAKE	
R62	Omelette,cheese	OMELETTE	CHEESE	
R63	Omelette,plain	OMELETTE	PLAIN	
R520	Onion,mature,roasted	ONION		
R64	Pancake,dessert	PANCAKE	DESSERT	
R163	Pancake,plain	PANCAKE	PLAIN	
R66	Pancake,scotch	PANCAKE	SCOTCH	
R581	Papadom,fried	PAPADOM		
R582	Papadom,microwaved	PAPADOM		
R527	Parsnip,baked	PARSNIP		
R67	Pastry,cheese,cooked	PASTRY	CHEESE	
R44	Flan,cheese and egg	PASTRY	CHEESE AND EGG	
R208	Pastry,choux,cooked	PASTRY	CHOUX	
R69	Pastry,choux,uncooked	PASTRY	CHOUX	
R70	Pastry,`Danish`,	PASTRY	DANISH	
R155	Pastry,filo,baked	PASTRY	FILO	
R71	Pastry,flaky,cooked	PASTRY	FLAKY	
R72	Pastry,flaky,uncooked	PASTRY	FLAKY	
R207	Pastry,puff,cooked	PASTRY	PUFF	
R604	Pastry,savoury,egg&bacon,onecrust,baked	PASTRY	SAVOURY,EGG AND BACON,ONE CRUST	
R206	Pastry,short,cooked	PASTRY	SHORT	
R73	Pastry,shortcrust	PASTRY	SHORTCRUST	
R74	Pastry,shortcrust,uncooked	PASTRY	SHORTCRUST	
R75	Pastry,shortcrust,wholemeal	PASTRY	SHORTCRUST	Wholemeal
R568	Pavlova,cream topped	PAVLOVA	CREAM-TOPPED	
R393	Pavlova,unfilled,homemade	PAVLOVA	UNFILLED	Homemade
R547	Peas,snow,boiled	PEAS	SNOW	
R463	Pie,bacon and egg	PIE	BACON AND EGG	
R76	Pie,beef mince & vegetables,two crust	PIE	BEEF MINCE AND VEGETABLES	Two crust
R77	Pie,beef steak pudding	PIE	BEEF STEAK PUDDING	
R78	Pie,blackcurrant,one crust	PIE	BLACKCURRANT	One crust, plain flour
R79	Pie,blackcurrant,one crust,wholemeal	PIE	BLACKCURRANT	One crust, wholemeal flour
R80	Pie,blackcurrant,two crust	PIE	BLACKCURRANT	Two crust, plain flour
R81	Pie,cheese and potato,baked	PIE	CHEESE AND POTATO	
R82	Pie,chicken,one crust	PIE	CHICKEN	One crust
R83	Pie,chicken,two crust	PIE	CHICKEN	Two crust
R84	Pie,fish	PIE	FISH	
R88	Pie,fruit,one crust	PIE	FRUIT	One crust
R85	Pie,fruit,one crust,wholemeal	PIE	FRUIT	One crust,wholemeal flour
R324	Pie,fruit,two crust,individual	PIE	FRUIT	Two crust, individual
R86	Pie,fruit,two crust	PIE	FRUIT	Two crust, plain flour
R87	Pie,fruit,two crust,wholemeal	PIE	FRUIT	Two crust, wholemeal flour

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R89	Pie,ham/bacon and egg	PIE	HAM/BACON AND EGG	
R90	Pie,lemon meringue	PIE	LEMON MERINGUE	
R91	Pie,meat,one crust	PIE	MEAT	One crust
R93	Pie,mince	PIE	MINCE	
R637	Pie, mince and cheese	PIE	MINCE AND CHEESE	
R94	Pie,shepherd's	PIE	SHEPHERD'S	
R95	Pie,steak and kidney	PIE	STEAK AND KIDNEY	
R164	Pikelet,plain	PIKELET	PLAIN	
R517	Pipi,steamed	PIPI		
R553	Pita bread,filled with beef & salad	PITA BREAD	FILLED WITH BEEF AND SALAD	
R96	Pizza,cheese and tomato	PIZZA	CHEESE AND TOMATO	
R408	Poke,boiled	POKE		
R585	Pop-tarts,uncooked	POP-TARTS		
R373	Pork,Chinese,simmered	PORK		
R523	Pork,composite cuts,lean & fat,pan fried	PORK		
R524	Pork,composite cuts,lean & fat,stewed	PORK		
R98	Pork,lean,with vegetables,stewed	PORK	WITH VEGETABLES	
R97	Pork,lean & fat,with vegetables,stewed	PORK	WITH VEGETABLES	
R388	Pork,w/ veg & cashew nuts,stir fried	PORK	WITH VEGETABLES AND CASHEW NUTS	
R483	Potato,scalloped with cheese	POTATO	SCALLOPED, WITH CHEESE	
R506	Potato,wedge,frozen,baked w/skin,hmade	POTATO	WEDGE,FROZEN	Homemade
R511	Potato,whole,with skin,fried	POTATO	WHOLE	
R544	Prawn,King,baked	PRAWNS	KING	
R545	Prawn,King,fried	PRAWNS	KING	
R100	Pudding,apple crumble,baked	PUDDING	APPLE CRUMBLE	
R101	Pudding,bread and butter,baked	PUDDING	BREAD AND BUTTER	
R102	Pudding,Christmas	PUDDING	CHRISTMAS	
R454	Pudding,Samoan cocoa rice	PUDDING	COCOA RICE	Samoan
R103	Pudding,custard,plain	PUDDING	CUSTARD	Plain
R104	Pudding,custard egg	PUDDING	CUSTARD EGG	
R105	Pudding,Eve's	PUDDING	EVE'S	
R209	Pudding,milk and rice,canned	PUDDING	MILK AND RICE	
R107	Pudding,Queen	PUDDING	QUEEN	
R106	Pudding,rice,home made	PUDDING	RICE	Homemade
R495	Pudding,self-saucing,chocolate,baked	PUDDING	SELF-SAUCING,CHOCOLATE	
R108	Pudding,sponge,steamed	PUDDING	SPONGE	
R109	Pudding,sponge,fruit,steamed	PUDDING	SPONGE	With dried fruit
R110	Pudding,sponge,treacle,steamed	PUDDING	SPONGE	With treacle or jam
R133	Steak and Kidney Pudding	PUDDING	STEAK AND KIDNEY	
R111	Pudding,Suet,steamed	PUDDING	SUET	
R152	Pudding,Yorkshire	PUDDING	YORKSHIRE	
R426	Quiche,broccoli	QUICHE	BROCCOLI	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
R112	Quiche,Lorraine	QUICHE	LORRAINE	
R425	Quiche,silverbeet	QUICHE	SILVERBEET	
R500	Raisin,yoghurt coated	RAISINS	YOGHURT COATED	
R113	Ratatouille	RATATOUILLE		
R609	Rice,flavoured packet mix,simmered	RICE	FLAVOURED PACKET MIX	
R533	Roll,asparagus,uncooked	ROLL	ASPARAGUS	
R538	Roll,white,filled w/ red meat&vegetables	ROLL	FILLED WITH RED MEAT AND VEGETABLES	
R536	Roll,white,filled w/ white meat	ROLL	FILLED WITH WHITE MEAT	
R537	Roll,filled w/ white meat,cheese & veg	ROLL	FILLED WITH WHITE MEAT,CHEESE AND VEGETABLES	
R535	Roll,white,filled w/white meat&grn salad	ROLL	WHITE,FILLED WITH WHITE MEAT AND LETTUCE/GREEN SALAD	
R481	Salad,beans,homemade	SALAD	BEANS	Homemade
R565	Salad,Caesar	SALAD	CAESAR	
R356	Salad,carrot and apple	SALAD	CARROT AND APPLE	
R357	Salad,celery and apple	SALAD	CELERY AND APPLE	
R476	Salad,coleslaw,assorted veg,w/o cheese	SALAD	COLESLAW,ASSORTED VEGETABLES,W/O CHEESE	
R401	Salad,fish,Tahitian,raw	SALAD	FISH,TAHITIAN	
R477	Salad,fruit,fresh	SALAD	FRUIT,FRESH	
R610	Salad,Greek,with feta and olives	SALAD	GREEK,WITH FETA AND OLIVES	
R474	Salad,lettuce,without cheese	SALAD	LETTUCE,W/O CHEESE	
R475	Salad,lettuce,with cheese	SALAD	LETTUCE,WITH CHEESE	
R478	Salad,pasta,vegetarian	SALAD	PASTA,VEGETARIAN	
R99	Salad,potato	SALAD	POTATO	
R430	Salad,Cook Island,potato	SALAD	POTATO	Cook Island
R482	Salad,rice	SALAD	RICE	
R551	Salad,Tabbouleh	SALAD	TABBOULEH	
R150	Salad,vegetable	SALAD	VEGETABLE	
R149	Salad,veg,w/ salad cream dressing,canned	SALAD	VEGETABLE	With salad cream dressing
R507	Salmon,baked	SALMON		
R508	Salmon,steamed	SALMON		
R377	Samosa,vegetable	SAMOSA	VEGETABLE	
R433	Sandwich,cheese,toasted	SANDWICH	CHEESE	
R528	Sandwich,whml,cheese&tomatoes,tstd	SANDWICH	CHEESE AND TOMATO	
R530	Sandwich,white bread,chicken	SANDWICH	CHICKEN	
R529	Sandwich,white bread,chicken & lettuce	SANDWICH	CHICKEN AND LETTUCE	
R539	Sandwich,white bread,egg & lettuce	SANDWICH	EGG AND LETTUCE	
R532	Sandwich,white bread,fish	SANDWICH	FISH	
R540	Sandwich,white bread,ham/bacon & veg	SANDWICH	HAM/BACON AND VEGETABLES	
R531	Sandwich,red meat & vegetables	SANDWICH	RED MEAT AND VEGETABLES	
R114	Sauce,bolognese	SAUCE	BOLOGNESE	
R115	Sauce,bread	SAUCE	BREAD	
R116	Sauce,cheese	SAUCE	CHEESE	
R587	Sauce,hollandaise	SAUCE	HOLLANDAISE	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
R593	Sauce,mustard	SAUCE	MUSTARD	
R117	Sauce,onion	SAUCE	ONION	
R488	Sauce,pasta,cream based,w/ chicken	SAUCE	PASTA,CREAM BASED,WITH CHICKEN	
R555	Sauce,pasta,red meat,tomato based	SAUCE	PASTA,RED MEAT,TOMATO BASED	
R490	Sauce,pasta,tomato based,with chicken	SAUCE	PASTA,TOMATO BASED,WITH CHICKEN	
R489	Sauce,pasta,tomato based,with vegetables	SAUCE	PASTA,TOMATO BASED,WITH VEGETABLES	
R591	Sauce,pesto,with basil	SAUCE	PESTO, WITH BASIL	
R592	Sauce,sweet,caramel	SAUCE	SWEET,CARAMEL	
R119	Sauce,white,savoury	SAUCE	WHITE	Savoury
R120	Sauce,white,sweet	SAUCE	WHITE	Sweet
R589	Sausage,mutton,grilled with cheese	SAUSAGE	MUTTON,GRILLED,WITH CHEESE	
R512	Sausage,pork,stewed	SAUSAGE	PORK	
R121	Sausage roll,flaky pastry	SAUSAGE ROLL		Flaky pastry
R122	Sausage roll,short pastry	SAUSAGE ROLL		Short pastry
R518	Scallop,baked	SCALLOP		
R594	Scallop,crumbed,fried	SCALLOP	CRUMBED	
R123	Scone,cheese	SCONE	CHEESE	
R165	Scone,plain	SCONE	PLAIN	
R470	Scone,white with dates	SCONE	WHITE WITH DATES	
R125	Scone,wholemeal	SCONE	WHOLEMEAL	
R588	Seafood,marinara mix,uncooked	SEAFOOD	MARINARA MIX	
R166	Shortbread,homemade	SHORTBREAD	HOMEMADE	
R493	Slice,brownie,American,baked	SLICE	BROWNIE	American
R563	Slice,chocolate crackle	SLICE	CHOCOLATE CRACKLE	
R494	Slice,ginger crunch,baked	SLICE	GINGER CRUNCH	
R541	Smoothie,made w/ milk,frt jui,frt & ygt	SMOOTHIE	MADE WITH MILK,FRUIT JUICE,FRUIT AND YOGHURT	
R467	Snacks,mix	SNACKS	MIX	
R128	Souffle,cheese	SOUFFLE	CHEESE	
R129	Souffle,plain	SOUFFLE	PLAIN	
R130	Soup,lentil	SOUP	LENTIL	
R469	Spaghetti in tomato sauce with meat	SPAGHETTI	IN TOMATO SAUCE WITH MEAT	
R498	Spread,with chocolate and nuts	SPREAD	CHOCOLATE AND NUTS	
R601	Spread,lemon honey	SPREAD	LEMON HONEY	
R134	Stew,beef	STEW	BEEF	
R135	Stew,Irish	STEW	IRISH	
R131	Stew,steak and kidney	STEW	STEAK AND KIDNEY	
R132	Stew,steak & kidney,with onions	STEW	STEAK AND KIDNEY WITH ONIONS	
R137	Stew,steak,with onions	STEW	STEAK,WITH ONIONS	
R136	Stewing steak	STEWING STEAK		
R567	Strudel,apple,without nuts,baked	STRUDEL	APPLE,WITHOUT NUTS	
R391	Sushi	SUSHI		
R522	Swede,baked	SWEDE		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
R559	Swiss roll,fried	SWISS ROLL		
R361	Tacos,filled,vegetarian	TACOS	FILLED, VEGETARIAN	
R603	Tamarillo,cooked,sweetened	TAMARILLO		
R138	Tart,custard	TART	CUSTARD	
R139	Tart,frangipane	TART	FRANGIPANE	
R141	Tart,jam	TART	JAM	
R140	Tart,Jam,wholemeal flour	TART	JAM	Wholemeal flour
R142	Tart,lemon curd	TART	LEMON CURD	
R143	Tart,fruit mince,one crust	TART	MINCEMEAT	One crust
R144	Tart,Treacle	TART	TREACLE	
R145	Toad in the hole	TOAD IN THE HOLE	SAUSAGES	
R560	Tofu,with veg&soy based sauce,stir fried	TOFU	WITH VEGETABLES AND SOY BASED SAUCE	
R599	Topping,chocolate hard coat,ice magic	TOPPING	CHOCOLATE HARD COAT,ICE MAGIC	
R146	Trifle	TRIFLE	SPONGE CAKE AND CUSTARD	
R147	Tripe and onions	TRIPLE AND ONIONS		
R516	Tuna,fresh,baked	TUNA	FRESH	
R502	Tuna,in savoury sauce,canned	TUNA	IN SAVOURY SAUCE	
R521	Turnip,baked	TURNIP		
R390	Vegetables,stir-fried	VEGETABLE		
R9	Bubble and Squeak	VEGETABLE	CABBAGE AND POTATO	
R561	Vegetables w/ soy based sauce,stir fried	VEGETABLE	WITH SOY BASED SAUCE	
R514	Venison,grilled	VENISON		
R515	Venison,stewed	VENISON		
R151	Welsh rarebit	WELSH RAREBIT		
S61	Thai red curry paste	CURRY PASTE	THAI RED	
S76	Dip,feta & spinach,20% fat,retail	DIP	FETA AND SPINACH, 20% FAT	Retail
S83	Dip,guacamole,retail	DIP	GUACAMOLE	Retail
S82	Dip,salsa,tomato based,retail	DIP	SALSA,TOMATO BASED	Retail
S78	Dip,sour cream,asst flvr,12% fat,retail	DIP	SOUR CREAM, ASSORTED FLAVOURS, 12% FAT	Retail
S77	Dip,sour cream,asst flvr,30% fat,retail	DIP	SOUR CREAM, ASSORTED FLAVOURS, 30% FAT	Retail
S79	Dip,sour cream,lite,asst flvr,7%fat,comm	DIP	SOUR CREAM,LITE,ASSORTED FLAVOURS,7% FAT	Retail
S81	Dip,yoghurt,cucumber,retail	DIP	YOGHURT, CUCUMBER	Retail
S47	Dressing,`Coleslaw',Eta	DRESSING	`COLESLAW'	Eta
S53	Dressing,`Coleslaw',Free,Kraft	DRESSING	`COLESLAW',FREE	Kraft
S29	Dressing,`Coleslaw',Lite,Eta	DRESSING	`COLESLAW',LITE	Eta
S30	Dressing,`Free salad',Kraft	DRESSING	`FREE SALAD'	Kraft
S18	Dressing,`French',homemade	DRESSING	`FRENCH'	Homemade
S28	Dressing,`French',Kraft	DRESSING	`FRENCH'	Kraft
S31	Dressing,`Italian',Kraft	DRESSING	`ITALIAN'	Kraft

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
S32	Dressing, `Italian, Lite', Eta	DRESSING	`ITALIAN, LITE'	Eta
S57	Dressing, `Light Salad', Eta	DRESSING	`LIGHT SALAD'	Eta
S52	Dressing, `Lite', Eta	DRESSING	`LITE'	Eta
S45	Dressing, `Mayonnaise', commercial	DRESSING	`MAYONNAISE'	Commercial
S64	Dressing, `Mayonnaise', reduced fat, comm.	DRESSING	`MAYONNAISE', REDUCED FAT	Commercial
S48	Dressing, `Potato salad', Eta	DRESSING	`POTATO SALAD'	Eta
S51	Dressing, `Potato Salad, Lite', Eta	DRESSING	`POTATO SALAD, LITE'	Eta
S55	Dressing, `Salad', Kraft	DRESSING	`SALAD'	Kraft
S56	Dressing, `Seafood', Eta	DRESSING	`SEAFOOD'	Eta
S50	Dressing, `Thousand Island', Eta	DRESSING	`THOUSAND ISLAND'	Eta
S7	Dressing, `Vinaigrette'	DRESSING	`VINAIGRETTE'	
S49	Dressing, HomeStyle, Eta	DRESSING	HOME STYLE	Eta
S19	Dressing, Mayonnaise, homemade	DRESSING	MAYONNAISE	Homemade
S21	Guacamole, homemade	GUACAMOLE	HOMEMADE	
S73	Hummus, original, 6.5% fat, retail	HUMMUS	ORIGINAL, 6.5% FAT	Retail
S75	Hummus, rstd capsicum, 7.5% fat, retail	HUMMUS	ROASTED CAPSICUM, 7.5% FAT	Retail
S74	Hummus, sundried tomato, 7.5% fat, retail	HUMMUS	SUNDRIED TOMATO, 7.5% FAT	Retail
S40	Molasses, sweet	MOLASSES	SWEET	
S33	Mustard, creamed, commercial	MUSTARD	CREAMED	Commercial
S62	Olive, green, stuffed, drained	OLIVES	GREEN	
S80	Pesto, basil, w/ garlic and nuts, retail	PESTO	BASIL, WITH GARLIC AND NUTS	Retail
S1	Piccalilli	PICCALILLI		
S2	Pickle, sweet	PICKLE	SWEET	
S3	Salad, cream	SALAD	CREAM	
S46	Sauce, `Tartar', Eta	SAUCE	`TARTAR'	Eta
S43	Sauce, black bean	SAUCE	BLACK BEAN	
S4	Sauce, brown	SAUCE	BROWN	
S22	Sauce, chilli	SAUCE	CHILLI	
S8	Sauce, custard	SAUCE	CUSTARD	
S23	Sauce, hoisin	SAUCE	HOISIN	
S34	Sauce, mint	SAUCE	MINT	
S63	Sauce, oyster	SAUCE	OYSTER	
S68	Sauce, pasta, chunky vege, tomato based	SAUCE	PASTA, CHUNKY VEGETABLE, TOMATO BASED	Retail
S35	Sauce, pasta, tomato-based, retail, heated	SAUCE	PASTA, TOMATO-BASED	Retail
S27	Sauce, raisin	SAUCE	RAISIN	
S70	Sauce, simmer, butter chicken, heated	SAUCE	SIMMER, BUTTER CHICKEN	Retail
S71	Sauce, simmer, satay, retail, heated	SAUCE	SIMMER, SATAY	Retail
S72	Sauce, simmer, savoury, retail, heated	SAUCE	SIMMER, SAVOURY	Retail
S69	Sauce, simmer, sweet & sour, retail, heated	SAUCE	SIMMER, SWEET AND SOUR	Retail
S11	Sauce, soy	SAUCE	SOY	
S42	Sauce, tabasco	SAUCE	TABASCO	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
S44	Sauce,tomato	SAUCE	TOMATO	
S5	Sauce,tomato,McDonald's	SAUCE	TOMATO	McDonald's
S14	Sauce,Worcestershire	SAUCE	WORCESTERSHIRE	
S25	Stuffing,sage and onion	STUFFING	SAGE AND ONION	
S39	Syrup,maple	SYRUP	MAPLE	
S6	Tomato puree	TOMATO PUREE		
S37	Topping,butterscotch/caramel	TOPPING	BUTTERSCOTCH/CARAMEL	
S36	Topping,fruit flavoured	TOPPING	FRUIT FLAVOURED	
T31	Cockles,boiled	COCKLES		
T1	Cockles,raw	COCKLES		
T15	Crab,raw	CRAB		
T40	Crab meat stick,imitation,surimi	CRAB MEAT STICK	IMITATION	
T32	Crabmeat,canned in brine	CRABMEAT		
T25	Fritters,Paua,deep fried	FRITTERS	PAUA	
T26	Kina,roe,raw	KINA		
T39	Lobster,cooked	LOBSTER		
T2	Lobster,Rock,raw	LOBSTER	ROCK	
T4	Mussel,Green,steamed	MUSSEL	GREEN	
T28	Mussel,Green,flesh,marinated	MUSSEL	GREEN	
T3	Mussel,Green,raw	MUSSEL	GREEN	
T27	Mussel,Green,flesh,smoked	MUSSEL	GREEN	
T33	Octopus,cooked	OCTOPUS		
T17	Oyster,battered,deep fried	OYSTER		
T7	Oyster,Dredge,canned	OYSTER	DREDGE	
T6	Oyster,Dredge,flesh,raw	OYSTER	DREDGE	
T8	Oyster,Pacific,flesh,raw	OYSTER	PACIFIC	
T9	Oyster,Rock,raw	OYSTER	ROCK	
T10	Paua,raw	PAUA		
T19	Pipi,flesh,raw	PIPI		
T41	Prawn,king,raw	PRAWNS	KING	
T20	Scallops,battered,deep fried	SCALLOP		
T30	Scallops,Queen,flesh,raw	SCALLOP	QUEEN	
T11	Scallops,Sea,raw	SCALLOP	SEA	
T42	Shrimp,boiled	SHRIMP		
T12	Shrimp,canned,drained	SHRIMP		
T45	Shrimp,mixed species,raw	SHRIMP	MIXED SPECIES	
T23	Squid,in flour,fried	SQUID		
T13	Squid,Arrow,mantle,raw	SQUID	ARROW	
T14	Toheroa,raw	TOHEROA		
T24	Tuatua,flesh,raw	TUATUA		
T44	Tuatua fritters	TUATUA	FRITTERS	
U60	`Coco Pops Crunchies',Kellogg's	`COCO POPS	BAR	Kellogg's

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
U64	`Coco Pops Crunchies'choc chip,Kellogg's	CRUNCHIES' `COCO POPS CRUNCHIES'	CHOC CHIP	Kellogg's
U63	`Coco Pops Crunchies',Kaleidos,Kellogg's	CRUNCHIES' `COCO POPS CRUNCHIES'	KALEIDOS	Kellogg's
U12	`Nutcrackers'	`NUTCRACKERS'		
U39	Beef jerky	BEEF JERKY		
U67	Cereal soft bar,frt filled,twisted,flvr	CEREAL SOFT BAR		Fruit filled, assorted flavours
U65	Cereal soft bar,Mother Earth,whmeal,frt	CEREAL SOFT BAR	MOTHER EARTH	Wholemeal, fruit filled, assorted flavours
U68	Cereal soft bar,muesli,frt filled,flvr	CEREAL SOFT BAR	MUESLI	Fruit filled, assorted flavours
U66	Cereal soft bar,Uncle Tobys,whmeal,frt	CEREAL SOFT BAR	UNCLE TOBYS	Wholemeal, fruit filled, assorted flavours
U70	Cereal soft bar,wholemeal,frt,asstd flvr	CEREAL SOFT BAR	WHOLEMEAL	Fruit filled, assorted flavours
U15	Cheese and grain snack	CHEESE AND GRAIN SNACK		
U37	Cheese spread&crispbread,asst flvr,U.TBY	CHEESE SPREAD AND CRISPBREAD	LE SNAK	Uncle Tobys, assorted flavours
U17	Corn chips,cheese flavour	CORN CHIPS	CHEESE FLAVOURED	
U16	Corn snacks,cheese flavour	CORN SNACKS	CHEESE FLAVOURED	
U28	Fruit & nut bar	FRUIT & NUT BAR		
U35	Fruit bar,strawberry	FRUIT BAR	STRAWBERRY	`Tasti Fruit Splits'
U31	Fruit bar/roll,apricot	FRUIT BAR/ROLL	APRICOT	Uncle Tobys `Roll-Ups'
U26	Fruit bar/roll,strawberry	FRUIT BAR/ROLL	STRAWBERRY	Uncle Tobys `Roll-Ups'
U34	Fruit leather,apricot	FRUIT LEATHER	APRICOT	
U23	Fruit roll,strawberry	FRUIT ROLL	STRAWBERRY	
U5	Muesli bar	MUESLI BAR		
U1	Muesli bar,apricot	MUESLI BAR	APRICOT	
U25	Muesli bar,`Magic Muesli',asst flavours	MUESLI BAR	ASSORTED FLAVOURS	`Magic Muesli'
U58	Muesli bar,blueberry & apple	MUESLI BAR	BLUEBERRY AND APPLE	Mother Earth
U30	Muesli bar,chocolate chip	MUESLI BAR	CHOCOLATE CHIP	
U27	Muesli bar,chocolate coated,`Snacker'	MUESLI BAR	CHOCOLATE COATED	`Snacker'
U22	Muesli bar,choc coat,`Snacker',bite size	MUESLI BAR	CHOCOLATE COATED	`Snacker',bite size
U33	Muesli bar,chocolate coated,`Wrapps'	MUESLI BAR	CHOCOLATE COATED	`Wrapps'
U20	Muesli bar,mixed fruit	MUESLI BAR	MIXED FRUIT	
U2	Muesli bar,spiced apple	MUESLI BAR	SPICED APPLE	
U3	Muesli bar,three fruits	MUESLI BAR	THREE FRUITS	
U4	Muesli bar,tropical fruits	MUESLI BAR	TROPICAL FRUITS	
U24	Muesli bar,yoghurt coated,assorted	MUESLI BAR	YOGHURT COATED	
U19	Muesli log/slice,assorted	MUESLI LOG/SLICE		
U57	Multigrain,`Grainwaves',Bluebird	MULTIGRAIN	`GRAINWAVES'	Bluebird
U61	Noodles,chickpea,fried (Bombay mix)	NODDLES	CHICKPEA	Bombay mix
U29	Nut & seed bar,assorted	NUT & SEED BAR		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
U44	Oriental mix,rice based	ORIENTAL MIX	RICE BASED	
U40	Popcorn,buttered,salted,commercial	POPCORN	BUTTERED, SALTED	Commercial
U18	Popcorn,candied	POPCORN	CANDIED	
U47	Potato crisps,`Natural',Eta	POTATO	CRISPS,NATURAL	Eta
U46	Potato chips,Krispa	POTATO CHIPS	NATURAL	Krispa
U6	Potato crisps,flavoured	POTATO CRISPS		Flavoured
U10	Potato crisps,plain	POTATO CRISPS		Plain
U7	Potato crisps,barbecue	POTATO CRISPS	BARBECUE	
U8	Potato crisps,chicken	POTATO CRISPS	CHICKEN	
U36	Potato crisps,`Kettle',salted	POTATO CRISPS	KETTLE	Salted
U14	Potato crisps,`Lites'	POTATO CRISPS	LITES	Bluebird
U13	Potato crisps,low salt,flavoured	POTATO CRISPS	LOW SALT	Flavoured
U9	Potato crisps,salt and vinegar	POTATO CRISPS	SALT AND VINEGAR	
U45	Potato crisps,salt&vinegar,Pringles	POTATO CRISPS	SALT AND VINEGAR	Pringles
U38	Potato crisps,`Slims',Eta	POTATO CRISPS	SLIMS	Eta
U11	Potato straws,salt and vinegar	POTATO STRAWS	SALT AND VINEGAR	
U41	Pretzels	PRETZELS		
U56	Raisins,yoghurt coated	RAISINS	YOGHURT COATED	
U59	Rice bar,`Rice Bubbles Treats'	RICE BAR	`RICE BUBBLE TREATS'	Kelloggs
U21	Fruit bar,wholemeal,assorted flavours	WHOLEMEAL FRUIT BAR		
V79	Broth/bouillon,beef,low sodium,drd	BROTH/BOUILLON	BEEF	Low sodium
V80	Broth/bouillon,chicken,dried	BROTH/BOUILLON	CHICKEN	
V40	Nuiean chicken soup	NUIEAN	CHICKEN SOUP,THICK	
V24	Soup,beef&noodles,dried	SOUP	BEEF	
V27	Soup,beef,dried	SOUP	BEEF	
V53	Soup,beef & noodles,prepared with water	SOUP	BEEF	
V57	Soup,beef,dried,prepared with water	SOUP	BEEF	
V78	Soup,beef,Samoan	SOUP	BEEF	Samoan
V1	Soup,bone and vegetable broth	SOUP	BONE AND VEGETABLE BROTH	
V30	Soup,brown onion,home made	SOUP	BROWN ONION	Home made
V25	Soup,chicken,dried	SOUP	CHICKEN	
V59	Soup,chicken,dried,prepared with water	SOUP	CHICKEN	
V2	Soup,chicken,condensed,canned	SOUP	CHICKEN	Condensed
V3	Soup,chic,cond,canned,prepared w/ water	SOUP	CHICKEN	Condensed
V76	Soup,chicken,Samoan	SOUP	CHICKEN	Samoan
V82	Soup,chic & corn,pouch,retail,heated,rte	SOUP	CHICKEN & CORN CHOWDER, POUCH	Retail
V83	Soup,chic & vege,pouch,Watties,heated,rte	SOUP	CHICKEN & VEGETABLE, POUCH	Watties
V50	Soup,chicken & corn	SOUP	CHICKEN AND CORN	
V6	Soup,chicken noodle,dried	SOUP	CHICKEN NOODLE	
V68	Soup,chicken noodle,prepared w/water	SOUP	CHICKEN NOODLE	Maggi

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
V91	Soup,corn & chic,from paste,Watties,rte	SOUP	CORN & CHICKEN, FROM PASTE	Watties
V31	Soup,corn chowder,home made	SOUP	CORN CHOWDER	Home made
V42	Soup,corned beef,Tongan	SOUP	CORNED BEEF	Tongan
V41	Soup,corned beef & vegetables,Niuean	SOUP	CORNED BEEF AND VEGETABLE	Niuean
V4	Soup,cream of chicken,canned	SOUP	CREAM OF CHICKEN	
V9	Soup,cream of mushroom,canned	SOUP	CREAM OF MUSHROOM	
V15	Soup,cream of tomato,canned	SOUP	CREAM OF TOMATO	
V21	Soup,creme of chicken,dried	SOUP	CREME OF CHICKEN	Maggi
V69	Soup,creme of chic,dried,prep w/water	SOUP	CREME OF CHICKEN	Maggi
V20	Soup,creme of vegetable,dried	SOUP	CREME OF VEGETABLE	Maggi
V65	Soup,creme of veg,prepared w/water	SOUP	CREME OF VEGETABLE	Maggi
V44	Soup,fish,Samoan	SOUP	FISH	Samoan
V19	Soup,fish chowder,ready to eat	SOUP	FISH CHOWDER	
V75	Soup,lamb flap,Tongan	SOUP	LAMB FLAP	Tongan
V84	Soup,lentil & vege,pouch,Watties,rte	SOUP	LENTIL & ROAST VEGETABLE, POUCH	Watties
V7	Soup,minestrone,dried	SOUP	MINESTRONE	
V8	Soup,minestrone,dried,prepared w/ water	SOUP	MINESTRONE	
V32	Soup,minestrone,home made	SOUP	MINESTRONE	Home made
V22	Soup,mushroom,dried	SOUP	MUSHROOM	
V66	Soup,mushroom,dried,prepared w/ water	SOUP	MUSHROOM	Maggi
V10	Soup,oxtail,canned	SOUP	OXTAIL	
V11	Soup,oxtail,dried	SOUP	OXTAIL	
V12	Soup,oxtail,dried,prepared w/ water	SOUP	OXTAIL	
V33	Soup,pea,home made	SOUP	PEA	Home made
V34	Soup,pumpkin,home made	SOUP	PUMPKIN	Home made
V90	Soup,pumpkin,from paste,Watties,rte	SOUP	PUMPKIN, FROM PASTE	Watties
V81	Soup,pumpkin,pouch,retail,heated,rte	SOUP	PUMPKIN, POUCH	Retail
V85	Soup,seafood chow,pouch,retail,heat,rte	SOUP	SEAFOOD CHOWDER, POUCH	Retail
V17	Soup,tomato,dried	SOUP	TOMATO	
V26	Soup,tomato,`Cup-a-Soup`,dried	SOUP	TOMATO	
V55	Soup,tomato,dried,prepared w/water	SOUP	TOMATO	
V67	Soup,tomato,dried,prepared w/ water	SOUP	TOMATO	Maggi
V89	Soup,Tuscan tomato,from pasteWatties,rte	SOUP	TOMATO, FROM PASTE	Watties
V13	Soup,tomato,condensed,canned	SOUP	TOMATO,CONDENSED	
V14	Soup,tomato,cond,canned,prepared w/water	SOUP	TOMATO,CONDENSED	
V18	Soup,vegetable,canned	SOUP	VEGETABLE	
V23	Soup,vegetable,dried,prepared w/ water	SOUP	VEGETABLE,LONG COOK	
V51	Soup,wonton	SOUP	WONTON	
V45	Soup,wonton,home made	SOUP	WONTON	Home made

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
W67	`Pascall Party Pack'	`PASCALL PARTY PACK'		
W30	`Pastilles'	`PASTILLES'	HARD CANDIES	
W44	Candies,soft,mint flavoured	CANDIES	SOFT,MINT FLAVOURED	
W54	Caramel,chocolate coated,bar	CARAMEL,CHOCOLATE COATED	BAR	
W48	Caramels	CARAMELS		
W2	Cherries,glace	CHERRIES	GLACE	
W65	Chocolate,`Cadbury Crunch',bite size	CHOCOLATE	`CADBURY CRUNCH'BITE SIZE	Cadbury
W59	Chocolate,`Cadbury Dairy Milk'	CHOCOLATE	`CADBURY DAIRY MILK'	Cadbury
W63	Chocolate,`Cadbury Energy'	CHOCOLATE	`CADBURY ENERGY'	Cadbury
W62	Chocolate,`Cadbury Fruit & Nut'	CHOCOLATE	`CADBURY FRUIT AND NUT'	Cadbury
W68	Chocolate,Cadbury,`Moro' bar,peanut	CHOCOLATE	`MORO' BAR,PEANUT	Cadbury
W66	Chocolate,Cadbury,`Moro',bar	CHOCOLATE	`MORO',BAR	Cadbury
W58	Chocolate,`Nestle Milky Bar'	CHOCOLATE	`NESTLE MILKY BAR'CHUKNY	Nestle
W5	`Bounty' bar,Cadbury	CHOCOLATE	BOUNTY BAR	Cadbury
W61	Chocolate,`Cadbury Caramello',bite size	CHOCOLATE	CABURY CAMELLO, BITE SIZE	Cadbury
W60	Chocolate,`Cadbury Caramello'slab	CHOCOLATE	CADBURY CAMELLO,SLAB	Cadbury
W64	Chocolate,`Cadbury Crunch',slab	CHOCOLATE	CADBURY CRUNCH,SLAB	Cadbury
W35	Chocolate,candy coated,`Pebbles' etc	CHOCOLATE	CANDY COATED	
W34	`Crunchie' bar,Cadbury	CHOCOLATE	CRUNCHIE BAR	Cadbury
W56	Chocolate,dark	CHOCOLATE	DARK	
W7	Chocolates,fancy and filled	CHOCOLATE	FANCY AND FILLED	
W39	`Kit Kat',Nestle	CHOCOLATE	KIT KAT	Nestle
W6	`Mars',bar	CHOCOLATE	MARS BAR	
W3	Chocolate bar,milk	CHOCOLATE	MILK, BAR	
W33	`Pinky' bar,Cadbury	CHOCOLATE	PINKY BAR	Cadbury
W4	Chocolate bar,plain	CHOCOLATE	PLAIN, BAR	
W51	`Snickers',bar	CHOCOLATE	SNICKER BAR	
W55	Chocolate,white	CHOCOLATE	WHITE	
W38	Chocolate bar,with peanuts	CHOCOLATE	WITH PEANUTS, BAR	
W8	Fruit gums	FRUIT GUMS		
W9	Fruit mincemeat	FRUIT MINCEMEAT		
W52	Gelatin,reduced kcal,prepared	GELATIN	REDUCED CALORIES	
W10	Glucose liquid,BP	GLUCOSE LIQUID	BP	
W57	Hard candy `Chupa Chups',asstd flavours	HARD CANDY	`CHUPA CHUPS'	Assorted flavours
W11	Honey	HONEY		
W12	Honey,comb	HONEY	COMB	
W31	Ice block	ICE BLOCK		
W13	Ice cream,non-dairy,vanilla	ICE CREAM	NON-DAIRY	Plain vanilla
W49	Jam,artificially sweetened	JAM	ARTIFICIALLY SWEETENED	
W14	Jam,berry fruit	JAM	BERRY FRUIT	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
W73	Jam,berry frt,asst berries,premium	JAM	BERRY FRUIT	Assorted berries
W15	Jam,stone fruit	JAM	STONE FRUIT	
W74	Jam,stone frt,asst frt,premium	JAM	STONE FRUIT	Assorted fruit
W16	Jelly,crystals,unprepared	JELLY	CRYSTALS	
W45	Jellybeans,`Jaybees`,Pascall	JELLYBEANS	`JAYBEES`	Pascall
W43	Liquorice	LIQUORICE	BLACK	
W29	Liquorice `Allsorts`	LIQUORICE `ALLSORTS`		
W17	Marmalade	MARMALADE		
W50	Marmalade,artificially sweetened	MARMALADE	ARTIFICIALLY SWEETENED	
W40	Marshmallows,pink and white	MARSHMALLOWS	PINK AND WHITE	
W70	Molasses	MOLASSES		
W53	Peanuts,coated with milk chocolate	PEANUTS	COATED WITH MILK CHOCOLATE	
W18	Peppermints	PEPPERMINTS		
W36	Chocolate coat pineapple candy	PINEAPPLE CANDY	CHOCOLATE COATED	
W72	Sauce,barbecue	SAUCE	BARBECUE	
W46	Sauce,chocolate	SAUCE	CHOCOLATE	
W47	Sauce,chocolate,Hershey's	SAUCE	CHOCOLATE	Hershey's
W71	Sauce,cranberry,canned,sweetened	SAUCE	CRANBERRY	
W19	Sugar,Brown	SUGAR	BROWN	
W20	Sugar,Caster	SUGAR	CASTER	
W21	Sugar,Coffee	SUGAR	COFFEE	
W22	Sugar,Demerara	SUGAR	DEMERARA	
W32	Sugar,Icing	SUGAR	ICING	
W23	Sugar,Raw	SUGAR	RAW	
W24	Sugar,White	SUGAR	WHITE	
W1	Sweets,hard,boiled	SWEETS	HARD	
W25	Syrup,Golden	SYRUP	GOLDEN	
W69	Syrup,Malt	SYRUP	MALT	
W26	Toffees,mixed	TOFFEES	MIXED	
W27	Treacle,Black	TREACLE	BLACK	
X1	Ackee,canned,drained	ACKEE		
X3	Artichoke,Jerusalem,flesh,boiled,drnd	ARTICHOKE	JERUSALEM	
X284	Artichoke,boiled w/o salt,water drained	ARTICHOKES		
X302	Artichoke,California	ARTICHOKES	CALIFORNIA	
X2	Artichoke,Globe,boiled,drained	ARTICHOKES	GLOBE	
X134	Asparagus,canned,drained	ASPARAGUS		
X4	Asparagus,combined cultivars,raw	ASPARAGUS		Combined cultivars
X180	Asparagus,comb.cultivars,steamed,drained	ASPARAGUS		Combined cultivars
X5	Beans,baked,in tomato sauce,canned	BAKED BEANS	IN TOMATO SAUCE	
X258	Bamboo shoots,canned,drained	BAMBOO SHOOTS		
X256	Chips,banana,fried in beef dripping	BANANA	CHIPS	
X136	Beans,Adzuki,cooked	BEANS	ADZUKI	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
X137	Beans,Black,cooked	BEANS	BLACK	
X138	Beans,Broad,boiled	BEANS	BROAD	
X6	Beans,Broad,frozen,uncooked	BEANS	BROAD	Sevill
X139	Beans,Butter,boiled	BEANS	BUTTER	
X7	Beans,Butter,raw	BEANS	BUTTER	
X140	Beans,Green,boiled	BEANS	GREEN	
X8	Beans,Green,frozen,uncooked	BEANS	GREEN	
X9	Beans,Green,raw	BEANS	GREEN	
X10	Beans,Haricot,boiled,drained	BEANS	HARICOT	
X11	Beans,Haricot,raw	BEANS	HARICOT	
X234	Beans,Kidney,refried	BEANS	KIDNEY	
X277	Beans,Lima,dried,boiled	BEANS	LIMA	
X236	Beans,Mexican style	BEANS	MEXICAN STYLE	
X281	Beans,mixed,in brine,canned,drained	BEANS	MIXED,IN BRINE	
X12	Beans,Mung,raw	BEANS	MUNG	
X135	Beans,Mung,sprouts,raw	BEANS	MUNG	
X13	Beans,Mung,dahl,cooked	BEANS	MUNG	Dahl
X141	Beans,Red Kidney,boiled	BEANS	RED KIDNEY	
X14	Beans,Red Kidney,raw	BEANS	RED KIDNEY	
X15	Beans,Wax,raw	BEANS	WAX	
X16	Beetroot,canned,drained	BEETROOT		
X17	Beetroot,flesh,boiled	BEETROOT		
X18	Beetroot,flesh,raw	BEETROOT		
X19	Broccoli,florets,boiled,drained	BROCCOLI		
X20	Broccoli,raw	BROCCOLI		
X21	Brussel Sprouts,inner leaves,boil,drnd	BRUSSEL SPROUTS		
X22	Brussel Sprouts,inner leaves,raw	BRUSSEL SPROUTS		
X250	Cabbage,Chinese,cooked	CABBAGE	CHINESE	
X251	Cabbage,Chinese,raw	CABBAGE	CHINESE	
X23	Cabbage,Red,inner leaves,raw	CABBAGE	RED	
X24	Cabbage,Savoy,inner leaves,boiled,drnd	CABBAGE	SAVOY	
X25	Cabbage,Savoy,inner leaves,raw	CABBAGE	SAVOY	
X179	Cabbage,White,boiled,drained	CABBAGE	WHITE	
X29	Cabbage,White,inner and outer leaves,raw	CABBAGE	WHITE	
X26	Cabbage,White,inner leaves,raw	CABBAGE	WHITE	
X27	Cabbage,White,inner leaves,steamed,drnd	CABBAGE	WHITE	
X28	Cabbage,White,outer leaves,raw	CABBAGE	WHITE	
X84	Capsicum,Green,flesh,raw	CAPSICUM	GREEN	
X276	Capsicum,Red,boiled	CAPSICUM	RED	
X272	Capsicum,Red,raw	CAPSICUM	RED	
X32	Carrot,canned,drained	CARROT		
X33	Carrot,flesh,boiled,drained	CARROT		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
X31	Carrot,flesh,raw	CARROT		
X30	Carrot,Red Cored Chantenay,frozen,raw	CARROT	RED CORED CHANTENAY	
X238	Cassava,boiled	CASSAVA		
X253	Cassava,raw	CASSAVA		
X237	Cassava,baked in traditional PNG oven	CASSAVA		
X35	Cauliflower,boiled,drained	CAULIFLOWER		
X36	Cauliflower,raw	CAULIFLOWER		
X37	Celeriac,flesh,boiled,drained	CELERIAC		
X38	Celery,boiled,drained	CELERY		
X39	Celery,stem,raw	CELERY		
X294	Chicory,boiled,in salted water	CHICORY		
X40	Chicory,leaves and upper stem,raw	CHICORY		
X278	Chives,raw	CHIVES	RAW	
X142	Choko,flesh,cooked	CHOKO		
X270	Coriander,leaves,fresh	CORIANDER		
X301	Corn,Sweet,creamed	CORN	SWEET	
X41	Corn,Sweet,canned,drained	CORN	SWEET	
X259	Corn,Sweet,baby,canned,drained	CORN	SWEET	baby
X42	Corn,Sweet,comb.cultivars,frozen,unckd	CORN	SWEET	Combined cultivars
X44	Corn,Sweet,kernels,raw	CORN	SWEET	On cob
X288	Corn,Sweet,kernels on cob,boiled	CORN	SWEET, KERNELS ON COB	
X43	Corn,Sweet,kernels on cob,boiled,drained	CORN	SWEET, KERNELS ON COB	
X330	Courgette,boiled/steamed	COURGETTE		
X261	Courgette,raw	COURGETTE		
X239	Cress,garden,leaves & stems,raw	CRESS	GARDEN	
X45	Cucumber,flesh,raw	CUCUMBER		
X312	Edible Hibiscus,leaves,raw	EDIBLE HIBISCUS		
X290	Eggplant,raw	EGGPLANT		
X46	Endive,leaves,raw	ENDIVE		
X260	Garlic,cloves,raw,peeled	GARLIC		
X143	Gherkin,in sweetened brine,drained	GHERKIN		
X273	Ginger,raw,peeled	GINGER	RAW	
X310	Ginger root,raw	GINGER ROOT		
X47	Greens,Spring,leaves,boiled	GREENS	SPRING	
X48	Horseradish,flesh,raw	HORSERADISH		
X306	Kohlrabi,raw	KOHLRABI		
X49	Kumara,Owairaka Red,flesh,raw	KUMARA	OWAIRAKA RED	
X152	Kumara,Owairaka Red,fl,salt added,boiled	KUMARA	OWAIRAKA RED	
X145	Kumara,flesh,salt add,rstd in beef drip	KUMARA	OWAIRAKA RED	
X153	Kumara,Owairaka Red,fl&s,micw,salt add	KUMARA	OWAIRAKA RED	
X151	Kumara,flesh & skin,salt added,baked	KUMARA	OWAIRAKA RED	
X50	Leeks,bulb,boiled,drained	LEEKs		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
X51	Leeks,bulb,raw	LEEKS		
X52	Lentils,raw	LENTILS		
X53	Lentils,Red,cooked	LENTILS	RED	
X54	Lentils,split,boiled,drained	LENTILS	SPLIT	
X265	Lettuce,inner and outer leaves,raw	LETTUCE		
X56	Lettuce,inner leaves,raw	LETTUCE		
X55	Lettuce,outer leaves,raw	LETTUCE		
X307	Lettuce,Cos	LETTUCE	COS	
X305	Lettuce,hydroponic varieties	LETTUCE	HYDROPONIC	
X57	Marrow,flesh,boiled,drained	MARROW		
X58	Marrow,flesh,raw	MARROW		
X282	Mushrooms,canned,drained	MUSHROOMS		
X298	Mushrooms,fried in butter	MUSHROOMS		
X297	Mushrooms,fried in oil	MUSHROOMS		
X59	Mushrooms,flesh&stem,fried in dripping	MUSHROOMS		
X60	Mushrooms,flesh and stem,raw	MUSHROOMS		
X61	Mustard and Cress,leaves & stem,raw	MUSTARD AND CRESS		
X62	Okra,raw	OKRA		
X146	Onion,bulb,pickled	ONION		
X64	Onion,flesh,boiled,drained	ONION		
X65	Onion,flesh,fried in dripping	ONION		
X66	Onion,flesh,raw	ONION		
X63	Onion,Pukekohe Longkeeper,flesh,raw	ONION	PUKEKOHE LONGKEEPER	
X67	Onion,Spring,flesh of bulb,raw	ONION	SPRING	
X68	Parsley,leaves,raw	PARSLEY		
X69	Parsnip,flesh,boiled,drained	PARSNIP		
X70	Parsnip,flesh,raw	PARSNIP		
X232	Parsnip and Carrot,mashed	PARSNIP	AND CARROT	
X293	Parsnip and Carrot,flesh,boiled	PARSNIP	AND CARROT	
X75	Peas,Chick,uncooked	PEAS	CHICK	
X76	Peas,Chick,cooked	PEAS	CHICK	Channa dahl
X71	Peas,dried,boiled	PEAS	DRIED	
X72	Peas,dried,uncooked	PEAS	DRIED	
X78	Peas,Green,boiled,drained	PEAS	GREEN	
X77	Peas,Green,canned,drained	PEAS	GREEN	
X81	Peas,Green,frozen,uncooked	PEAS	GREEN	
X80	Peas,Green,frozen,boiled	PEAS	GREEN	
X79	Peas,Green,raw	PEAS	GREEN	
X82	Peas,Red pigeon,raw	PEAS	RED PIGEON	
X286	Peas,Snow,peapod,raw	PEAS	SNOW	
X73	Peas,split,boiled	PEAS	SPLIT	
X74	Peas,split,uncooked	PEAS	SPLIT	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
X83	Pepper,Green,boiled,drained	PEPPER	GREEN	
X287	Pepper,Red Chilli,flesh,raw	PEPPER	RED CHILLI	
X311	Pepper,sweet,red,raw	PEPPER	SWEET, RED	
X85	Plantain,Green,boiled,drained	PLANTAIN		
X87	Plantain,ripe,fried in oil	PLANTAIN		
X86	Plantain,Green,raw	PLANTAIN		
X92	Potato (new),canned,drained	POTATO		
X100	Potato,comb.cultivars,flesh,raw	POTATO		Combined cultivars
X99	Potato,comb.cultivar,flesh & skin,raw	POTATO		Combined cultivars
X104	Potato,flakes,dry	POTATO	FLAKES	
X101	Potato,fries,in beef drip,salt added	POTATO	FRIES	
X155	Potato fries,fried in butter,salt added	POTATO	FRIES	
X102	Potato,fries,in peanut oil,salt added	POTATO	FRIES	
X95	Potato,fries,frozen,uncooked	POTATO	FRIES, FROZEN	
X327	Potato,frzn fries,chunky,canola oil,bkd	POTATO	FRIES, FROZEN	Chunky cut
X324	Potato,frzn fries,chunky,polyunsat,bkd	POTATO	FRIES, FROZEN	Chunky cut
X329	Potato,frzn fries,crinkle,beef&veg f,bkd	POTATO	FRIES, FROZEN	Crinkle cut
X320	Potato,frzn fries,crinkle,beef fat,bkd	POTATO	FRIES, FROZEN	Crinkle cut
X317	Potato,frzn fries,crinkle,crh,beef f,bkd	POTATO	FRIES, FROZEN	Crinkle cut, crunch coated
X313	Potato,frznfries,crink,crh,polyunsat,bkd	POTATO	FRIES, FROZEN	Crinkle cut, crunch coated
X323	Potato,frzn fries,crinkle,polyunsat,bkd	POTATO	FRIES, FROZEN	Ripple/crinkle cut
X321	Potato,frzn fries,shoest,polyunsat,bkd	POTATO	FRIES, FROZEN	Shoestring cut
X318	Potato,frzn fries,shoest,beef fat,bkd	POTATO	FRIES, FROZEN	Shoestring cut
X328	Potato,frznfries,straight,beef&veg f,bkd	POTATO	FRIES, FROZEN	Straight cut
X319	Potato,frzn fries,straight,beef fat,bkd	POTATO	FRIES, FROZEN	Straight cut
X322	Potato,frzn fries,straight,polyunsat,bkd	POTATO	FRIES, FROZEN	Straight cut
X326	Potato,frzn fries,straight,canola,bkd	POTATO	FRIES, FROZEN	Straight cut, 97% potato
X316	Potato,frznfries,straight,crh,beef f,bkd	POTATO	FRIES, FROZEN	Straight cut, crunch coated
X88	Potato,llam Hardy,flesh,raw	POTATO	ILAM HARDY	
X299	Potato,in skin,microwaved	POTATO	IN SKIN	
X103	Potato,instant powder,prep w/ water	POTATO	INSTANT POWDER	
X90	Potato,Red King,flesh,raw	POTATO	RED KING	
X89	Potato,Red King,flesh&skin,raw	POTATO	RED KING	
X93	Potato,Rua,baked,salt added	POTATO	RUA	
X94	Potato,Rua,flesh,boiled	POTATO	RUA	
X96	Potato,mashed,milk,butter & salt added	POTATO	RUA	
X91	Potato,Rua,boiled,salt added	POTATO	RUA	
X154	Potato,Rua,flesh,microwaved,salt added	POTATO	RUA	
X97	Potato,Rua,flesh,raw	POTATO	RUA	
X98	Potato,Rua,fl,rstd in beef drip,salt add	POTATO	RUA	
X106	Sweet potato,raw	POTATO	SWEET	
X105	Sweet potato,flesh,boiled,drained	POTATO	SWEET	

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
X325	Potato,frzn wedges,canola oil,baked	POTATO	WEDGES, FROZEN	
X315	Potato,frzn wedges,coated,beef fat,bkd	POTATO	WEDGES, FROZEN	Coated, 79% potato
X314	Potato,frzn wedges,coat,polyunsat,bkd	POTATO	WEDGES,FROZEN	Coated, 87% potato
X148	Pumpkin,flesh,baked	PUMPKIN		
X147	Pumpkin,flesh,boiled,drained	PUMPKIN		
X292	Pumpkin,flesh & skin,roasted	PUMPKIN		
X111	Pumpkin,combined cultivars,flesh,raw	PUMPKIN		Combined cultivars
X108	Pumpkin,Kumi Kumi,flesh,raw	PUMPKIN	KUMI KUMI	
X109	Pumpkin,Triamble,flesh,raw	PUMPKIN	TRIAMBLE	
X110	Pumpkin,Whangaparaoa Crown,flesh,raw	PUMPKIN	WHANGAPARAOA CROWN	
X181	Puwha,Sow Thistle,leaves&upper stem,boil	PUWHA	SOW THISTLE	
X107	Puwha,Sow Thistle,leaves&upper stem,raw	PUWHA	SOW THISTLE	
X112	Radishes,flesh and skin,raw	RADISHES		
X113	Salsify,flesh,boiled,drained	SALSIFY		
X114	Seakale,stem,boiled,drained	SEAKALE		
X184	Seaweed,Karengo,boiled	SEAWEED	KARENGO	
X269	Shoots,Snow Pea	SHOOTS	SNOW PEA	Food Town
X177	Silverbeet,boiled for 10 minutes	SILVERBEET		
X115	Silverbeet,leaves and upper stem,raw	SILVERBEET		
X230	Soybean,raw	SOYBEAN		
X289	Soybean,sprouts,raw	SOYBEAN		
X116	Spinach,leaves,boiled,drained	SPINACH		
X117	Spinach,NZ,leaves & upper stem,boil,drnd	SPINACH		
X118	Spinach,NZ,leaves & upper stem,raw	SPINACH		
X266	Sprouts,Alfalfa,raw	SPROUTS	ALFALFA	
X268	Sprouts,Alfalfa and Onion,raw	SPROUTS	ALFALFA AND ONION	
X267	Sprouts,Alfalfa and Radish,raw	SPROUTS	ALFALFA AND RADISH	
X120	Squash,flesh,raw	SQUASH		Combined cultivars
X192	Squash,Buttercup,flesh,raw	SQUASH	BUTTERCUP	
X225	Squash,Buttercup,flesh,steamed	SQUASH	BUTTERCUP	
X263	Squash,Buttercup,flesh & skin,steamed	SQUASH	BUTTERCUP	
X178	Squash,Buttercup,skin,raw	SQUASH	BUTTERCUP	
X229	Squash,Buttercup,skin,steamed	SQUASH	BUTTERCUP	
X119	Squash,Butternut,flesh,raw	SQUASH	BUTTERNUT	
X121	Squash,hybrid,flesh,raw	SQUASH	HYBRID	
X123	Swede,flesh,boiled,drained	SWEDE		
X122	Swede,flesh,raw	SWEDE		
X280	Sweet corn,creamed,canned,heated	SWEET CORN	CREAMED	
X296	Taro,leaves,cooked	TARO		
X249	Taro,leaves,raw	TARO		
X150	Taro,combined cultivars,corms,cooked	TARO		Combined cultivars
X161	Taro,commbined cultivars,corms,raw	TARO		Combined cultivars

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
X242	Taro,Black,common,corms,boiled	TARO	BLACK,COMMON	
X164	Taro,common,corms,baked	TARO	COMMON	
X241	Taro,common,corms,bkd in trad.oven	TARO	COMMON	
X162	Taro,common,corms,boiled	TARO	COMMON	
X160	Taro,common,corms,raw	TARO	COMMON	
X163	Taro,common,corms,steamed	TARO	COMMON	
X247	Taro,Elephant Foot Yam,corms,raw	TARO	ELEPHANT FOOT YAM	
X173	Taro,Giant,corms,baked	TARO	GIANT	
X171	Taro,Giant,corms,boiled	TARO	GIANT	
X166	Taro,Giant,corms,raw	TARO	GIANT	
X172	Taro,Giant,corms,steamed	TARO	GIANT	
X176	Taro,Giant Swamp,corms,baked	TARO	GIANT SWAMP	
X174	Taro,Giant Swamp,corms,boiled	TARO	GIANT SWAMP	
X167	Taro,Giant Swamp,corms,raw	TARO	GIANT SWAMP	
X175	Taro,Giant Swamp,corms,steamed	TARO	GIANT SWAMP	
X243	Taro,Red,common,corms,boiled	TARO	RED,COMMON	
X244	Taro,White,common,corms,baked	TARO	WHITE,COMMON	
X245	Taro,White,common,corms,boiled	TARO	WHITE,COMMON	
X170	Taro,Xanthosoma,corms,baked	TARO	XANTHOSOMA	
X168	Taro,Xanthosoma,corms,boiled	TARO	XANTHOSOMA	
X165	Taro,Xanthosoma,corms,raw	TARO	XANTHOSOMA	
X169	Taro,Xanthosoma,corms,steamed	TARO	XANTHOSOMA	
X246	Taro,Yellow,common,corms,boiled	TARO	YELLOW,COMMON	
X279	Tomato paste,salted	TOMATO PASTE	SALTED	
X125	Tomatoes,canned,drained	TOMATOES		
X295	Tomatoes,sun-dried	TOMATOES		
X126	Tomatoes,fl,s&sds,fried in dripping	TOMATOES		
X127	Tomatoes,flesh,skin and seeds,raw	TOMATOES		
X275	Tomatoes,in tomato juice,canned	TOMATOES	IN TOMATOE JUICE	
X129	Turnip,flesh,boiled,drained	TURNIP		
X130	Turnip,flesh,raw	TURNIP		
X128	Turnip,Green,leaves,boiled,drained	TURNIP	GREEN	
X157	Vegetables,3 mixed,frozen,boiled,drained	VEGETABLES MIXED	CARROTS/CORN/PEAS	
X156	Vegetables,3 mixed,frozen,uncooked	VEGETABLES MIXED	CARROTS/CORN/PEAS	
X159	Vegetables,4 mixed,frozen,boiled,drained	VEGETABLES MIXED	CARROTS/PEAS/CORN/GREEN BEANS	
X158	Vegetables,4 mixed,frozen,uncooked	VEGETABLES MIXED	CARROTS/PEAS/CORN/GREEN BEANS	
X257	Water Chestnuts,canned,drained	WATER CHESTNUTS		
X131	Watercress,leaves & upper stem,raw	WATERCRESS		
X132	Yam,flesh,boiled,drained	YAM		
X308	Yam,flesh,raw, South Island	YAM		
X133	Yam,flesh,raw	YAM		
X309	Yam,flesh,roasted,w/o oil, South Island	YAM		

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
Z537	Bread sticks,cheesy,toddler,Heinz	BREAD STICKS	CHEESY	Heinz
Z455	Cereal,baby rice,Farex,Heinz Watties,dry	CEREAL	BABY RICE, FAREX	Heinz Watties
Z521	Cereal,baby rice,Farex,Heinz Watties,rte	CEREAL	BABY RICE, FAREX	Heinz Watties
Z451	Cereal,infant rice`Fruit Salad'Robinsons	CEREAL	INFANT RICE `SUMMER FRUIT SALAD'	Robinsons
Z517	Cereal,`Summer Frt Salad',Robinsons,rte	CEREAL	INFANT RICE `SUMMER FRUIT SALAD'	Robinsons
Z456	Cereal,original mixed,Farex,HW,dry	CEREAL	ORIGINAL MIXED, FAREX	Heinz Watties
Z522	Cereal,original mixed,Farex,HW,rte	CEREAL	ORIGINAL MIXED, FAREX	Heinz Watties
Z529	Custard,banana,smooth,can,Heinz Watties	CUSTARD	BANANA	Heinz Watties
Z453	Custard,banana,Farex,Heinz Watties,dry	CUSTARD	BANANA, FAREX	Heinz Watties
Z519	Custard,banana,Farex,Heinz Watties,rte	CUSTARD	BANANA, FAREX	Heinz Watties
Z530	Custard,egg,smooth,canned,Heinz Watties	CUSTARD	EGG	Heinz Watties
Z515	Custard,egg,Robinsons,dry	CUSTARD	EGG	Robinsons
Z524	Custard,egg,Robinsons,rte	CUSTARD	EGG	Robinsons
Z498	Dessert,peach and apple	DESSERT	PEACH AND APPLE	Heinz
Z534	Dessert,rice pudding,smooth,Robinsons	DESSERT	RICE PUDDING	Robinsons
Z536	Dessert,yoghurt,vanilla&apricot,smth,HW	DESSERT	YOGHURT,VANILLA APRICOT	Heinz Watties
Z525	Fruit,apple,pureed,canned,Heinz Watties	FRUIT	APPLE	Heinz Watties
Z526	Fruit,fruit salad,pureed,Heinz Watties	FRUIT	FRUIT SALAD	Heinz Watties
Z528	Apple & oatmeal,pureed,can,Heinz Watties	FRUIT & CEREAL	APPLE & OATMEAL	Heinz Watties
Z527	Asst fruits & semolina,pureed,can,HW	FRUIT & CEREAL	PEACH, APRICOT & SEMOLINA	Heinz Watties
Z449	Infant formula,`follow-on',prepared	INFANT FORMULA	FOLLOW-ON	
Z448	Infant formula,low birth weight	INFANT FORMULA	LOW BIRTH WEIGHT	
Z446	Infant formula,soy,prepared	INFANT FORMULA	SOY	
Z447	Infant formula,modified,prepared	INFANT FORMULA	SPECIALLY MODIFIED	
Z445	Infant formula,standard,prepared	INFANT FORMULA	STANDARD	
Z487	Juice,apple,strained,rtd,Heinz	JUICE	APPLE	Heinz
Z533	Lambsfry & bacon,pureed,can,HeinzWatties	MEAT	LAMBS FRY & BACON	Heinz Watties
Z452	Muesli,`Step Up',Robinsons,dry	MUESLI	`STEP UP'	Robinsons
Z518	Muesli,`Step Up',Robinsons,rte	MUESLI	`STEP UP'	Robinsons
Z454	Muesli,finely ground,Heinz Watties,dry	MUESLI	FINELY GROUND	Heinz Watties
Z520	Muesli,finely ground,Heinz Watties,rte	MUESLI	FINELY GROUND	Heinz Watties
Z457	Muesli,oat apple,Farex,Heinz Watties,dry	MUESLI	OAT FLAKES & APPLE, FAREX	Heinz Watties
Z523	Muesli,oat apple,Farex,Heinz Watties,rte	MUESLI	OAT FLAKES & APPLE, FAREX	Heinz Watties
Z450	Porridge,apricot,dry,Heinz Watties	PORRIDGE	APRICOT	Heinz Watties
Z516	Porridge,apricot,Heinz Watties,rte	PORRIDGE	APRICOT	Heinz Watties
Z458	Rusks,teething rusks,Heinz	RUSKS	TEETHING RUSKS	Heinz
Z471	Savoury,chicken,noodles & veg,pureed,HW	SAVOURY	CHICKEN, NOODLES & VEGETABLES	Heinz Watties
Z504	Savoury,chic,pasta&veg,chunky,toddler,HW	SAVOURY	CHICKEN,PASTA & VEGETABLES,TODDLER	Heinz Watties

Rec ID	SHORTNAME	GENERIC	KIND	STRAIN
Z509	Savoury, rice & beef, chunky, toddler, HW	SAVOURY	RICE AND BEEF, TODDLER	Heinz Watties
Z480	Savoury, steak & veg, mashed, Heinz Watties	SAVOURY	STEAK AND VEGETABLES	Heinz Watties
Z531	Parsnip carrot & kumara, pureed, canned, HW	VEGETABLE	PARSNIP & CARROT & KUMARA	Heinz Watties
Z532	Potato peas & brocolli, pureed, canned, HW	VEGETABLE	POTATO & PEAS & BROCOLLI	Heinz Watties
Z535	Carrot & rice, pureed, can, Heinz Watties	VEGETABLE AND CEREAL	CARROT & RICE	Heinz Watties